BACKGROUND

- No access, availability or appropriate resources for healthcare
- Survivors living in shelters with healthcare needs
- Care at the time was episodic & not coordinated
- Survivors had not received basic health care for many years
- Met with key stakeholders, discussed the first few cases, identified the needs, developed a strategic plan & asked for help

METHODS - SYSTEM

- Re-engineer the way we deliver health care
- Negotiated free clinic space with the Jackson Memorial Hospital CEO which was made available to us everyday, all day
- Nursing administration modified check-in & discharge for our patients
- Hospital finance office expanded free charity care to include survivors of human trafficking
- No Waiting Room Experience
- A Modified Approach to the H&P

METHODS - PROVIDER

THE CORE TEAM

- Primary Care Provider
- Psychiatric Assessment & Treatment
- Behavioral Health & Therapeutic Interventions
- Women’s Health - Obstetrics & Gynecology
- Patient Navigator - Chaperone
- Social Worker (grant funding pending)
- Peer Advocate
- An Integrative Medicine Approach (evolving): Yoga, Meditation, Healthy Eating & Exercise
- Educate everyone that will come in contact with the patient on Trauma Informed Care
- Establish a plan for ER Admissions

THE PROVIDER NETWORK

- GI
- Eye
- Dental
- Oncology
- Orthopedics
- Dermatology
- Pediatrics
- Neurology

METHODS - PATIENT

- Survivor Directed Care
- Specialized Services that Offer Long Term, Consistent & Compassionate Care
- Appropriate Housing
- Proper Nutrition & Exercise
- Counseling & Psychological Interventions
- Appropriate Health Care & Medical Treatment
- Life Skills Training & Educational Opportunities

HUMAN TRAFFICKING IN THE USA

- 18,000-20,000 victims trafficked into US annually
- 1600 calls and 550 cases in 2016 alone

RESULTS

DEMOGRAPHICS

- 63% US Citizens
- 86% Sex Trafficking
- 14% Labor Trafficking
- 29.8 Years- Average Age
- 88% Female (6% Male; 6% Trans)
- 14% Labor Trafficking
- 29.8 Years- Average Age
- 88% Female (6% Male; 6% Trans)
- 14% False Recruitment
- 11% Sold/Parents Involved
- Referral: 38% Homeland
- 16% IRC
- 38% Shelters
- 8% Other

GENERAL HEALTH ISSUES

Common Multiple Morbidities:
- PTSD
- Chronic Neck/Back Pain
- GI Issues/Eating Disorders
- Dental caries / Dental Issues
- Less Common Morbidities:
- Hepatitis C
- HIV
- Substance Abuse

CONCLUSION

- A Need/Gap for Health Care Identified
- Trauma Informed - Survivor Centered Care
- Help Navigate Complex Healthcare Systems
- Evolving Integrative Approach to Primary Care
- Financing Health Care & Appropriate Housing

DISCLOSURE

This presentation was produced by the University of Miami Miller School of Medicine, Department of Obstetrics & Gynecology under Cooperative Agreement (2016-VT-BX-K031) awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this presentation are those of the contributors and do not necessarily represent the official position or policies of the U.S. Department of Justice.