Conclusions

We are encouraged that awareness of PPD has been raised in the community through both lay and professional groups and the staff have retained knowledge from educational offerings. We will continue PPD screening in the Obstetric and Pediatric offices and maternal child staff will maintain screening in labor and delivery. Striving to normalize perinatal mental health, engage patients and families in recognizing signs and symptoms of PD and provide resources for them. We will continue to perfect the “soft” transition of depressed mothers into appropriate mental health care, share our program with other community facilities and healthcare teams, as well as continue to improve outcomes for mothers, babies and families.

MOVING FORWARD

• Continue education of maternal child staff and integrate education as annual requirement.
• Continue education of hospital obstetric and pediatric office staff to maintain PPD screening at initial obstetric visit, 3rd trimester and postpartum.
• Continue to define and improve referral and treatment of PPD for maternal patients.
• Continue to add to our existing network of MH resources for our clients and providers.
• Share and collaborate with other community facilities/committees/programs to enable replication.

Leadership Journey

Inspired A Shared Vision
• Team came to understand the impact we were making for our mothers, babies and families.
Challenges The Process
• 100% buy-in from hospital staff, office staff and providers for the programs success.
Enable Others To Act
• Team Champions in OB, BH and Peds maintained the support with the program to continue its success.
Model The Way
• Develop staff skills, education and competency, promote confidence to sustain the program.
Encourage The Heart
• Celebrate successes with staff and providers at the hospital.

Develop a culture that embraces a shared vision for a goal and aligns daily actions to achieve that vision. Encourage the team to support each other, provide encouragement and recognize efforts to achieve goals. Create an environment that fosters collaboration and open communication. By focusing on these principles, we can build a strong foundation for resilience and shared responsibility.

We will continue to build an environment where every team member feels valued and supported, and works toward achieving common goals. This will involve ongoing efforts to foster a culture of collaboration, open communication, and mutual respect. We will ensure that our team members have the necessary skills and resources to succeed, and provide support to help them overcome challenges along the way. By doing so, we will be able to achieve our goals and create a positive impact in the lives of our patients and their families.

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