PROTOCOL INTERVENTION OF NURSING "APECC: ACCEPTANCE IN PERSONS WITH CARDIAC STIMULATION CARDIOVERTER"

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• Cardiovascular Diseases (CVD) have shown a rapid increase and are the leading cause of death in the world.

• In Colombia, in the last 3 decades, Cardiac Disease has occupied the top five positions in the country's causes of mortality.

• Treatment for severe cardiac conditions requires the implementation of automatic implantable cardioverter defibrillator (ICD) therapy, increasing the survival rate with quality of life.

• The implantation of this device is accompanied by important changes in physical, psychological and social level and affects the lifestyle.
INTERVENTION OF NURSING “APECC”

Review of the Literature

- Physical
- Psychological
- Social

Human Response

CARE NEEDS
PROTOCOL INTERVENTION OF NURSING “APECC”

Source: Castillo Sierra DM, González Consuegra RV. Nursing Intervention for Acceptance of Patient to the Cardioverter Applied in Pre-implantation.
TERMS

- Acceptance to the device
- TIME OF ADJUSTMENT
- Intervention of nursing
- Cardioverter
- Pre-implantation
INTERVENTION OF NURSING “APECC”

• The intervention APECC is a direct attention treatment, based on the knowledge and clinical judgment, performed by the nurse independently in the pre-implantation period, to help the person to Accept the cardiac stimulation device Cardio-defibrillator, in response to the physical, psychological and social problems that the patient may experience from the implementation for the performance of daily functions.
INTERVENTION OF NURSING “APECC”

- Based on the theory of the Social Learning of Albert Bandura, modeling of the behavior through models

- Educational Content

- Experiences

- Relaxation Exercise

60 minutes of duration
INTERVENTION OF NURSING “APECC”

Educational Content

- Physical
  - wound care, body image, physical and sexual activity

- Psychological
  - Primary emotions, anxiety and depression

- Social
  - Changes in lifestyle, family role, job role and social role

It also addresses the functioning of the heart, procedure of implantation of the device and how it works, the electric shocks.
INTERVENTION OF NURSING “APECC”

Experiences

- 2 women share the day to day life with a cardioverter.

Relaxation Exercise

- Exercise with visual and auditory relaxation technique with a duration of nine minutes.