

VIRTUAL MENTORING FOR EARLY CAREER NURSES, EDUCATORS, AND RESEARCHERS

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ZOOM ZOOM

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CHAT CHAT

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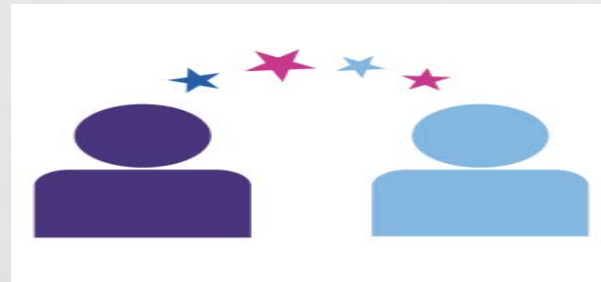
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DISCLOSURE STATEMENT

THE SPEAKERS HAVE NO ACTUAL OR POTENTIAL CONFLICT OF INTEREST IN RELATION TO THIS PROGRAM/PRESENTATION.

NO SPONSORSHIP OR COMMERCIAL SUPPORT WAS GIVEN.



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BACKGROUND

- THE IMPORTANCE AND THE EXTENSIVE USE OF MENTORING IN NURSING HAS BEEN WIDELY ACKNOWLEDGED.
- MENTORING, AT ITS CORE, GUARANTEES THAT THERE IS SOMEONE WHO CARES ABOUT THEM
- ASSURES THEM THEY ARE NOT ALONE IN DEALING WITH DAY-TO-DAY CHALLENGES
- MAKES THEM FEEL LIKE THEY MATTER.
- RESEARCH CONFIRMS THAT QUALITY MENTORING RELATIONSHIPS HAVE POWERFUL POSITIVE EFFECTS ON PEOPLE IN A VARIETY OF PERSONAL, ACADEMIC, AND PROFESSIONAL SITUATIONS.
- ULTIMATELY, MENTORING CONNECTS A PROFESSIONAL TO PERSONAL GROWTH AND DEVELOPMENT, AND SOCIAL AND ECONOMIC OPPORTUNITY.

LEARNING OBJECTIVES



- IMPROVE ABILITY TO CONNECT WITH PROFESSIONALS THROUGH A SUITE OF SOCIAL MEDIA.
- FOSTER NATIONAL OR GLOBAL PROFESSIONAL EDUCATIONAL PERSPECTIVES.
- INCREASE KNOWLEDGE OF A PARTICULAR SUBJECT AREA AND PROVIDE ENCOURAGEMENT

PURPOSE

- THE PURPOSE OF THIS SESSION IS TO ENCOURAGE THE CULTURE OF VIRTUAL AND INFORMAL MENTORING FOR ITS POTENTIAL INFLUENCE ON INDIVIDUAL DEVELOPMENT AS WELL AS HEALTH OUTCOMES OF DIFFERENT POPULATIONS



MENTORING RELATIONSHIP

- MENTORING CAN BE IMMENSELY REWARDING FOR BOTH MENTOR AND MENTEE, PROVIDING MANY OPPORTUNITIES TO LEARN FROM AND SHARE WITH EACH OTHER, GAIN NEW INSIGHTS, AND DISCUSS EXPERIENCES THAT ENRICH EACH PERSON'S PERSPECTIVE MOVING FORWARD.



Mentoring Relationship Phases



METHODS

- PERSONAL EXPERIENCE OF THE TWO PROFESSIONAL PARTICIPANTS WITH VIRTUAL INFORMAL MENTORSHIPS IS TO BE SHARED USING NARRATIVE ENGAGEMENT FRAMEWORK.



TECHNOLOGY FOR MENTORING

- TWITTER
- ZOOM
- SKYPE
- VIBER
- WHATSAPP
- GO TO MEETING
- GLOBAL MEET
- WATCHITOO
- WECHAT



SITES AND CONVERSATIONS



SOCIAL MEDIA EXPLAINED

TWITTER I'M EATING A #DONUT

FACEBOOK I LIKE DONUTS

FOURSQUARE THIS IS WHERE I EAT DONUTS

INSTAGRAM HERE'S A VINTAGE PHOTO OF MY DONUT

YOUTUBE HERE I AM EATING A DONUT

LINKED IN MY SKILLS INCLUDE DONUT EATING

PINTEREST HERE'S A DONUT RECIPE

LAST FM NOW LISTENING TO "DONUTS"

G+ I'M A GOOGLE EMPLOYEE WHO EATS DONUTS.



MENTORING

 support

 training



coaching



 motivation

THE STORY FROM NARRATIVE ENGAGEMENT

VAN'S EXPERIENCE IN MELBOURNE, AUSTRALIA



THE STORY FROM NARRATIVE ENGAGEMENT

CAROLE'S EXPERIENCE IN THE UNITED STATES



QUALITIES OF THE MENTOR

- THEY HAVE AN INTRINSIC INTEREST IN CELEBRATING ANOTHER'S LEARNING, DEVELOPMENT, AND SUCCESS,"
- "A MENTOR MUST HAVE EXCELLENT REFLECTIVE AND ENGAGED LISTENING SKILLS.
- MUST BE OBJECTIVE AND HAVE AN UNDERSTANDING OF THE CONFIDENTIAL NATURE OF THE RELATIONSHIP, SO THAT A RELATIONSHIP BASED ON MUTUAL RESPECT AND TRUST CAN BE CREATED AND MAINTAINED."
- GOOD MENTORS ARE PATIENT, DILIGENT, ENTHUSIASTIC, AND TRULY WANT TO HELP OTHERS.
- MENTORING IS ALSO A GOOD WAY TO STAY IN TOUCH.

RESULTS

- FROM INFORMAL MENTORING EXPERIENCES THROUGH WEB-BASED PLATFORM, THE PROFESSIONAL PARTICIPANTS
 - BENEFITED FROM KNOWLEDGE GAINED
 - SUPPORT RECEIVED
 - ROLE MODELING PROVIDED AND OPPORTUNITIES FOR COLLABORATION IN NURSING
 - DEMONSTRATED QUALITIES CONTRIBUTED TO THE FLOURISHMENT OF THESE INFORMAL RELATIONSHIPS AND NON-DIRECT INTERACTIONS
 - AWARENESS OF BOTH ADVANTAGES AND INITIAL DIFFICULTIES RELATED TO VIRTUAL MENTORING
 - FACILITATING MUTUALLY BENEFICIAL MENTORING RELATIONSHIPS, THE PARTNERSHIP EMPOWERS PROFESSIONAL GROWTH THROUGH SHARING ADVICE, KNOWLEDGE AND EXPERIENCES.
 - THE MENTOR IS EQUALLY BENEFITED FROM INNOVATIVE PRACTICE DISCUSSIONS AND CHALLENGED AT THE SAME TIME.

CONCLUSIONS

- THE USE OF TECHNOLOGY SERVES TO CONNECT MENTORS AND MENTEES FROM DIFFERENT PART OF THE WORLD.
- THE USE OF VIRTUAL MENTORING IS NOT ONLY IMPACTFUL FOR EARLY CAREER INDIVIDUALS' DEVELOPMENT
- CONTRIBUTE TO CULTURAL UNDERSTANDING AND THE ADVANCEMENT OF HEALTH EDUCATION AND HEALTH PRACTICE
- TRAINING NEEDS TO ADDRESS THE USUAL TOPICS PLUS HOW TO MAXIMIZE THE VIRTUAL RELATIONSHIP, INCLUDING SUGGESTED FREQUENCY OF CONTACT TO FACILITATE ENGAGEMENT. EXPERIENCED AND EXPERT CLINICIANS, EDUCATORS, AND RESEARCHERS
- ENCOURAGED TO LEAD, SHARE AND MENTOR DESPITE GEOGRAPHICAL DISTANCE.
- INEXPERIENCED COUNTERPARTS ARE ENCOURAGED TO TAKE INITIATIVES AND COMMIT TO SEEK GUIDANCE AND MENTORING FOR THEIR PERSONAL AND PROFESSIONAL GROWTH. THE BENEFITS OF THE MENTORING RELATIONSHIP ARE MUTUAL WITH A SHARED MENTAL MODEL OF PROFESSIONAL EXCELLENCE.
- MENTORS DEVELOP AN APPRECIATION FOR SHARING PERSPECTIVES, VISION, BRINGING ABOUT CHANGE AND CULTURAL UNDERSTANDING.

RECOMMENDATIONS FOR FUTURE RESEARCH

- IT IS RECOMMENDED TO PROPOSE AND DEVELOP A GUIDELINE AND MODEL FOR NURSES, EDUCATORS AND RESEARCHERS TO PARTICIPATE VIRTUAL MENTORING.
- IN LONGER TERM, FUTURE RESEARCH CAN BE CONDUCTED TO CREATE EVIDENCE ON THE EFFECTIVENESS OF THE GUIDELINE/MODEL FOR VIRTUAL MENTORING RELATIONSHIPS.

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ANY QUESTIONS AND THANK YOU

TRY IT OUT!

WHAT TECHNOLOGY WILL YOU TRY?

