

**References:**

Anz N., K., Becker, M.,H., (1984). The health belief model: A decade later. *Health Education Quarterly*, 11(1),1-47.

Center for Advancing Health. (2010). A new definition of patient engagement: What is engagement and why is it important? Retrieved from [http://www.cfah.org/pdfs/CFAH\\_Engagement\\_Behavior\\_Framework\\_current.pdf](http://www.cfah.org/pdfs/CFAH_Engagement_Behavior_Framework_current.pdf)

CMS.gov Centers for Medicare and Medicaid Services. (2016). <https://www.cms.gov/Medicare/medicare-fee-for-service-payments/acuteinpatientPPS/readmission-reduction-program.html>

Centers for Disease Control and Prevention-Chronic Disease Prevention and Health Promotion. (February 17,2016). [www.cdc.gov/chronidisease/stats](http://www.cdc.gov/chronidisease/stats)

Do, V., Young, L., Bamason, S., & Tran,H. (2015). Relationships between activation level, knowledge, self-efficacy, and self management behaviors in heart failure patients from rural hospitals. *US Library of Medicine National Institute of Health*. Retrieved from <http://dx.doi.org/10.12668/f100research6557.1>

Eng, D.S. & Lee, J.M. The promise and peril of mobile health applications for diabetes and endocrinology. *Pediatric Diabetes*, 14. doi:10.1111/pedi.12034

Anz N., K., Becker, M.,H., (1984). The health belief model: A decade later. *Health Education Quarterly*, 11(1),1-47.

Martinez-Perez, B., Torre-Diez, I., & Lopez-Coronado, M. (2013, June). Mobile health applications for the most prevalent conditions in the world health organization: Review and analysis. *Journal of Medical Internet Research*, 15(6). doi:10.216/jmir.2600

<http://mobihealthnews.com/31580/mayo-clinic-study-finds-app-reduces-cardiac-readmissionsby-40-percent/>

014;11:130389. DOI: <http://dx.doi.org/10.5888/pcd11.130389>

National eHealth Collaborative. (2012). The patient engagement framework. Retrieved from <http://www.nationalehealth.org/patient-engagement-framework>

Polit, D., F., Beck, C., T., *Nursing research: Principles and methods (7<sup>th</sup> ed)*. Retrieved from Lippincott Williams and Wilkins

Reardon,S., (2015). Avoidable readmissions cost CMS \$17 billion. *RevCycle Intelligence*. Retrieved from <http://revcycleintelligence.com/news/preventable-readmissions-cost-cms-17-billion/>

Sama, P.R., Eapen, Z.J., Weinfurt, K.P., Shah, B.R., & Schulman, K.A. (2014, May). An evaluation of mobile health application tools. *JMIR mHealth and uHealth*, 2(2). doi:10.2196/mhealth.3088

Su, Y., Knoth, J., Patel, S., (2014). Improve cardiac health and prevent avoidable heart failure readmissions: There's an app for that! *Remington Report*, 24-31. Retrieved from [remingtonreport.com/images/rem\\_nd14-Readmissions.pdf](http://remingtonreport.com/images/rem_nd14-Readmissions.pdf)

Ward BW, Schiller JS, Goodman RA. Multiple chronic conditions among US adults: a 2012 update. *Prev Chronic Dis*.