Mentoring and Coaching in Nursing: How Can You Make a Difference in the Profession?

Sigma Mentoring Program Task Force

Disclosures

• The Mentoring Program Task Force members attest that no relevant financial relationship exists between them and commercial entities which would present a conflict of interest or commercialize this presentation content.

Objectives:

• Discuss the mentoring/coaching program
• Discuss the process for obtaining a mentor/coach
• Discuss the roles of mentors, coaches, mentees, and advisors
Career Center

• Multiple offerings to assist nursing professionals through their professional development journey

Sigma Career Center

Career Advising
Career Assistance
Career Mentoring
Career Coaching

Career Center

• Career Advising
  • Guidance or recommendation from advisors and peers
  • Informal
  • Format
    • Face-to-face at Sigma events
    • Online via Career Advice Forum
Career Center

• Career Assistance:
  • Job Board- online resources designed to connect nursing professionals with a large set of employers
  • ePortfolio*- online platform to keep track of and showcase your work

*Coming soon – by March 2018
Career Center

- Career Mentoring
  - Long term
  - ≥6 months
  - Broad career focus

- Career Coaching
  - Short term
  - ≤3 months
  - Narrowed career focus

* (minimum of 6 months with the ability to continually renew)
Sigma Mentoring Program Task Force Members

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Developed by Sigma members for Sigma members.
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Career Mentoring and Coaching Programs

• Several unique features
  • Broad-based content
  • A four-tiered leveling approach
  • Opportunities for international mentorship
  • Opportunities for collaborative research
Career Mentoring and Coaching Programs

• Four steps to apply
  1. Update your profile
  2. Enroll
  3. Search of your match
  4. Connect with your match

Our career mentoring and coaching program reflects our commitment to you and your professional development. This members-only tool has been exclusively designed by STTI members for STTI members to connect and share experiences.

This program offers these unique features that you won’t find with other mentoring/coaching programs:

- Broad-based content with diverse “specialty” mentoring/coaching areas, including but not
Career Mentoring and Coaching Programs

Mentors/Coaches will...
- Be an active STTI member
- Watch program overview and expectation videos
- Complete their mentoring profile
- Complete mentor enrollment
- Commit to a focused relationship with mentee
- Provide insight, knowledge, and understanding in a professional and educational manner to benefit the professional growth of the mentee
- Make a minimum time commitment of:
  - Mentoring relationships are typically six months with the option to continually renew
  - Coaching relationships typically last three months or less
- Actively participate in STTI evaluations during and after the match is made

Mentees will...
- Be an active STTI member
- Watch program overview and expectation videos
- Complete their mentee profile
- Complete mentee enrollment
- Mentees are responsible for driving the relationship. Have clear goals for what you want to achieve from mentorship participation and take responsibility for pursuing those objectives by completing the Mentee Goal Setting Worksheet
- Make a minimum time commitment of:
  - Mentoring relationships are typically six months with the option to continually renew
  - Coaching relationships typically last three months or less
- Actively participate in STTI evaluations during and after the match is made
Career Mentoring and Coaching Programs

Matches are made on the following criteria:

• Mentoring/coaching topic areas
• Nursing specialties
• Mentoring/coaching venue preferences
• Your career stage
• STTI global region(s) you are experienced/interested in
• Language(s) you are comfortable speaking
• Time commitment
Career Mentoring Questions

• Tell us your story ...

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Career Mentoring and Coaching Programs

Thank you