Computers are key players in providing comprehensive health services to children. The focus of this poster is to introduce a health-education curriculum titled TigerCHAT (Community Health, Awareness, and Training). The purpose of this poster is to introduce a health-education curriculum titled TigerCHAT (Community Health, Awareness, and Training).

The goal of this health-education curriculum delivered in the school-setting is to develop sustainable healthy behaviors, promote wellness and prevent disease. The TigerCHAT project focused on 5th grade students, as years 11-13 of age are the starting point for abstract thought and the development of self-image and self-esteem.

This pilot project targeted rural, school-aged children and incorporated undergraduate and graduate nursing students from various disciplines. This pilot project targeted rural, school-aged children and incorporated undergraduate and graduate nursing students from various disciplines.

Schools are key players in providing comprehensive health services to children. Auburn University School of Nursing currently has screening mechanisms in place for rural settings (TigerCheck). However, there is no formal health education currently in place.

The specifics for the state of child health in rural Alabama are noteworthy. Recently, a Fortune 500 company employing 8,000 across the layers of economic strata was sold and dismantled systematically, with fewer than 300 jobs remaining. The consequences of that dynamic over time have resulted in significant challenges for the community.

The focus of this pilot was to build on current screening efforts with other disciplines and focus on school-based health education curriculum including: prevention of obesity, diabetes, respiratory, oral health, and sleep disturbances.

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