Postoperative nausea and vomiting (PONV) has a negative effect on patients. "Nausea" is present among the nursing diagnoses given by North American Nursing Diagnosis Association - International (NANDA-I), and the "effect of anesthesiesthesia" is defined as treatment-related factor of nausea nursing diagnosis. In other words, "nausea related to the effect of anesthesia" is a nursing diagnosis, which the nurse should manage with his/her independent interventions before, during, and after the operation. The nurse should seek solutions to prevent nausea, raise patient comfort at the postoperative period, and test the validity and reliability of these solutions. Stimulation of the wrist acupuncture point PC6 for preventing postoperative nausea and vomiting Wrist pericardium 6 (P6) acupuncture point acupressure application using a wristband is a non-pharmacological intervention, and nurses should investigate its effectiveness. Lee et al. found that there is moderate-quality evidence showing no difference between PC6 acupoint stimulation and antiemetic drugs to prevent PONV. Also they reported that further high-quality trials are needed.

Study inclusion criteria were as follows:
- Patients between 18-65 years.
- Patients underwent gynecological operation.
- Operation was performed under general anesthesia.
- The patients had no cognitive, sensory, or verbal communication issues.
- Patient volunteered to participate in the study.

Exclusion criteria were as follows:
- Patients underwent Caesarian section.
- Patients had cardiac arrhythmia.
- Patients used anti-emetics within the last 24 hours.
- Patients had platinum or metal prosthesis at the arm where the wristband would be applied.

This study conforms to the principles of Human Rights Declaration of Helsinki. Written informed consent was obtained from the patients. The study was approved by Uşak University Faculty of Medicine Clinical Research Ethics Committee, and directorship of Bursa Zübeyde Hamam Obstetric Hospital.

For the purpose of this study, we conducted a randomized-controlled experimental study to determine the effect of wrist P6 acupuncture point acupressure application with wristband on nausea, vomiting, and comfort level at the postoperative period.

The following hypotheses were tested:
First H1: Wrist P6 (Neiguan) acupuncture point acupressure application with wristband is effective as pharmacological methods in prevention of postoperative nausea.
Second H2: Wrist P6 acupuncture point acupressure application with wristband is effective as pharmacological methods in prevention of postoperative vomiting.
Third H3: Wrist P6 acupuncture point acupressure application with wristband enhances patient comfort.

Materials and Methods

Introduction

The income meets the expense

Income status

Hysterectomy + BSO

Duration of anesthesia (Minute)

From the experimental group were excluded from the sample size; thus, the final sample size was

Study was conducted. A review of the literature showed operations varied between 58-77%. When the population

Accounting for possible issues that may occur during data

Postoperative nausea and vomiting (PONV) has a negative effect on

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between PC6 acupoint stimulation and antiemetic drugs to prevent PONV. Also they reported that further high-quality trials are needed.