Utilizing Expertise, Experience, and Lessons Learned to Build Effective EBP Programs That Sustain

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Purpose: Describe EBP program building initiatives, key strategies for success, outcomes achieved, and critical lessons learned from a wide variety of healthcare organizations across the US and globe in their collective and collaborative work with the Helene Fuld Institute for evidence-based practice. Discuss the “snowball” effect that occurs when shared vision and collaboration occur across organizations though a common entity and remarkable outcomes that occur.

Methods: The Helene Fuld Institute for evidence-based practice in nursing and healthcare (formerly the Center for Transdisciplinary Evidence-based Practice) is an organization whose vision is to be the leader in driving evidence-based decision making to transform health and improve lives throughout the world. Its mission is to dream, discover and deliver a healthier world through transdisciplinary education, research, and policy focused on evidence-based decision making. Within the Institute, the Clinical Core team works with organizations of all shapes and sizes and levels of complexity across the globe to facilitate and support transformational work to build and sustain evidence-based enterprises.

This work, across a wide variety of organizations, provides a unique opportunity to assist in developing effective systems, infrastructures, and cultures in different places continuously. As the team works alongside clinicians and leaders at each organization, they gather rich data and gain valuable expertise from every experience which informs the body of knowledge about building and sustaining EBP enterprises.

Results: The Helene Fuld Institute for evidence-based practice in nursing and healthcare (formerly the Center for Transdisciplinary Evidence-based Practice) has conducted several research studies and gained tremendous expertise through working with healthcare organizations across the globe. The results of this work are rolled forward into future consultations and collaborations. The findings from the research conducted reveal that the following are effective and necessary for building and sustaining best practice EBP programs and organizations:

- the development of valid and reliable EBP models, tools, and resources
- the implementation of valid and reliable EBP models, tools, and resources
- engaged leadership
- expert collaboration

Research results and lived experiences of multiple organizational EBP transformations will be shared along with the unique, progressive “snowballing effect” that has occurred through The Fuld Institutes’ collaboration as a central hub for EBP will be discussed as well.

Conclusions: Transformation to an EBP enterprise is possible and sustainable with the right combination of evidence, experience, leadership, collaboration, intention and persistence. The formulas for success are being written and executed in our times. The opportunity to collaborate and learn from each others experiences, successes, and failures is an effective strategy to move organizations efficiently along their trajectories to becoming evidence-based enterprises; consistently delivering best practice, meeting the
quadruple aim in healthcare and, ultimately, achieving improved population health outcomes for the people across the U.S. and the globe.

Title:
Utilizing Expertise, Experience, and Lessons Learned to Build Effective EBP Programs That Sustain Symposium

Keywords:
Collaboration, Evidence-based practice and Outcomes

References:


Abstract Summary:
This session will focus on the lessons learned by an EBP expert organization in their collaborative work with multiple healthcare organizations as they have built EBP programs and how this new knowledge is used to inform the work of other organizations on their EBP journeys.

Content Outline:
EBP Expert organization collaborative approach:

- Program building initiatives
- Keys strategies for success
- Critical lessons learned

Snowball effect and impact:

- Data driven
- Research initiatives
- Impact on other organizations
- Tool, resources and strategies developed
- Collaboration exemplars

First Primary Presenting Author
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**Professional Experience:** Gallagher-Ford’s clinical background in maternal child health and nursing administration spanned 30 years in which she served in a variety of roles ranging from bedside clinician to chief nursing officer where she gained extensive experience and expertise in teaching and implementing evidence-based practice in real world clinical settings.

**Author Summary:** Gallagher-Ford is senior director of the Helene Fuld Institute for EBP in Nursing and Healthcare at Ohio State University. She edits the column; “Implementing EBP in Real World Settings” in Worldviews. Her research/publications have had a major impact on the EBP body of knowledge including: National EBP Surveys of Nurses, Delphi Study establishing EBP competencies, lead author; the AJN EBP Series. She is a Fellow in the Nursing Academy and the National Academies of Practice.

**Any relevant financial relationships?** Yes

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<td>Book on EBP</td>
<td>I am co-editor of one book on Evidence-based Practice for which I receive honoraria</td>
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