

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
The learner will be able to identify at least three opportunities for improvement within current education delivery models for patients with chronic conditions.	Review the significance that ineffective self management practices pose on increased avoidable readmission amongst patients with chronic conditions. Identify opportunities for improvement that exist within current self management education delivery models for patients with chronic conditions.
The learner will be able to describe at least three features of the "Manage ME" chronic condition self management education model that serve to ensure that self management patient education is delivered to every patient in a consistent, progressive, and successful manner.	Review the key factors that lead to the creation of the evidence based "Manage ME" model for the delivery of self management focused education for patients with chronic conditions. Provide summary of clinical outcomes related to the implementation of the "Manage ME" model via the "WOW ME 2000" Heart Failure Self Management Toolkit and the "MEET ME @ 7" Diabetes Self Management Toolkit.
The learner will be able to describe at least three potential benefits to the incorporation of technology (utilizing a smart device) into the daily self-management practices of patients with chronic conditions.	Provide an interactive demonstration of a "Mobile ME" Self Management Smart Phone App. using the WOW ME 2000 Heart Failure Self Management App. for the demonstration. Provide a brief review of lessons learned Provide overview of current and future implications of this work including a preview of the next three self management toolkits that are currently in development.