

# **A Nurse Practitioner's Innovative, Value Approach to Redesigning Access to End of Life Care**

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# Objective

**This session will describe how an innovative approach to improving access to end of life care aligns with the IOM Future of Nursing Report**

# The Future of Nursing: Leading Change, Advancing Health

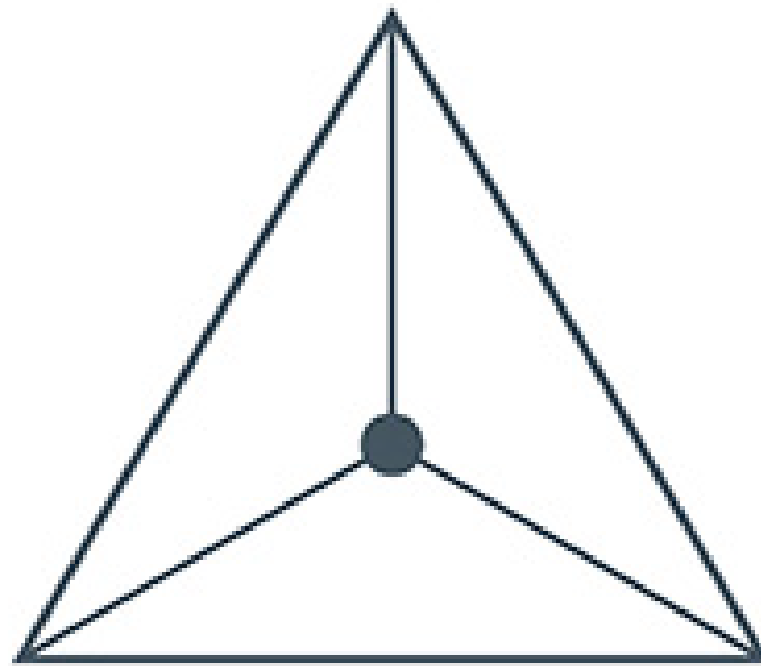
- \* Nurses have a key role to play as leaders for a reformed and better integrated patient-centered health care system
- \* Nurses should be full partners in redesigning the health system in the United States

# Collaborating and Leading in Care Delivery and Redesign

- \* **Board level engagement and support**
- \* **Innovative program designed and led by a Nurse Practitioner**
- \* **Cultural change of moving advance care planning discussions into the plan of care**

# The Triple Aim

**Improved Quality Care**



**Increased Access**

**Decreased Cost**

# Practice to the Full Extent of Education and Training

- \* **Improving nurses' skills in ACP and identifying disease trajectory**
- \* **Maximize the role of the nurse practitioner palliative care specialist model beyond the walls of the hospital**

# **Innovative Program: Advanced Illness Management in Home Health**

- \* Identify patients with advanced illness**
- \* Promote patient centered care based on knowledge of patients advance directives**
- \* Provide Advance Practice Nurse Palliative Care Specialist referrals in the community setting**

# Model Enables Nurses to Lead Change

- \* **Discussion of total patient care**
- \* **Maximizes communication skills**
- \* **Provides collaboration in multi-levels of nursing**



# Work Flow Redesign

- \* **Predictive report**
- \* **5 minute conference**
- \* **Transitions to appropriate care**
- \* **Referrals**

# Lessons Learned

- **Nurses can impact community infrastructure**
- **Nurse have a role in redesigning healthcare**

# Impact on Quality Measures for the Home Health Agency

Fiscal Year	Patients with improved management of pain	60 day Emergency Department use without hospitalization rating	Percent who rated the agency with the highest rank	Percent who would recommend the agency
2014	38.5%	43.9%	41.5%	60.4%
2015	40.5%	54.7%	63.5%	69.4%
2016	67.5%	55.8%	69.1%	74.3%
2017	75.0%	55.8%	79.1%	78.9%

Based on the Home Health Compare Center for Medicare and Medicaid Services Ranking Numbers from Home Health Compare.gov

# Impact and Measures of Success

Fiscal Year	Number of Advanced Illness Case Conferences	Percent of VNA patients with an Advance Directive	Number of NP Home visits	Hospice Average Daily Average	Number of Community Referrals to Hospice
2013	NA	NA	0	31	100
2014	412	NA	158	39	130
2015	939	8%	488	54	179
2016	1576	27%	653	80	239
2017	3154	50%*	660*	100	258*

\* As of August 2017

# Continuous Improvement

- **Nurses partnering with primary care practices**
- **Nurses instituting the advanced illness management model into primary care**

# Policy Implications

- \* Improved information exchange
- \* Removing scope of practice barriers through legislative practice

# Reference

IOM (Institute of Medicine). (2016). *Assessing progress on the Institute of medicine report: the future of nursing*. Washington, DC: The National Academies Press.

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