

# Growing the Next Generation of Nurse Leaders in Palliative Care: An International Case Study



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# **BACKGROUND**

- ❖ There is a global need to address the growing palliative and end-of-life care needs of individuals who are living longer with serious and complex life-limiting and life-threatening illnesses (CNA, CHPCA, 2015).
- This work will require significant growth in point-of-care resources, including a sustainable palliative care workforce.
- ❖ More importantly, it will require a complement of nurse leaders who will play key roles in education, evidence-based practice change, care coordination, and program evaluation (Mula, 2014).
- ❖ We received funding from the Queen Elizabeth II Diamond Jubilee Scholarship program to develop and administer an international exchange program that equips nursing leaders in evidence-based palliative care.

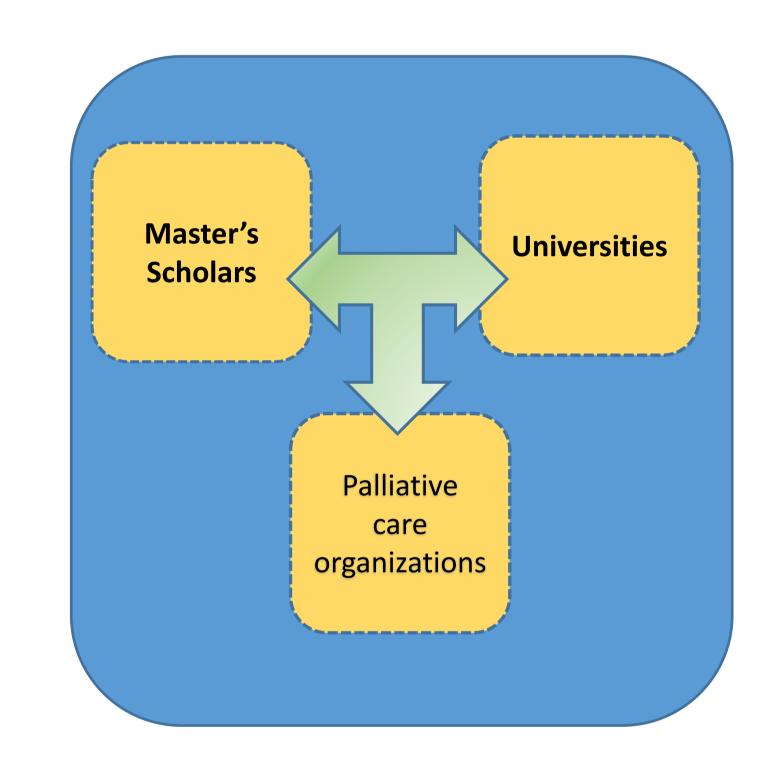
### **AIMS AND OBJECTIVES**

**PROJECT AIM:** To promote shared excellence and international nursing leadership in palliative care delivery through research and knowledge translation across universities and communities

**EVALUATION AIM:** To evaluate the international palliative care collaboration from the perspectives of the project stakeholders (participating academic institutions, palliative care agencies, scholars)

### **METHODS**

- ❖ A descriptive single case study: Three embedded units of analysis (Yin, 2014)
- Participatory action framework (McIntyre, 2008)
- Data sources: project plans, interviews, questionnaires, presentations, reflections, scholar tweets, meeting minutes, field notes, reports
- Data analysis: iterative process, concurrent with data collection, data triangulation - pattern matching, time series analysis



# **OUR PROJECT PARTNERS**

❖ The project leverages the shared community relationships among three community hospices, one hospital-based palliative care unit, one community outreach program, and a cadre of clinicians who serve as champions and mentors.

# Canada

The Hospice of Windsor and Essex County, Windsor, Ontario

Hotel-Dieu Grace Healthcare, Windsor, Ontario

Erie-St. Clair Community Care Access Centre, Chatham, Ontario

# UK

The Douglas MacMillan Hospice, Stoke-on-Trent, Staffordshire

The Donna Louise Children's Hospice, Stoke-on-Trent, Staffordshire







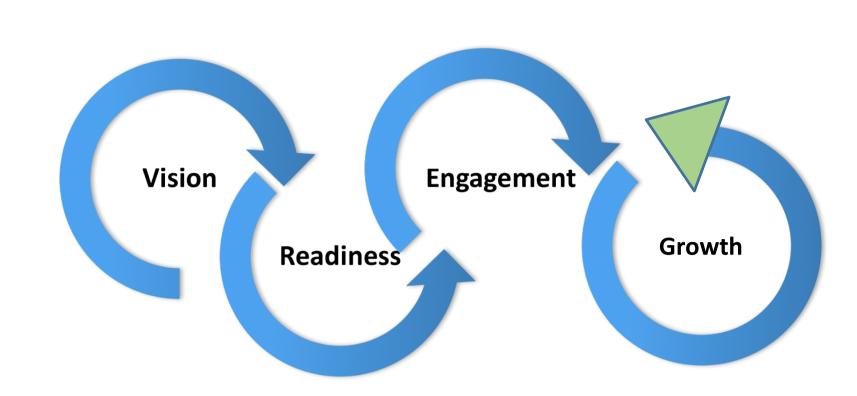






### **FINDINGS**

# **\*** OVERARCHING PROCESSES:



### **\*** EMERGING THEMES

Passion and Perseverance	"Many, many challenges to overcome"  "Figuring it all outYou can overwhelm yourself with all of itthe amazing resources and every aspect of palliative care but you have to keep your focus."
Inquiry and discovery	Best practices, quality Reflective practice, advance care planning, leadership skills "Where do I go next?"
Partnerships	People, places, and projects "It has provided us with key contacts in Great Britain that have been maintained to this day."
Committed mentors	"Everyone worked so hard to give me great learning experiences." "We came together to make it all happen."
Unexpected synergies	Consultations, international community of practice "I'm helping a social worker at Hospice. I shared her name with the social worker in the UK, so it's nicethat I can stay connected and share things."

## CONCLUSIONS

- ❖ International exchange is an innovative and effective strategy for developing global nursing leaders in palliative care. It promotes the engagement of sharing best evidence in palliative care among scholars, institutions and educational institutions
- It requires the partnership of academic institutions and practice organizations who are willing to invest significant time, funds, and energy.
- Project expansion and sustainability will require new and sustainable resources.

# A Call to Leadership:

"We will do all we can not only to help you die peacefully, but also to live until you die." - Cicely Saunders

# SELECTED REFERENCES

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