

# The Influence of Transcultural Nursing Course on Stereotypes of Foreign Spouses in Taiwanese Nursing Students

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#### Introduction

More and more women from South-east Asia who married Taiwanese men are living in Taiwan. These foreign spouses are starting the transformation of Taiwan into a multicultural society. Nursing students might have some stereotypes of foreign spouses which may affect the caring attitude and quality for foreign spouses. Previous study showed stereotypes of foreign spouses had some significant association with culturally competent nursing care ability in

# Purpose

The purpose of this experimental study was to 1) assess the effect of a course of transcultural nursing on the change of stereotypes of foreign spouses in nursing students in Taiwan, and 2) examine which teaching strategy was more helpful for decreasing stereotypes

#### **Design and Sample**

A quasi- experimental study design was applied. A total of 126 eligible nursing students were assigned to group course of transcultural nursing (experimental group) and control group.

Recruitment criteria included: (1) nursing students and (2) willing

## Setting

to participate in this

The volunteer

participants were
recruited at Chung Hwa
University of Medical
Technology (CUMT) in
southern Taiwan.

### Intervention

Students assigned to experimental group received the intervention program (course of transcultural nursing) which contained 16-weeks sections including history, theory and practice of transcultural nursing, the influence of stereotype, culturally competent assessment and communication, and management and coordination of cultural conflict, while controlled group did not receive any

#### Instrumentation

All participants
completed the consent
forms and the
questionnaires. A
demographic
questionnaire, the
Stereotype of Foreign
Spouse Questionnaire
and Teaching
Strategies
Questionnaire were
used to collect data.

#### **Data Analysis**

SPSS Version 22.0 for Windows was used for analysis of the data. Descriptive statistics was used to describe the characteristics of the sample. T-test was used to analyze the influence of transcultural nursing course on stereotypes of foreign spouses in Taiwanese nursing students.

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#### Results

126 students in total (65 in the intervention group and 61 in the control group) were recruited in this study. The result revealed course of cross-cultural nursing was effective for significantly reducing stereotypes of foreign spouses  $(164.32 \pm 35.90 \rightarrow$  $132.12 \pm 32.13$ ) ( T= 8.84, p = 0.000). In addition, students pointed the teaching strategies which were helpful for reducing stereotype included the speech provided by foreign spouse, role play, and visit and interview of foreign spouses.

#### Discussion and Conclusion

The results showed the effectiveness of course of transcultural nursing on reducing stereotypes of foreign spouses in nursing students in Taiwan. The findings can be used in the future to make a better design of transcultural nursing course in nursing college to help nursing students to have fewer stereotypes of foreign spouses and to enhance the knowledge of transcultural nursing for clinical practice. The evidence- based research method can be utilized in other countries to develop appropriate course content for transcultural nursing.