



Sigma Theta Tau International  
Honor Society of Nursing®

2017

# 44<sup>TH</sup> BIENNIAL CONVENTION

28 OCTOBER — 1 NOVEMBER | INDIANAPOLIS, INDIANA, USA

# Mentoring and Coaching in Nursing: How Can You Make a Difference in the Profession?

Sigma Mentoring Program Task Force

<http://bit.ly/SigmaCareerHelp>



# Disclosures

- The Mentoring Program Task Force members attest that no relevant financial relationship exists between them and commercial entities which would present a conflict of interest or commercialize this presentation content.

<http://bit.ly/SigmaMentoring>





# Objectives:

- Discuss the mentoring/coaching program
- Discuss the process for obtaining a mentor/coach
- Discuss the roles of mentors, coaches, mentees, and advisors

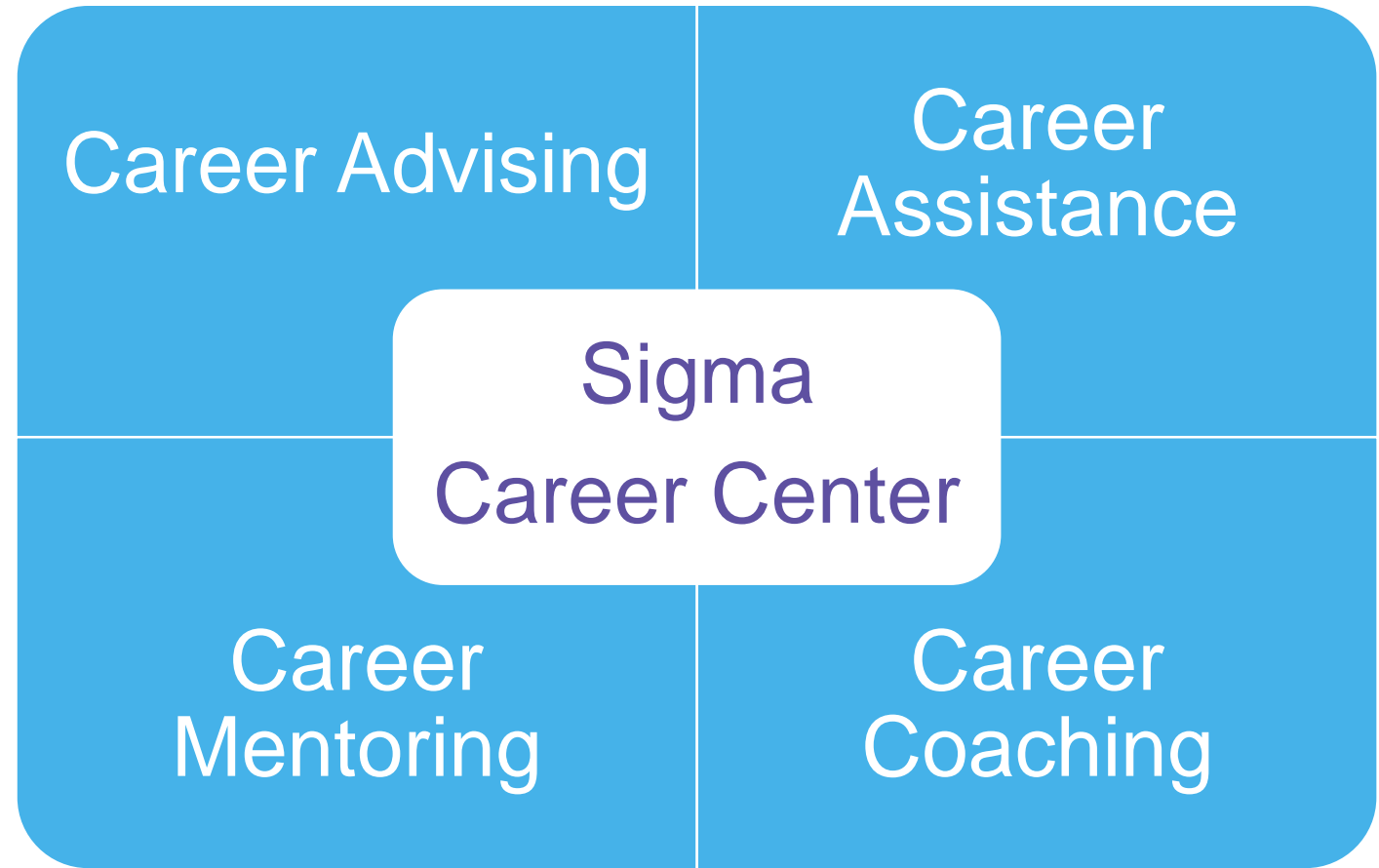


<http://bit.ly/SigmaMentoring>



# Career Center

- Multiple offerings to assist nursing professionals through their professional development journey

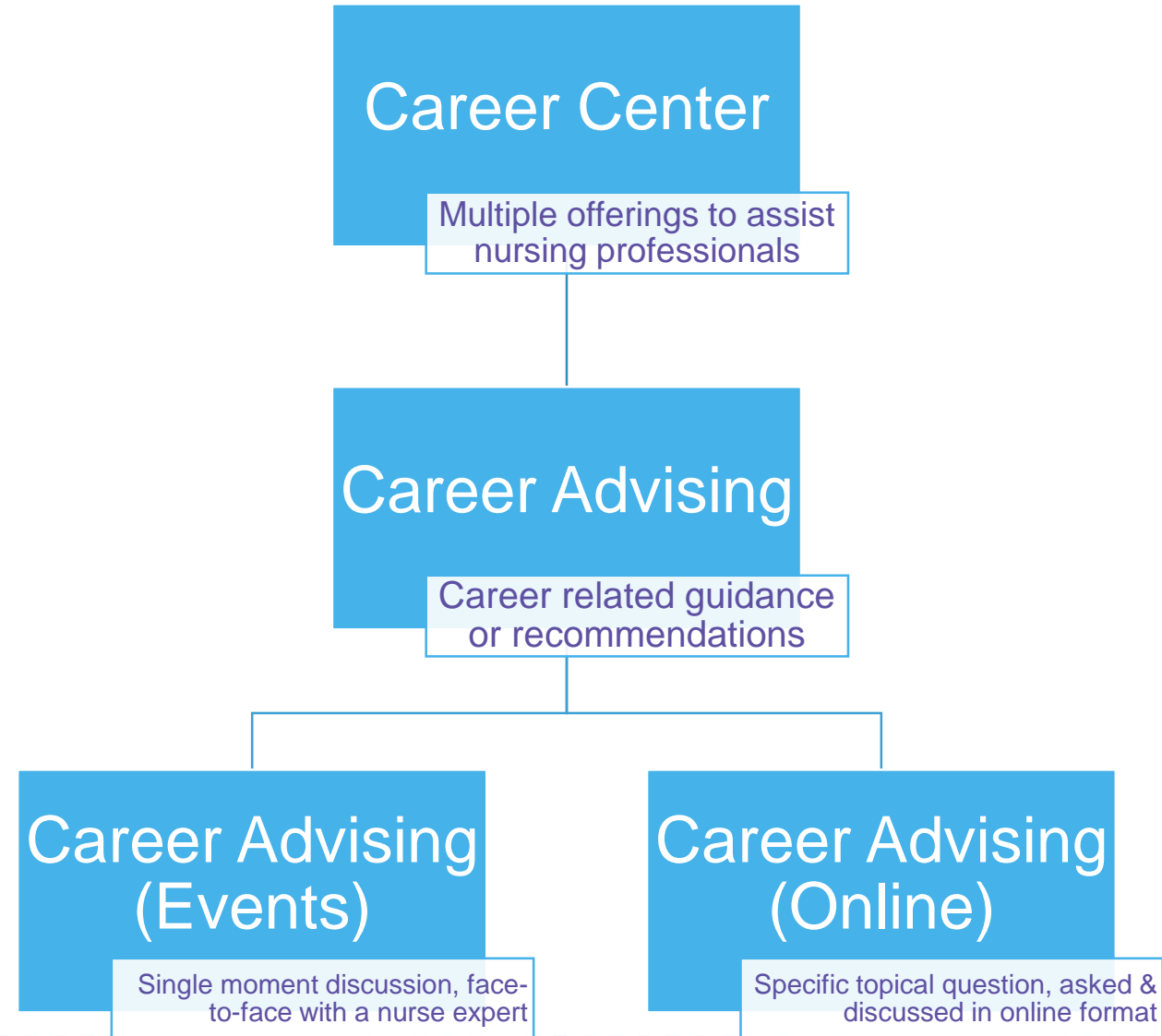


<http://bit.ly/SigmaCareerHelp>



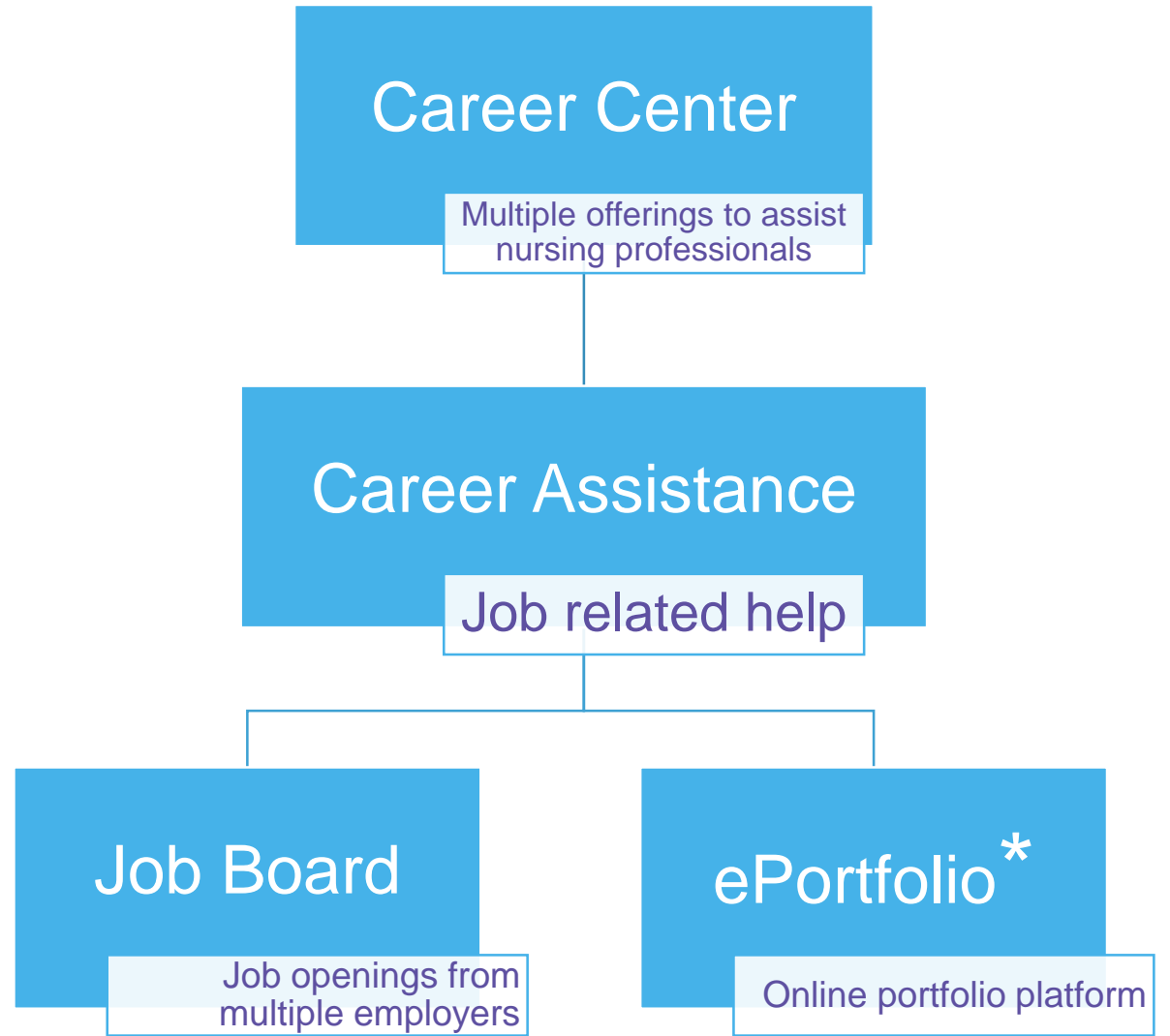
# Career Center

- Career Advising
  - Guidance or recommendation from advisors and peers
  - Informal
  - Format
    - Face-to-face at Sigma events
    - Online via Career Advice Forum



# Career Center

- Career Assistance:
  - Job Board- online resources designed to connect nursing professionals with a large set of employers
  - ePortfolio\*- online platform to keep track of and showcase your work

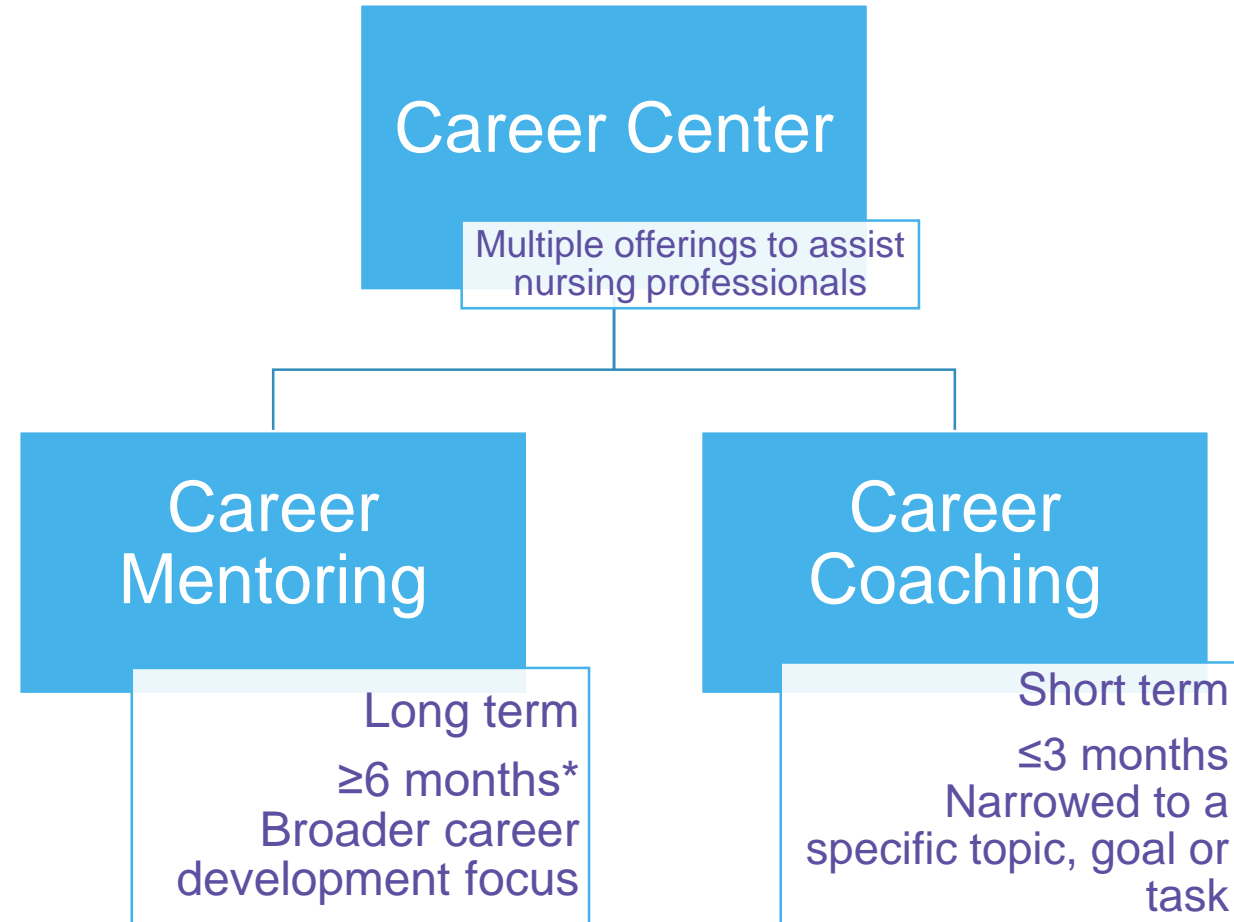


\*Coming soon – by March 2018



# Career Center

- Career Mentoring
  - Long term
  - $\geq 6$  months
  - Broad career focus
- Career Coaching
  - Short term
  - $\leq 3$  months
  - Narrowed career focus



\* (minimum of 6 months with the ability to continually renew)





# Sigma Mentoring Program Task Force Members

Matthew S. Howard, MSN, RN, CEN, CPEN, CPN

Margarett Alexandre, MS, RN

Robin Bartlett, PhD, RN

Mary Lou Bond, PhD, RN, CNE, ANEF, FAAN

Patricia M. Davidson, PhD, MEd, RN, FAAN

Kathleen Flores Eviza, MSN, RN

Samantha Martin, BA

Geralyn M. Frandsen, EdD, RN

Carole Marie Kulik, DNP, MSN, RN, ACNP-BC HCI-C

Claudia Kam Yuk Lai, PhD, RN, FAAN

Lois S. Marshall, PhD, RN

Karen H. Morin, PhD, RN, ANEF, FAAN

Larry Z. Slater, PhD, RN-BC, CNE

Developed by Sigma members for Sigma members.



# Developed by Sigma members for Sigma members.



<http://bit.ly/SigmaMentoring>

<http://bit.ly/SigmaCareerHelp>



# Grant Funded

- Developed through a grant from the Hugoton Foundation
  - Joan Stout, DM, RN, FAAN, DL (H), DST (HS)





# Career Center



The Circle

The professional networking site of Sigma Theta Tau International

<http://thecircle.nursingsociety.org>

Home

Groups ▾

Member Directory

Participate ▾

Events ▾

FAQs

Volunteer ▾

Career Center ▾

search



44<sup>TH</sup> BIENNIAL CONVENTION | #STTICONV17



Sigma Theta Tau International  
Honor Society of Nursing®

# Career Mentoring and Coaching Programs

- Several unique features
  - Broad-based content
  - A four-tiered leveling approach
  - Opportunities for international mentorship
  - Opportunities for collaborative research





# Career Mentoring and Coaching Programs

- Four steps to apply
  1. Update your profile
  2. Enroll
  3. Search of your match
  4. Connect with your match



Our career mentoring and coaching program reflects our commitment to you and your professional development. This members-only tool has been exclusively designed by STTI members for STTI members to connect and share experiences.

This program offers these unique features that you won't find with other mentoring/coaching programs:

- ✓ Broad-based content with diverse "specialty" mentoring/coaching areas, including but not

You can apply in four easy steps!

STEP 1: START

STEP 2: ENROLL

STEP 3: SEARCH FOR A MENTOR/COACH OR MENTEE

STEP 4: CONNECT



# Career Mentoring and Coaching Programs



Career Mentors



Career Coaches

## Mentors/Coaches will...

- Be an active STTI member
- Watch the program overview and expectation videos
- Complete their mentoring profile
- Complete mentor enrollment
- Commit to a focused relationship with mentee
- Provide insight, knowledge, and understanding in a professional and educational manor to benefit the professional growth of the mentee
- Make a minimum time commitment of:
  - Mentoring relationships are typically six months with the option to continually renew
  - Coaching relationships typically last three months or less
- Actively participate in STTI evaluations during and after the match is made



Mentees

## Mentees will...

- Be an active STTI member
- Watch program overview and expectation videos
- Complete their mentee profile
- Complete mentee enrollment
- Mentees are responsible for driving the relationship. Have clear goals for what you want to achieve from mentorship participation and take responsibility for pursuing those objectives by completing the Mentee Goal Setting Worksheet
- Make a minimum time commitment of:
  - Mentoring relationships are typically six months with the option to continually renew
  - Coaching relationships typically last three months or less
- Actively participate in STTI evaluations during and after the match is made



# Career Mentoring and Coaching Programs

Matches are made on the following criteria:

- Mentoring/coaching topic areas
- Nursing specialties
- Mentoring/coaching venue preferences
- Your career stage
- STTI global region(s) you are experienced/interested in
- Language(s) you are comfortable speaking
- Time commitment



# Career Mentoring Questions

- Tell us your story ...



<http://bit.ly/SigmaCareerHelp>



# Sigma Mentoring Program Task Force Members

Matthew S. Howard, MSN, RN, CEN, CPEN, CPN

Margarett Alexandre, MS, RN

Robin Bartlett, PhD, RN

Mary Lou Bond, PhD, RN, CNE, ANEF, FAAN

Patricia M. Davidson, PhD, MEd, RN, FAAN

Kathleen Flores Eviza, MSN, RN

Samantha Martin, BA

Geralyn M. Frandsen, EdD, RN

Carole Marie Kulik, DNP, MSN, RN, ACNP-BC HCI-C

Claudia Kam Yuk Lai, PhD, RN, FAAN

Lois S. Marshall, PhD, RN

Karen H. Morin, PhD, RN, ANEF, FAAN

Larry Z. Slater, PhD, RN-BC, CNE

Developed by Sigma members for Sigma members.





# Career Mentoring and Coaching Programs

Thank you

<http://bit.ly/SigmaCareerHelp>

