Evidence-Based Nursing for Nurse Consumers and Generators

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Where Do I Fit in the Evidence-Based Nursing Practice World?

- Nurse researcher... No
- Nurse scientist... No
- Statistician... No
- Doctoral degree... No

Then... who am I in this EBNP world?
What Does Evidence-Based Practice Mean to Me?

* The Myths...
  * Additional work
  * Additional time
  * Tradition has always worked for me...
    * “I know what I know”
    * “I am a ‘good’ nurse”
  * Not for the bedside nurse but for those in “offices”
**Consumer vs Generator**

- **Consumer**
  - Using Evidence-Based research to determine if study(ies) are relevant and applicable to clinical practice/organizational practice

- **Generator**
  - Conducting and evaluation of one’s own research to determine specific interventional or other “treatment” strengths and/or weaknesses relative to overall study and to “bigger” picture of practice

- **Often “easier” to be generator versus consumer**
  - Similarities of nursing process to research process
  - Critical appraisal, so important to consumer of evidence, seen as difficult
Evidence-Based Nursing Decision-Making: The Consumer

Consumer of Evidence-Based Nursing Practice

1. Identify Clinical Practice Problem/Issue
2. Review Agency Policy/Procedure
3. Review/Consume Available Research
4. Critical Appraise Evidence

Evidence-Based Nursing Decision
Generator of Evidence-Based Nursing Practice

ASSESS RESEARCHABLE PROBLEM

DEVELOP RESEARCH PLAN

REVIEW/APPRAISE CURRENT EVIDENCE/REVIEW OF LITERATURE

COLLECT NEW EVIDENCE (IMPLEMENTATION PROPOSED CHANGE)

ANALYZE EVIDENCE

EVALUATE OUTCOMES

INSTITUTE CHANGE IN PRACTICE/MODIFY PRACTICE/PRACTICE REMAINS SAME

(Schematic developed by Lois S. Marshall, PhD, RN, July, 2015)
What is My Niche and How Do I Get There?

* Determine your path for now
  * Consumer
  * Generator
  * Both

* Advance your learning/education
  * Formal
  * Informal

* Engage with others
  * Internal organization
  * External organization