

**State University of Rio de Janeiro  
Pedro Ernesto University Hospital / School of Nursing**

**How International Interchange Can  
Bring Benefits into Professional Lives**

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## How International Interchange Can Bring Benefits into Professional Lives

# globalized world



**nursing has an important position in the health workforce, developing and strengthening human resources for health and playing a vital role in improving health service delivery worldwide**

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**Previous World Health Assembly (WHA) resolutions to strengthen nursing and midwifery (WHA 42.27, WHA 45.5, WHA 47.9, WHA 48.8, WHA 49.1, WHA 54.12, WHA59.27 and WHA 64.7 )**

Ensuring an educated, competent and motivated nursing and midwifery workforce within effective and responsive health systems at all levels and in different settings;

Optimizing policy development, effective leadership, management and governance;

Working together to maximize the capacities and potentials of nurses and midwives through intra and interprofessional collaborative partnerships, education and continuing professional development; and

Mobilizing political will to invest in building effective evidence-based nursing and midwifery workforce development.



Global strategic  
directions for  
strengthening  
nursing and midwifery  
2016–2020



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- This study is based on the self-reported experience of preceptors from a 250 bed tertiary care university hospital located in Rio de Janeiro, Brazil where students from a School of Nursing in California visited wards, ambulatories, blood bank and the operating room.

Conducting this experience, one leader of the coordination applied four questions to preceptors who received the students in their wards.

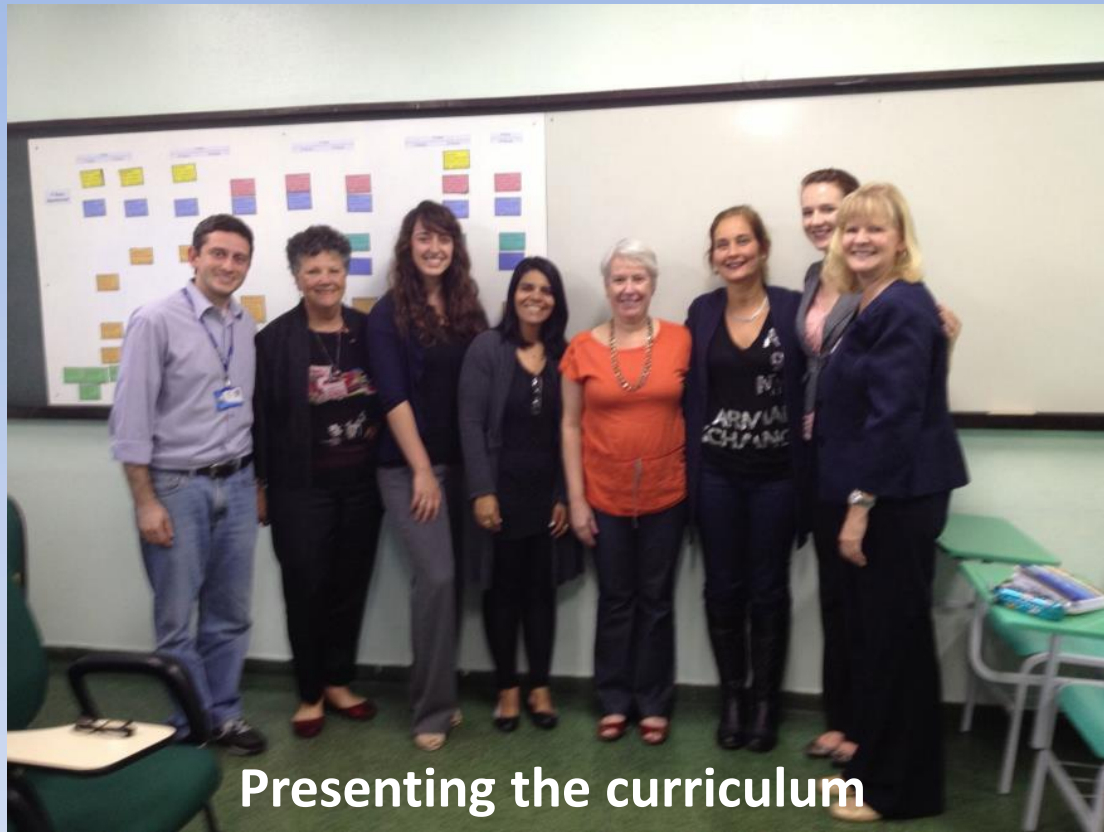
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### First visit in Pedro Ernesto University Hospital

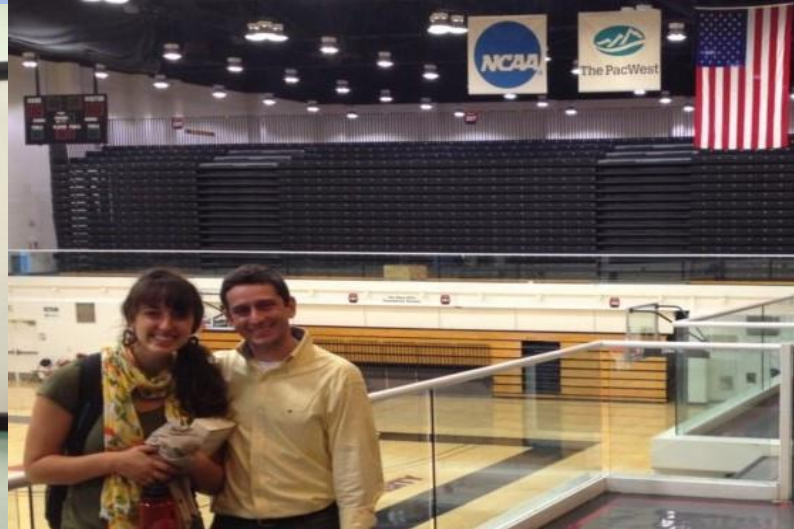
05/28/2013



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Presenting the curriculum



video conference

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### Results

A total of 17 eligible preceptors were invited to participate. From this total, 12 (71%) nurses with, at range of three to thirty years of experience in this Brazilian university hospital, answered the proposed questions.



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### The questions

1) What would you have to say about an international agreement? Do you think your hospital has this capacity?

“I think the agreement is extremely important, in terms of the exchange of knowledge and experience, and give us some visibility. I believe we have the capacity to do this, provided we structure and organize ourselves to receive them in a productive way”

“This type of agreement is interesting for both students and nurses, because it is a way of knowing the reality and the way of working from each place, including the various strategies that sometimes have to be performed for the assistance to be provided.”

“The international agreement with the institutions is valid for the enrichment and for the exchange of experiences. The HUPE has the capacity to receive them, but with the crisis, the scenario is not the best, my fear is to get a bad impression of the service due to the crisis.”

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### The questions

2) How did you engage the students for learning on your unit?  
Have there been repercussions in your unit?

“It was very cool, because besides being an exchange of information and realities, it also adds the languages, the conversation itself.”

“A pleasure, a curiosity, and the certainty that even in adversity we can always learn and teach.”

“It was very good contact with students from outside, mainly because they are from a country where health research and teaching are ahead of us.”

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### The questions

3) Do you think it is important to open the experience to experienced nurses as well?

“I find it very valid to receive nurses from outside and share experiences.”

“I think so. It allows exchange and mutual learning. Creates spaces to recreate practice. But the interest has to be collective, because these things have to be agreed with the section heads”

“...Not Only students, and professionals, yes !!!! Imagine our exchange!!!”

### The questions

4) Would you be interested participating in an exchange abroad?

“I think it would be a great challenge, to add knowledge with strategies through the little available resources that we have, but at the same time attending to so many different diseases...”

“No doubt I have a lot of interest in doing an exchange with other institutions from outside, this opportunity would bring me new knowledge and experiences.”

“Yes, it would interest me, but for now the language would be an obstacle”

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How create an organizational scenario to welcome a international students?

- 1) Sharing information about the agreement
- 2) Selecting which sectors/wards are able to receiving international students
- 3) Identify who can be the leader in both institutions
- 4) Create a chart flow with complete information (details of places, time, duration...)
- 5) Potenzialize a communication channel between all subjects



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### How to evaluate the student`s needs?

- 1) Keeping communication between leaders from both universities (personal letters, objective from students, willing to learning...)
- 2) Fostering a following evaluate process
- 3) Putting clearly a chart flow of activities

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How create a safe environment in a different country?

- 1) Giving information about the places where the students will face
- 2) Giving a list with names and phone numbers to looking for in case of emergency
- 3) Create strategies for dialogue

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A benefit of our international exchange includes learning about diverse people, cultures, belief systems, and worldviews which is essential for nurses to be effective in a person-centered profession.

This experience has formed new partnerships around the world, and promoted a setting where nurses/nursing students learn to care in a worldwide perspective.

Furthermore, they have an opportunity to share anxieties, curiosities, discoveries, difficulties, doubts, challenges, and methodologies. These attributes are important aspects to consider when using evidence based practice to improve and promote quality of life.

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# Perspectives to the Future

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## Nurses from Connecticut – Hartford University

03/25/2106



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“Do not go where the path may lead, go instead where there is no path and leave a trail.”

Ralph Waldo Emerson



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Thank you! Obrigado!  
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