

Barriers and Promoting Strategies to Sexual Health Assessment for Patients with Coronary Artery Diseases in Nursing Practice: A Literature Review

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Background

Sexual health is an important and integral part of human health. Patients often voice their concerns regarding their sexual health after experiencing coronary artery diseases. Although many sexual health instructions have been developed, nurses still pay little attention to sexual health assessment due to many barriers. Several strategies to enhance sexual health assessment in clinical setting are summarized.

Purpose

The purpose of present review of literature was to identify barriers and strategies that promote sexual health assessment in clinical nursing practice.

Methods

A review of literature was performed in published recent studies over the last 10 years in nursing and related-discipline in sexual health among patients with CAD.

Sample

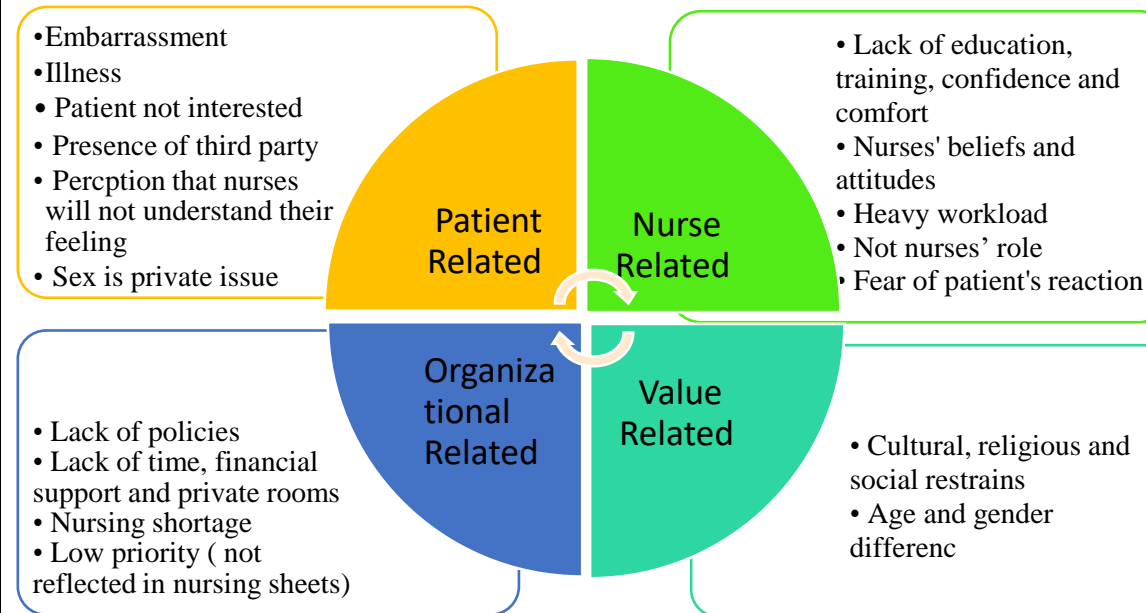
Twenty studies on sexual health in nursing and related disciplines were included.

Design

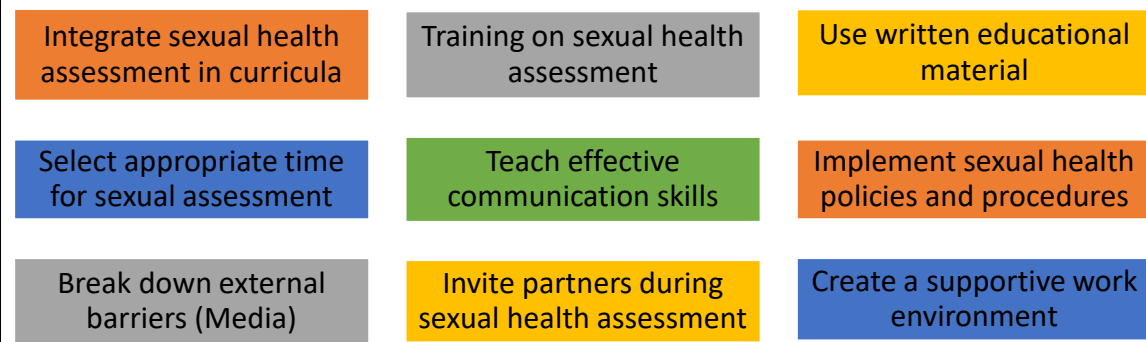
A comprehensive search of the recent literature related to barriers and promoting strategies of sexual health assessment was undertaken.

Findings

Barriers to Sexual Health Assessment in Nursing Practice



Promoting Strategies for Sexual Health Assessment in Nursing Practice



Conclusions

Overall, it is evident that nurses encounter many barriers to sexual health assessment. Therefore, investigating these barriers and developing appropriate interventions are recommended. Nursing schools and health institutions have influential effects in adopting, implementing and supporting routine sexual health assessment in clinical settings through education and practical training programs.

Implications

Nurses should pay more attention to the patients' sexual health concerns in clinical practice. Further studies are required in this field.

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