



# Intervention for Attitude Toward Care in Family Caregivers of Elderly Adults With Dementia

**Background**

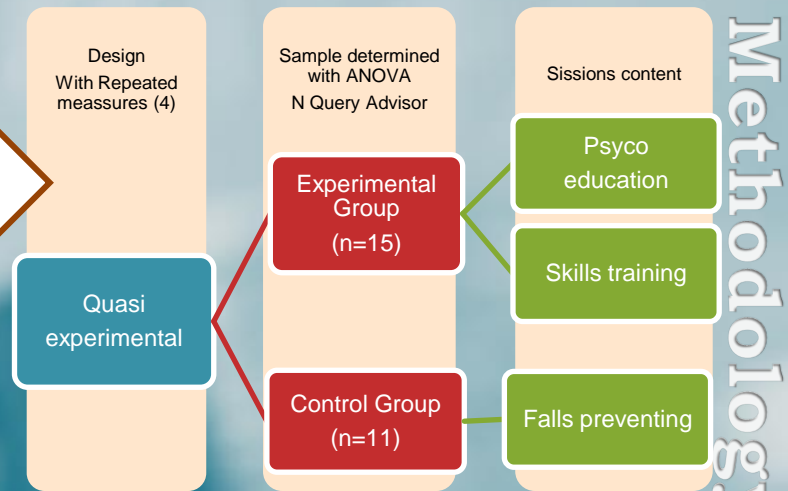
Interventions delivered to caregivers indicate that latin population has been sparsely included

Family caregivers invest prolonged periods and wasting energy, which will lead to deterioration, altering the attitude with which care is provided.

Still the need for further research to explore the identified benefits, and assess the effects of these on physical, mental and potential health

**Aim**

To evaluate the effect of a nursing intervention focused on improving the attitude of family caregivers of dementia elderly adults living in Saltillo, Coahuila, Mexico.



**Conclusions**

- The authors can probe the meaning of nurses team in developing and delivering support programs

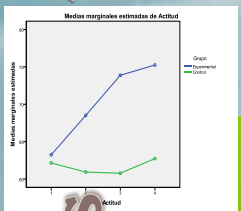
- Giving to caregiver the benefits of learning the proper techniques for caregiving and this way improving their health
- Achieving the positive adaptation to the roll as a care giver with psychoeducation an skills training

Contact:

M.N. Norma Velázquez [browry4@gmail.com](mailto:browry4@gmail.com)

PhD Ángeles Villarreal [angelesvillarreal@uadec.edu.mx](mailto:angelesvillarreal@uadec.edu.mx)

M.N. Ana Laura Carrillo [alcc\\_73@hotmail.com](mailto:alcc_73@hotmail.com)



Variable	G1 (n <sub>1</sub> =15)	G2 (n <sub>2</sub> =11)	F <sub>(1,24)</sub>	Valor de p
<b>Actitud T1</b>	63.68	62.16	0.138	0.714
Pérdida del significado	45.26	41.02	0.339	0.566
Significado provisional	73.59	74.88	0.089	0.768
Último Significado	91.33	87.27	0.535	0.471
<b>Actitud T2</b>	73.88	60.78	9.56	0.005
Pérdida del significado	46.57	39.47	0.882	0.357
Significado provisional	73.24	72.48	0.007	0.934
Último Significado	95.00	91.81	0.695	0.413
<b>Actitud T3</b>	63.53	60.94	0.132	0.719
Pérdida del significado	57.33	38.03	6.723	0.016
Significado provisional	83.45	73.44	6.047	0.022
Último Significado	95.71	91.81	1.046	0.317
<b>Actitud T4</b>	75.25	62.74	9.728	0.005
Pérdida del significado	60.15	42.10	6.207	0.020
Significado provisional	84.39	73.68	8.045	0.009
Último Significado	95.71	94.54	0.124	0.728

**Outcomes**

## Bibliography

Cerquera, A., Pabón, D. (2014). Intervención en cuidadores de pacientes con demencia en Colombia: una revisión sistemática. *Psychologia: avances de la disciplina*, 8(2), 73-81.

Martín-Carrasco M, Ballesteros-Rodríguez J, Domínguez-Panchón A, Muñoz-Hermoso P, González-Fraile E-. (2014). Intervenciones en el cuidador del enfermo con demencia. *Actas Esp Psiquiatría*;42(6):300-14.

National Alliance for Caregiving. (2012)

Neupane D, Dhakal S, Thapa S, Bhandari PM, Mishra SR (2016). Caregivers' Attitude towards People with Mental Illness and Perceived Stigma: A Cross-Sectional Study in a Tertiary Hospital in Nepal. *PLoS ONE* 11(6): e0158113. doi:10.1371/journal.pone.0158113

Northouse L, Katapodi M, Song L, Zhang L, & Mood D. (2010). Interventions with Family Caregivers of Cancer Patients: Meta-Analysis of Randomized Trials. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2846554/> [cited 2016 Aug 29].