### Title:

SPECIAL SESSION: The International Nurse Researcher Hall of Fame: One Nurse's Journey

# Type:

Oral

## **Keywords:**

collaboration and engagement, research story and track record

## **Summary:**

The presentation will describe Professor Trisha's Dunning's journey to the STTI International Nurse Researcher Hall of Fame and her key learnings along the way using stories.

### **Final Number:**

K 03

Slot:

K 03: Saturday, 29 July 2017: 3:30 PM-4:00 PM

#### References:

Dunning, T., Speight, J., Bennett, C. (2017). Language, the "Diabetes restricted code/dialect" and what it means for people with diabetes and clinicians. *The Diabetes Educator*, vol. 43, no.1,18-26.

Dunning, T., Duggan, N., & Kennedy, M. (2016). Caring for older people with diabetes: combining ancient wisdom and modern knowledge to find relevant care solutions. *Australian Diabetes Educator* 19 (4), 26-29.

Dunning, T., Duggan, N., Savage, S., (2016). Caring for people with diabetes at the end of life. *Current Diabetes Reports*, 16 (11), 1-8.

Dunning T, Savage S, Duggan. (2014) The McKelar Guidelines for Managing Older people with Diabetes in Residential and other Care Settings. centre for Patient Safety and quality Research Barwon Health Partnership.

# **Learning Activity:**

| LEARNING (   | OBJECTIVES | EXPANDED CONTENT OUTLINE  |
|--|------------|---|
| Participants will be a types of research are                 |            | The types of research and their contribution to knowledge and clinical care will be described.                      |
| Participants will unde importance of collaboratedness and in |            | Research funding and publications are important to building track records for individuals and teams. Funding bodies |

| the team and individual 'track record' and why track records are needed.  | usually fund teams. The team and individual track are important to grant success.   |
|---|---|
| Participants will be able to describe the obligations researchers have to funding bodies research participants, colleagues and service providers.   | Researchers are expected and have an oblication to share research findings through publications, presentations and summaries tailored to groups such as research participants.                                    |
| Participants will appreciate the value of engaging with consumers and end users to the strategic endpoints and usefulness of the research findings. | Consumers and other end users can contribute valuable information about the research design and other aspects of the research that enhance it success and usefulness. It is a requirement of some funding bodies. |

#### Presenter:

Trisha Lynette Dunning, PhD, MEd, AM, RN, CDE, ACN-DLF

Deakin University and Barwon Health school of Nursing and Midwifery, Faculty of Health Professor Geelong Australia

**Professional Experience:** Registered nurse with a joint clinical and academic appointment for the last 20 years. Extensive experience in diabetes education and managing older people with diabetes.

**Author Summary:** Professor Dunning is the Chair in Nursing at Deakin University and Barwon Health, Australia. She is internationally recognized for her work in diabetes education and care through national and international speaking engagements and publications. She was an international Vice President 2010-2015 She was honored by the Australian Government in 2004 when she was made a Member of the Order of Australia.

### **Abstract:**

The aim of my presentation is to outline my journey from trainee nurse to induction into the STTI International Researcher Hall of Fame.

I will share my journey through pictures and story vignettes that exemplify my key transitions and learnings as I developed into a nurse researcher and that led me to the honour of being inducted into the STTI Researcher Hall of Fame. I will trace my journey

from trainee nurse in an Australian country hospital to one of the top 40 Universities in the world.

I will share some significant outputs and impacts from my research. My philosophy of nursing and research will emerge from the story. I will share some of the things I learned such the difficulty separating the academic researcher and clinician from the person: they enhance and balance each other. Research is a collaborative endeavor: there are strength in partnerships that enhance individual contributions. The research field is very competitive. It values 'track.' Researchers must learn how to market themselves and their research. They must be creative and recognise and make opportunities, which often means selecting 'the path less travelled', which can make all the difference to a research career. At least it did for me.

## Along the way I learned that:

- All types of research are valuable..
- It is important for nurses to engage in research at the level of their knowledge and competence research.
- It is important to seek, recognise and make opportunities for research activities.
- It is useful to be able to 'think outside the square.'
- Researchers must encourage, support and acknowledge the contribution of relevant others.
- Researchers have an obligation to inform research participants, colleagues, service providers and others about their research findings and how they could apply them.
- It is vital to care for oneself throughout the research journey.