

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
1. To identify and assess efficacy of alternative methods such as sensory modification to control pain during hospitalization and surgical procedures.	Various modalities of sensory modification, such as eye masks, earplugs, music intervention, and therapeutic touch will be examined in relation to reduction in pain levels.
2. To identify and assess efficacy of alternative methods such as environmental modification to control anxiety during hospitalization and surgical procedure.	Various modalities of sensory modification, such as eye masks, earplugs, music intervention, and therapeutic touch will be examined in relation to reduction in anxiety levels.
3. Identify nonpharmacological modalities for improving sleep as a way to control anxiety.	Presenter will explore sensory modification using earplugs and eye masks as related to reduction in sleep disturbance as a precursor to increased anxiety levels.