

# Peer Teaching in an Undergraduate Health Assessment Course to Promote Skills Retention

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#### Disclosures

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### Learning Objectives

- Describe peer teaching in the laboratory setting.
- Describe benefits accrued by peer teachers.
- Describe challenges related to peer teaching.



## Background

- Assessment of Normal Human Form and Function
  - Combined Health Assessment and A&P Course
- Concern for loss of skills between end of course and beginning of clinicals
- Previous research in peer teaching programs:
  - Increased confidence and proficiency in skills
  - Enhanced interpersonal skills
  - Developed leadership abilities



## Purpose

STARS: Students Teaching Assessment to Retain Skills

 Implementation of a program to promote retention of health assessment skills



#### Methods

- 2 cohorts (9 & 10 students)
- Paired with Lab Instructor to lead group
- Monthly debriefing/ educational sessions
- Post-experience focus groups and surveys
- Participated in health screenings with Back on my Feet – Atlanta
- End of semester physical exam checkoff



# Findings

#### Themes from focus groups/ surveys:

- Positive experience for students
- Retention and enhancement of knowledge
- Increased confidence in skills
- Enhanced clinical experience
- Leadership development
- Need for education in teaching strategies
- Need for clarity in tasks/ responsibilities from lab faculty



#### Discussion

- Well received by students
- Feasible to incorporate
- Supports prior research findings related to peer teaching



## Next Steps

- Quantitative skills assessment for retention
- Evaluation of peer teachers by faculty and students
- Development of elective to expand to other courses



## References

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