References

Anderson, M. V., & Rutherford, M. D. (2013). Evidence of a nesting psychology during human pregnancy. *Evolution and Human Behavior*, *34*, 390-397. http://dx.doi.org/10.1016/jevolhumbehav.2013.07.002

Black, B. P., Holditch-Davis, D., & Miles, M. S. (2009). Life course theory as a framework to examine becoming a mother of a medically fragile preterm infant. *Researchin Nursing & Health*, 32, 38-49. http://dx.doi.org/10.1002/nur.20298

Branchi, I., & Cirulli, F. (2014). Early experiences: Building up the tools to face the challenges of adult life. *Developmental Psychology*, *56*, 1661-1674. http://dx.doi.org/10.1002/dev.21235

Chinn, P. L., & Kramer, M. K. (2014). In *Integrated theory and knowledge development in nursing* (8th ed.). St Louis, MO: Elsevier Mosby.

Converse, M. (2012). Philosophy of phenomenology: How understanding aids research. *Nurse Researcher*, 20. Retrieved from http://www.nurseresearcher.co.uk

Creswell, J. W. (2014). . In *Research design: Qualitative, quantitative, and mixed methods approaches* (4th ed. Los Angeles, CA: Sage Publications, Inc.

Dahnke, M. D., & Dreher, H. M. (2011). *Philosophy of science for nursing practice*. New York, NY: Springer Publishing Company, LLC.

Dunn, L. L., Handley, M. C., & Shelton, M. M. (2007). Spiritual well-being, anxiety, and depression in antepartum women on bed rest. *Issues in Mental Health Nursing*, *28*, 1235-1246. http://dx.doi.org/10.1080/01612840701651504

Earle, V. (2010). Phenomenology as research method or substantive metaphysics? An overview of phenomenology's uses in nursing. *Nursing Philosophy*, *11*, 286-296. Retrieved from http://www.ebscohost.com

Englander, M. (2012). The interview: Data collection in descriptive phenomenological human scientific research. *Journal of Phenomenological Psychology*, 43, 13-35. http://dx.doi.org/10.1163/156916212X632943

Henry, L. L. (2012). Building my nest. *Midwifery Today*, 17-20. Retrieved from http://www.midwiferytoday.com

Holloway, I., & Wheeler, S. (2010). . In *Qualitative research in nursing and healthcare* (3rd ed. West Sussex, United Kingdom: Wiley-Blackwell.

Johnston, J. (2004). The Nesting Instinct. *Midwifery Today*, 36. Retrieved from http://www.midwiferytoday.com

Krishna, U., & Bhalerao, S. (2011). Placental insufficiency and fetal growth. *Journal of Obstetrics and Gynecology India*, *61*, 505-511. http://dx.doi.org/10.1007/s13224-011-0092-x

Maloni, J. A., & Kasper, C. E. (1991). Physical and psychosocial effects of antepartum hospital bed rest: a review of the literature. *Image: Journal of Nursing Scholarship*, 23, 187-92. Retrieved from http://ebscohost.com

Maloni, J. A., Brezinski-Tomasi, J. E., & Johnson, L. A. (2001). Antepartum bed rest: Effect on the family. *Journal of Obstetric, Gynecolgical and Neonatal Nursing*, *30*, 165-173. http://dx.doi.org/10.1111/j.15526909.2001.tb01532.x.

Maloni, J. A. (2002). Astronauts and pregnancy bed rest: What NASA is teaching us about inavtivity. *AWHONN Lifelines*, *6*, 318-323. http://dx.doi.org/10.1111/j1552-6356.2002.tb00496.x.

Maloni, J. A., Park, S., Anthony, M. K., & Musil, C. M. (2005). Measurement of antepartum depressive symptoms during high-risk pregnancy. *Research In Nursing & Health*, 28(1), 16-26. doi:10.1002/nur.20051

Maloni, J. A. (2010). Antepartum bed rest for pregnancy complications: Efficay and safety for preventing preterm births. *Biological Research for Nursing*, *12*, 106-124. http://dx.doi.org/10.1177/1099800410375978

Maloni, J. K. (2012). Lack of evidence for prescription bed rest. *Expert Review Obsetrics and Gynecology*, *6*, 385-393. http://dx.doi.org/10.1586/eog.11.28

Mangaleshwari, M. N. (2014). Personality style: Anxiety sensitivity and percieved social support among the pregnant woman. *Language in India*, 14, 1-94. Retrieved from http://www.ebscohost.com

March of Dimes. (2014). Http://marchofdimes.com/mission/prematurity.html

Munhall, P. L. (2012). *Nursing research qualitative perspective* (5th ed.). Sudbury, MA: Jones Bartlett Learning.

Palladino, C. L., Flynn, H. A., Richardson, C., Marcus, S. M., Johnson, T. R., & Travis, M. M. (2011). Lengthened predelivery day and antepartum complications win women with depressive symptoms during pregnancy. *Women's Health*, *20*, 953-62. http://dx.doi.org/10.1089/jwh.2010.2380

Penticuff, J. H. (1982). Psychological implications in high-risk pregnancy . *Nursing Clinic of North America*, *17*, 69-78. Retrieved from http://www.ebscohost.com

Polit, D. F., & Beck, C. T. (2012). *Nursing Research: Generating and assessing evidence for nursing practice* (9th ed.). New York, NY: Wolters Kluwer Lippincott Williams & Wilkins.

Rubarth, L. B., Schoening, A. M., Cosimano, A., & Sandhurst, H. (2012). Women's experience of hospitalized bed rest during high-risk pregnancy. *JOGNN*, *41*, 398-407. http://dx.doi.org/10.1111/j.1552-6909.2012.01349.x

Sadala, M. L. (2001, October 25). Phenomenology as a method to investigate the experience lived: A perspective from Husserl and Merleau Ponty's thought. *Journal of Advanced Nursing*, *3*, 282-293. Retrieved from http://ebscohost.com

Saldana, M., & Adorno, R. (2002). Phenomenology as a method to investigate the experience lived: A perspective from Husserl and Merleau Ponty's though. *Journal of Advanced Nursing*, *37*, 282-293. Retrieved from http://www.ebscohost.com

Sosa, C., Althabe, F., Belizan, J., & Bergel, E. (2006). Bed rest in singleton pregnancies. *The Cochrane Collaboration*. http://dx.doi.org/10.1002/14651858.CD003581.pub2

Sprague, A. E. (2004). The evolution of bed rest as a clinical intervention. *JOGNN: Journal of Obstetrics, Gynecological & Neonatal Nursing, 33*(5), 542-9. http://dx.doi.org/10.1177/0884217504268523

The VOICE Group. (2009). The involved ostrich: Mothers' perceptions of fathers' participation in the transition to parenthood. *Advances in Consumer Research*, *36*, 254-259. Retrieved from http://ebscohost.com

Vivar, C. G., McQueen, A., Whyte, D. A., & Armayor, N. C. (2007). Getting started with qualitative research: Developing a research proposal. *Nurse Researcher*, *13*, 60-73. Retrieved from http://www.ebscohost.com

Wildschut, H. J. (2006). Prepregnancy antecedents of a high risk pregnancy. In *High risk pregnancy management options* (3rd ed.). Philadelphia,PA: Elsevier Sanders.

World Health Organization. (n.d.). http://worldhealthorganization