Almost half of all pregnancies in the United States are unintended or mistimed, use birth control effects of birth control became pregnant Didn’t really mind if she using contraception at the time of conception time of conception prenatal care Preterm birth Perinatal Health in the US 9.2-12.6 billion dollars a year. Patient Surveys satisfaction Survey: Did your provider explain birth control options? What else would help you make your decision? barriers to using the tool.

**Discussion**

Satisfaction surveys were a poor baseline measure. Unplanned and unwanted pregnancies are associated with increased incidence of poor health outcomes.** References available upon request to first author. **

**Shared Decision Making**

• Increased patient satisfaction• Increased knowledge

**Project Methods**

This project used the following as indicators of the effect of the project:

- HCP use or non-use of the Shared Decision Making Tool of Contraceptive Counseling
- Barriers to use of the Shared Decision Making Tool for Contraceptive Counseling

**Organizational Outcomes**

Organizational Outcomes

- Provider Field Testing with Printed Brochures
  - Two HCP’s were lost to follow up
  - Two out of the three HCP’s that responded thought the tool was helpful and that they would use it if it became widely available
  - Two HCP’s started to look for the tool, and one started to look at 18-35

The initial patient satisfaction survey showed that 90% of patients rated their experience as a 9 or 10 out of 10. In the follow-up contraceptive counseling tools survey, 90% of patients reported that their provider used a counseling tool, 90% of those patients said the tool was helpful. Three from the open-ended questions included side effects, efficacy and risks.

**Leadership Journey**

Model the way
- Set small goals for Survey Collection
- Came in one week and had post tests and photo booklets

**Share a Vision**

- Presented the project to our staff at staff meetings
- Worked for 5-10 years to get the tool into our program

**Challenges the Process**

- Let’s start with the tool that we have
- Move to Shared Decision Making

**Enable Others to Act**

- Printed booklets for providers to use
- Made the model available to all health centers

**Organizational Outcomes**

- Increased patient satisfaction regarding the counseling they received.
- 88% of patients reported that their provider used a counseling tool, 90% of those patients said the tool was helpful. Three from the open-ended questions included side effects, efficacy and risks.

**References**


This project was facilitated through the Sigma Theta Tau International (STTI) Project to use shared decision making regarding patient’s contraceptive choices.

When the tool was printed, assembled, and sent to HCP’s, a larger portion of the tool (small sample size).

References are available upon request to the first author.