Developing Community Based Nurse Led HIV Prevention Program  
A Tale of Two Sites
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**Background**
- Pre-exposure prophylaxis (PrEP) using oral tenofovir/emtricitabine in the form of Truvada® is a once a day pill to prevent HIV acquisition.

**Purpose/Aims**
To describe the development and implementation of a nurse-led HIV prevention program utilizing Pre-Exposure Prophylaxis (PrEP) for HIV prevention at two urban sites serving:
- Men who have sex with Men (MSM)
- Transgender Individuals
- Bisexual Individuals
- Sex Workers
- Intravenous Drug Users (IDU)

**Original Site**
- Urban Community based
- Sexual health clinic
- Open 6 days a week
- Age 18 and over
- MSM, Bisexual, or Transgender

**Clients Accessing PrEP**
- Age 18-72, median 35
- 55% White
- 24% Hispanic
- 14% Asian Pacific Islander
- 4% Black
- No IDU or Transwomen at this site

**Second Site**
- Urban Underserved Location
- Nested within Social Services Building
- Nurse Practitioner and Benefits Navigator
- 2 x 4 hour clinic sessions a week
- Links to needle exchange programs and sex worker health care providers
- Close to a public transport hub
- Age range 20-54 median 31
- White 47% (*many unaware of site 1*)
- Black 10%
- Other Race 7%
- Fewer Asian Pacific Islanders 9% and Hispanics 21%
- Clients identify as Sex Workers, IDU and Transwomen

**PrEP Services Begin at Site 1**
Managed by Nurse Practitioners and Registered Nurses

**Biological Testing Required**
- Rapid HIV Antibody
- Pooled HIV RNA
- VDRL
- GC/CT Pharynx/Rectum/Urethra
- HEP B AG
- HEP C AC
- Rapid Metabolic Panel

**Counselling**
- Adherence
- Safer sexual practices counselling

**Benefits Referral**
- Provide Co-Pay assistance
- Provide Patient Assistance Programs
- Negotiate health Insurance

**Conclusions**
- Zero HIV infections
- 2,500 enrolled in PrEP
- 40-50 new PrEP enrollments a week
- Site 2 open 2 x 8 hour clinic sessions a week
- Specific Transgender Program
- nPeP available 6 days a week

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Magnet Nurses and Staff Clients

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