Voices of Foreign-Educated Filipino Nurses: Stressors and Coping Strategies regarding Transition

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Introduction

• Emigration of foreign-educated Filipino nurses (FEFNs) Alonso-Garbayo & Maben, 2009; Aluttis, Bishaw, & Frank, 2014).

• Philippine Culture Zaide, 1999
Purpose

• The purpose of this phenomenological study described the sources of stress, coping strategies utilized, and perceived effectiveness of those coping strategies regarding transition for foreign-educated Filipino nurses (FEFNs) in Northeastern Pennsylvania (NEPA).
Findings

• Descriptive Analysis of the Participants
• Description of the Participants
• Themes – Stressors and Coping Strategies
Discussion

• Stressors
  – Living Environment
  – Family Here and Home
  – Achieving Independence
  – Work Environment
Discussion - continued

• Coping Strategies
  – Inner Strength
  – Culture Expression and Identity
  – Future for Family
  – Environmental Support
Conclusion

- Acculturation
- Assimilation
- Herman Melville (1892) quoted, "Life’s a voyage which is homeward bound"
Questions??
Thank you!
References

