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Adoption of Mobile Applications by Advanced Practice Providers

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Overview

Disclosures

- No conflicts of interest
- No sponsorship or commercial support for this presentation
- Employer: The Ohio State University

Objectives

- Describe three apps used most often by advanced practice providers in the clinical setting and how they can facilitate workflow and patient care.
- Identify strategies for discovering new apps and exploring their potential validity, reliability, and usability in practice and nursing education.



Who, What, Why?

- Apps and education
- Research questions and survey development
- IRB approval
- Email
- Results



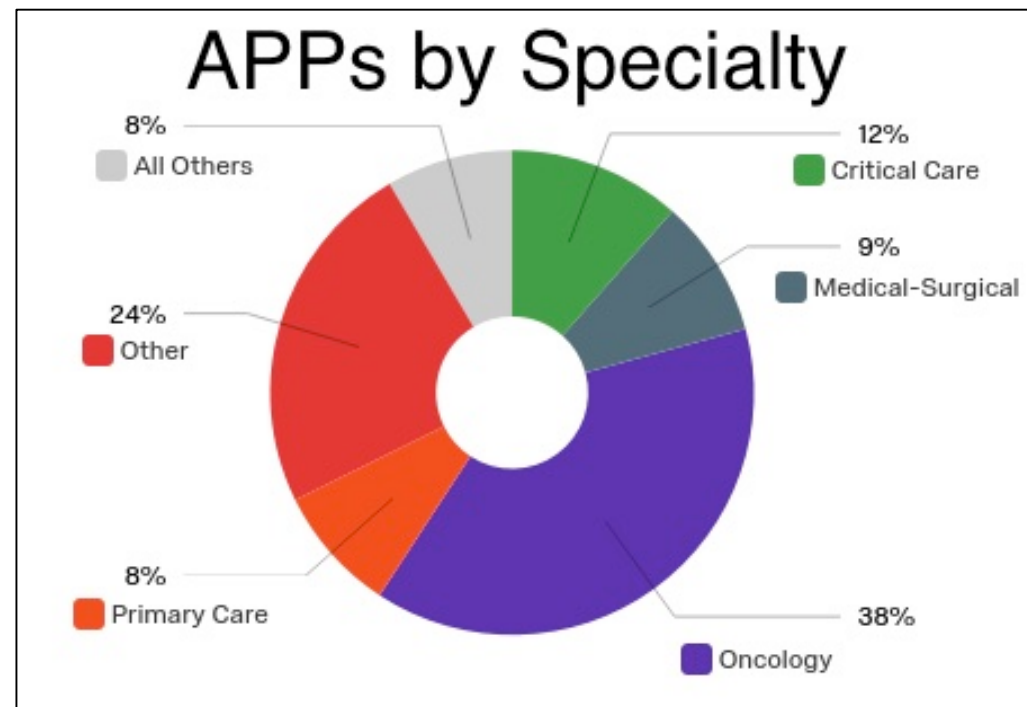
Mobile app use in clinical practice

- Provide APPs with any-time, any-place access to current information
- Tools for APPs who need information quickly
- Facilitate workflow for APPs
- Maximize patient flow
- Improve diagnosis, treatment, and documentation



Survey results: Demographics

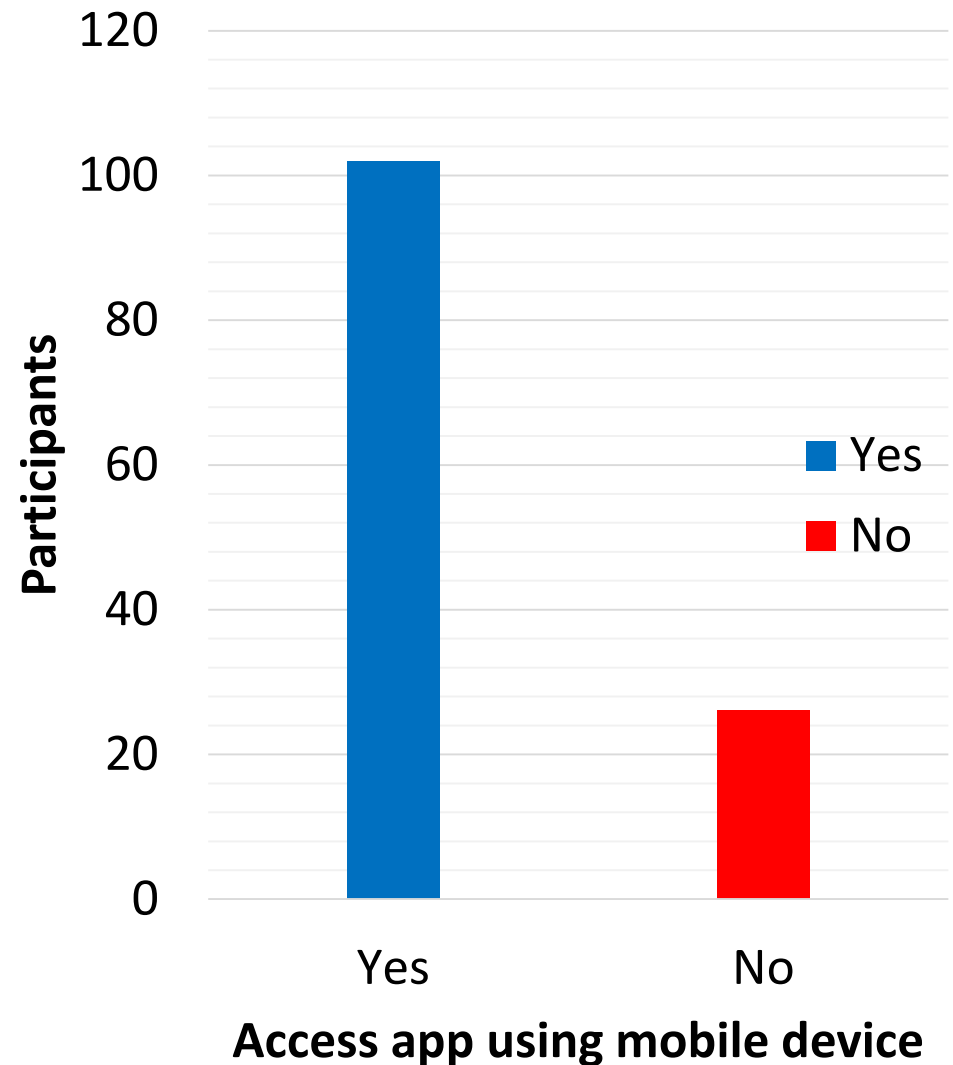
- 128 results returned (N = 598)
- 103 female, 17 male
- Average age = 43
- Average years in practice = 9 years
- 90% from The Ohio State University Wexner Medical Center





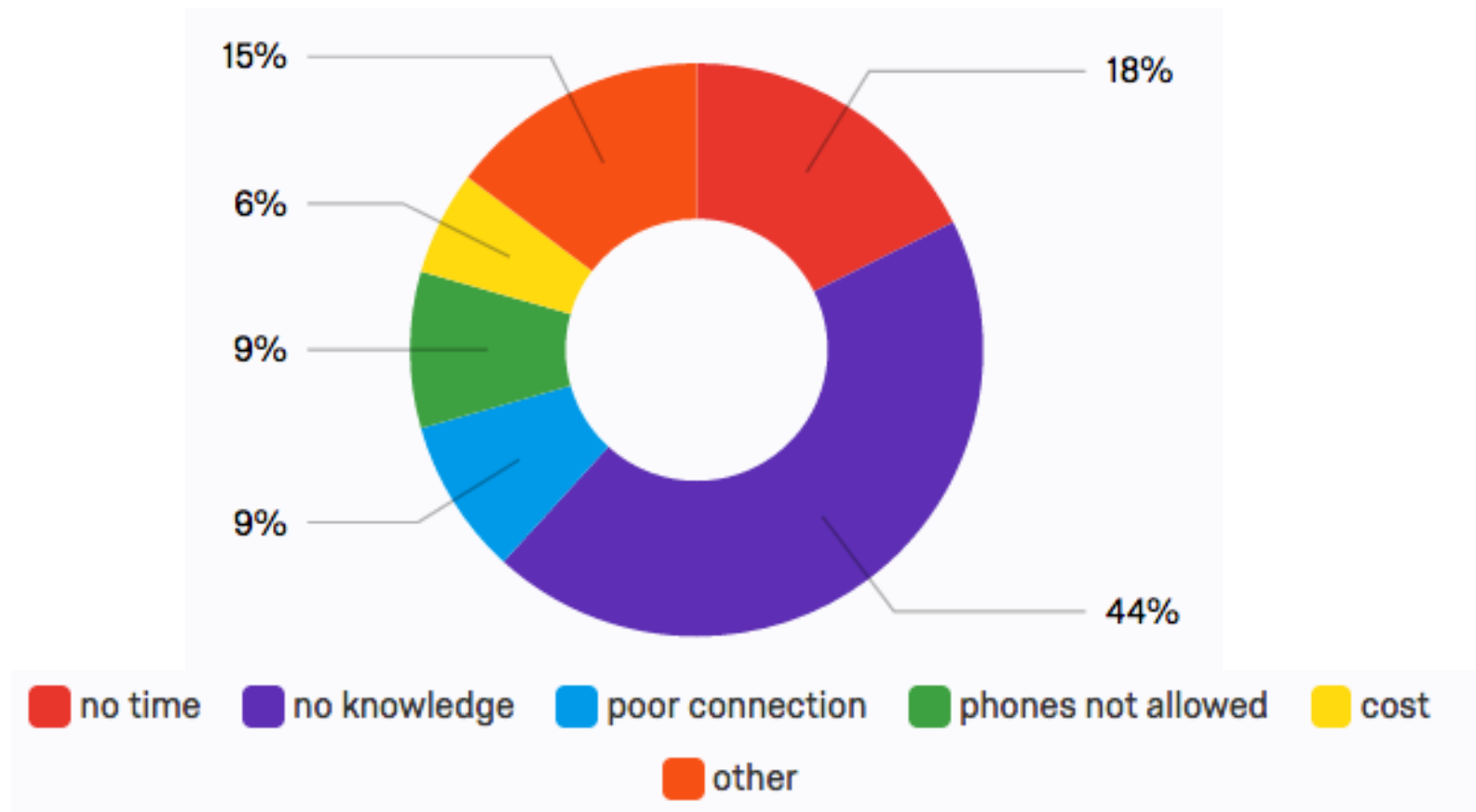
Mobile app use

- Using apps on mobile devices:
 - YES-102
 - NO-26





Reasons for not using apps





Evaluating Mobile Applications

8 Criteria

- Usefulness
- Accuracy
- Authority
- Objectivity
- Functionality
- Design
- Security
- Value



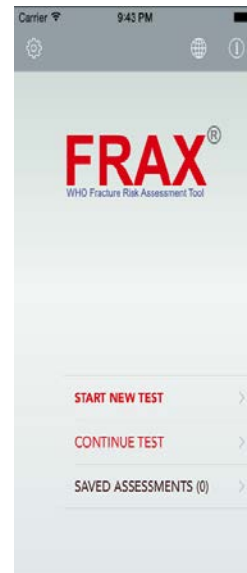
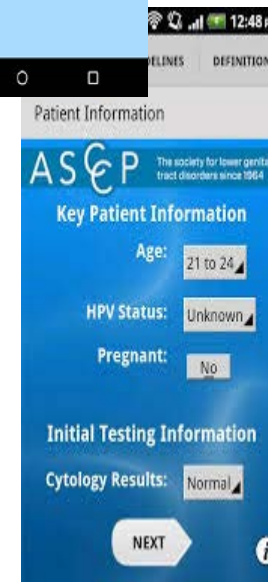
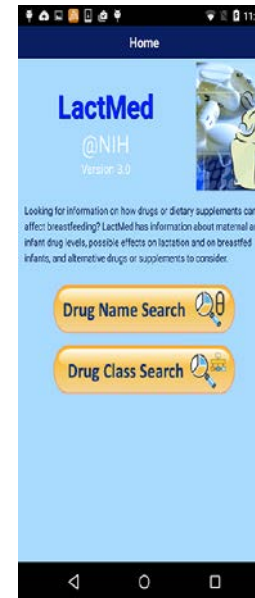
Medical apps most used to make clinical decisions

- **Epocrates 77%**
- **UpToDate 67%**
- **Micromedex 41%**
- Medscape Mobile 20%
- MedlinePlus 20%
- Lexicomp 17%
- 5-Minute Clinical Consult 10%
- Sanford Guide to Antimicrobial Therapy 10%
- ASCVD Risk Estimator 8%
- uCentral 7%
- VisualDx 5%
- Calculate by QxMD 4%
- Skyscape 3%
- Omnio 1%



Women's health apps

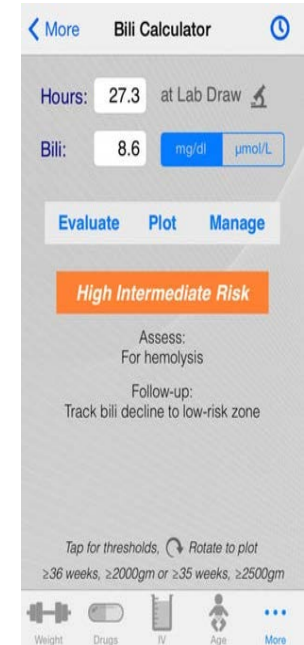
- STD Tx Guide 67%
- ASCCP Algorithms 67%
- FRAX 33%
- Other = Lactmed 8%





Pediatric health apps

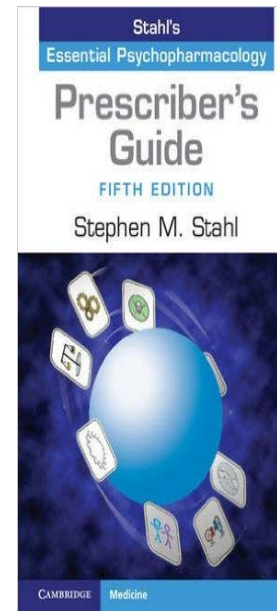
- Pedi QuikCalc 67%
- PediStat 33%





Psych/mental health apps

- DSM-5 Diagnostic Criteria 88%
- Stahl's Essential Psychopharmacology 13%





General non-medical or less healthcare specific apps

- Google Translate 84%
- 3D Brain 16%
- Canopy 5%





Social media apps used to access information related to patient care

- YouTube 79%
- Facebook 31%
- Twitter 5%
- Other 8%: YouTube for procedure coaching, Instagram, Doximity





QUESTION

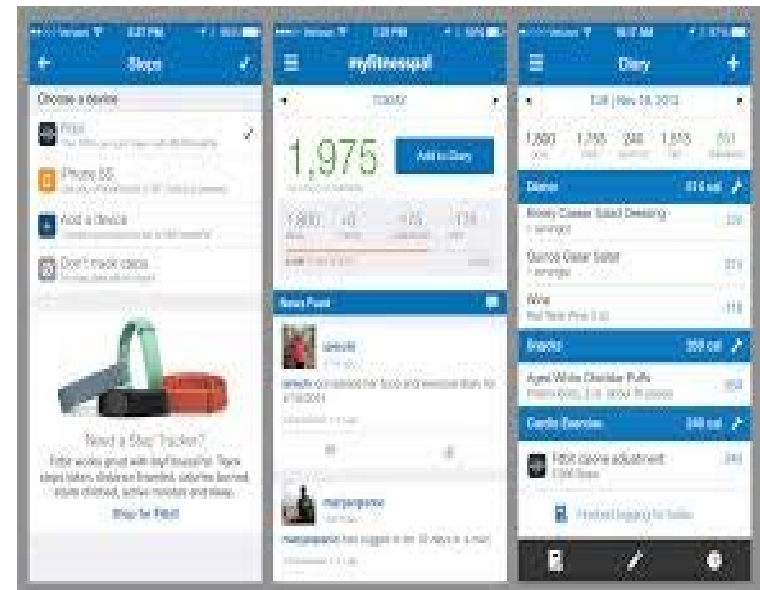
Should I recommend apps to my patients?





Apps survey participants recommend to patients

- CDC
- MyFitnessPal
- Apps for Memory/Cognition
- Alzheimer's Assoc App
- Mindfulness Apps
- Catch my Pain App
- Cycle Trackers
- Menses tracker
- Insomnia





Future trends

Apps for better health outcomes

- Prevention and management of chronic health conditions
- Patient care and compliance
- Support for caregivers

Hardware improvements

- Even larger databases
- CDSS (clinical decision support system) prompts

Apps in health care education is expected to grow and completely replace textbooks





Conclusion

- Apps are invaluable tools for APPS
- Risk and benefits
- Development of guidelines





Link to handouts

- Presentation
 - go.osu.edu/mobileapps1
- List of mobile apps
 - go.osu.edu/mobileapps2



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