

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
The learner will describe the type and format of education provided to new parents to support breastfeeding to ensure healthy child growth.	Supporting breastfeeding involves educating parents on breast preparation, information about infant feeding (amount, frequency, infant behavior), common breastfeeding problems, and cultural adaptations.
The learner will discuss how to create a home-based educational curriculum that can be delivered by community health workers on child feeding and parenting guidance.	The guidance for community health workers includes training on human subjects protection, research designs, and participant recruitment. The curriculum includes child development, child behavior, and recommended nutritional guidelines for healthy growth.