



A Collaborative Approach to Educating Evidence-Based Practice among BSN Students and Rural Hospital Nurses



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Background

- The Chief of Nursing Officer (CNO) of a small rural hospital expressed a need for the nursing staff to gain proficiency in Evidence Based Practice (EBP).
- A partnership was established with the University of Southern Indiana's BSN program.

Implementation

- Students attended five unit staff meetings offered at two different times. Each session built on the previous one and provided a topical review. Nursing students created educational handouts and provided tools to aid in interactive learning. Topics included:
- EBP definitions
 - Process of EBP
 - Finding scholarly sources in the hospital database
 - How to appraise evidence

Implications for Practice

- A collaborative partnership with neighboring nursing programs provides an innovative solution for rural hospitals who may not have robust educational resources for staff.
- Opportunities exist for students to develop and deliver educational in-services at a critical access hospital and increase their own confidence with EBP.

Teaching Strategy

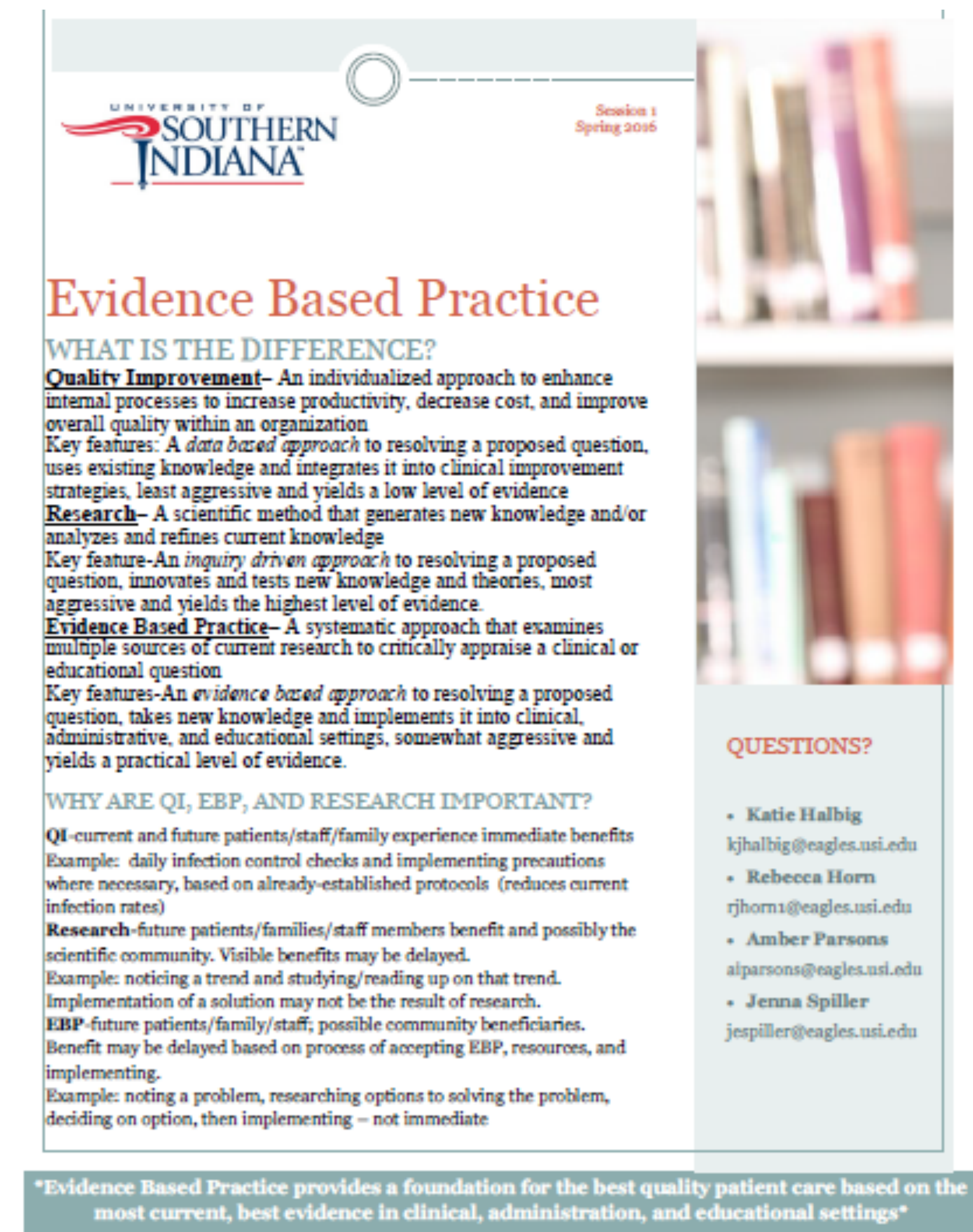
A student-driven interactive learning model was used to:

- Increase RNs' knowledge of Evidence-Based Practice.
- Implement Evidence-Based Practice into their practice.
- Increase the BSN students' confidence in teaching.

Outcomes

The project yielded outcomes for all stakeholders.

- Nursing staff began to implement EBP in their practice and utilized the appraisal tools presented at the educational sessions for unit projects
- Students gained experience and confidence with:
 - the application of EBP
 - collaboration and communication skills
 - professional development.
- The rural hospital established a partnership with the University.



Evidence Based Practice provides a foundation for the best quality patient care based on the most current, best evidence in clinical, administration, and educational settings