Title:
The Care With Familiar Approach: Perspectives of Nursing Professionals in the "Clinica Juan N. Corpas"

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Abstract Summary:
The care, it is the essential component in the nursing discipline, so that it becomes in the main research phenomenon. To understand the ways in which is assumed the care from different experiences of the nursing professionals it’s essential to design health and care policies related to the disciplinary reality.

Learning Activity:

<table>
<thead>
<tr>
<th>LEARNING OBJECTIVES</th>
<th>EXPANDED CONTENT OUTLINE</th>
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<tbody>
<tr>
<td>The learner will be able to identify the senses that he/she has of the care, the nursing professionals of the Juan N. Corpas clinic in order to understand the relationship with the care perspective with a family approach.</td>
<td>Results and conclusions to the research</td>
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<td>To identify the units of meaning that emerge from the found data in the nursing professionals of the Juan N Corpas Clinic.</td>
<td>Explain the units of meaning</td>
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<td>To demonstrate the relationship between what was found in the research and the family care approach.</td>
<td>Explain the family care approach</td>
</tr>
</tbody>
</table>

Abstract Text:
Purpose: The care is a polisemic concept, thus it acquires plenty of meanings. In the phenomenological care perspective, it is a way of being in the world and in this aspect and it is grated the concept of humanity. (Waldow, 2013) The nursing, in this conception may be characterized as a care science, symbiosis of a set of knowledge, which covers and justify in the professional practice. (Queirós, 2016). The research proposed to understand the meaning that the nursing professionals of the Juan N. Corpas Clinic give to the care, in order to articulate the results with the creation of policies and the parameters to the institutional care.

Methods: **Methodology:** Try to understand the specific phenomena of the daily life, or what seems obvious; it is necessary to apply the qualitative research. At the same time, the phenomenology is presented to us as a methodological way to understand deeper the meanings that underlies in each one of the characters and their care experiences.

Within the criteria of the inclusion it was taken into account: nursing professionals with more than two years working daily in the following areas: Maternity, Surgery, Internal Medicine, pediatrics, Adult Urgency, Neonatal Intensive Care Unit, Adult Intensive Care Unit and External Consultation. It was done in-depth interviews to nursing professionals until achieving data saturation needed to do the interpretation and the emergencies of the units of meaning that delimit the base of triangulation process.

Results: **The Findings** are framed in four units of meaning: The first one has to do with:

1. "**The Actions and care of nursing during the illness**", it allows observing the direct connection that makes the nursing care professional when attending and supporting people.

2. "**Family, Emotions and Values**". The family has been defined as the cell of society. In that sense, the family is the simplest expression of a human community. (Alba H; 2012). This unit manifests mainly stories which makes reference to the care moments of extreme emotionality and the importance of the family to fast and satisfactory recovering of the patients.

3. "**Care Administration**"; in which is expressed aspects related to critical thinking, the importance of team work and the Corpista identity.

4. "**Proposals from the Experience**" show how the interviewed nursing professionals mention aspects such as the motivations, and channels of communication like essential aspects to improve the performance of their profession and the execution of a care more humanized from each one of their working fields.

Conclusion: As a **conclusion** we can say that the nursing care in the Juan N. Corpas is related to the possibility of attending and covering the needs and that are articulated to the nursing professionals' conviction, the dimention of familiar medicine, which has been the tradition of the clinic.

So that, it is elaborated a care proposal bearing in mind these results, with familiar approach articulated to the existing model in the clinic, and in this way to produce an articulating model with all health professionals and generate specific care actions in the people who assist and look for health and wellbeing processes in the Juan N. Corpas.