Development of a Campus-Based Clinic: A Leadership Journey with ENFLA
Carolyn Hart, PhD, RN, CNE, ENFLA Scholar
Karen Grigsby, PhD, RN, ENFLA Leadership Mentor; Alyce Schultz, PhD, RN, FAAN, ENFLA Faculty Advisor

Purpose:
Develop a campus-based clinic designed to meet the healthcare needs of our campus.

Fall 2016 Snapshot
- 1,275 students
- 17 students living on campus with children
- 50 students per year complete a semester abroad
- 102 Nurse visits:
  - Viral illness
  - Nausea/vomiting
  - Injury or muscle pain
  - Skin rash

Characteristics of a Campus-Based Clinic:
• Essential component of student success
• Address management of chronic illness, acute minor illness, mental and behavioral health issues, including suicide prevention and alcohol and drug abuse
• International students and students returning from study abroad could increase risk of infectious disease outbreaks
• Educate students about healthy behaviors including good nutrition, sleep, and exercise

Assumption: Current processes not able to meet the needs of a growing college

Goals:
- Assess current use of healthcare services
- Collect data regarding unmet healthcare needs
- Determine feasibility of establishing a campus-based clinic

Process:
- Involve stakeholders with a knowledge of campus environment and power to advocate for change

Available Data:
- Number of visits to campus nurse during each month of the 2016-2017 academic year
- Number of injuries on campus to which security responded

Findings:
• Campus nurse reported 102 visits in the fall 2016 semester
• Lack of formal data collection methods that can be used to determine if needs are being met
• Missing data:
  - Numbers of off-campus visits to urgent care centers, emergency department, and other local providers
  - Objective data for athletic teams and equestrian center

Outcomes:
• Provide services of a nurse practitioner or physician from the local health center on campus one day per week while college is in session
• Develop system to better capture data which would demonstrate need

Description of Students

References