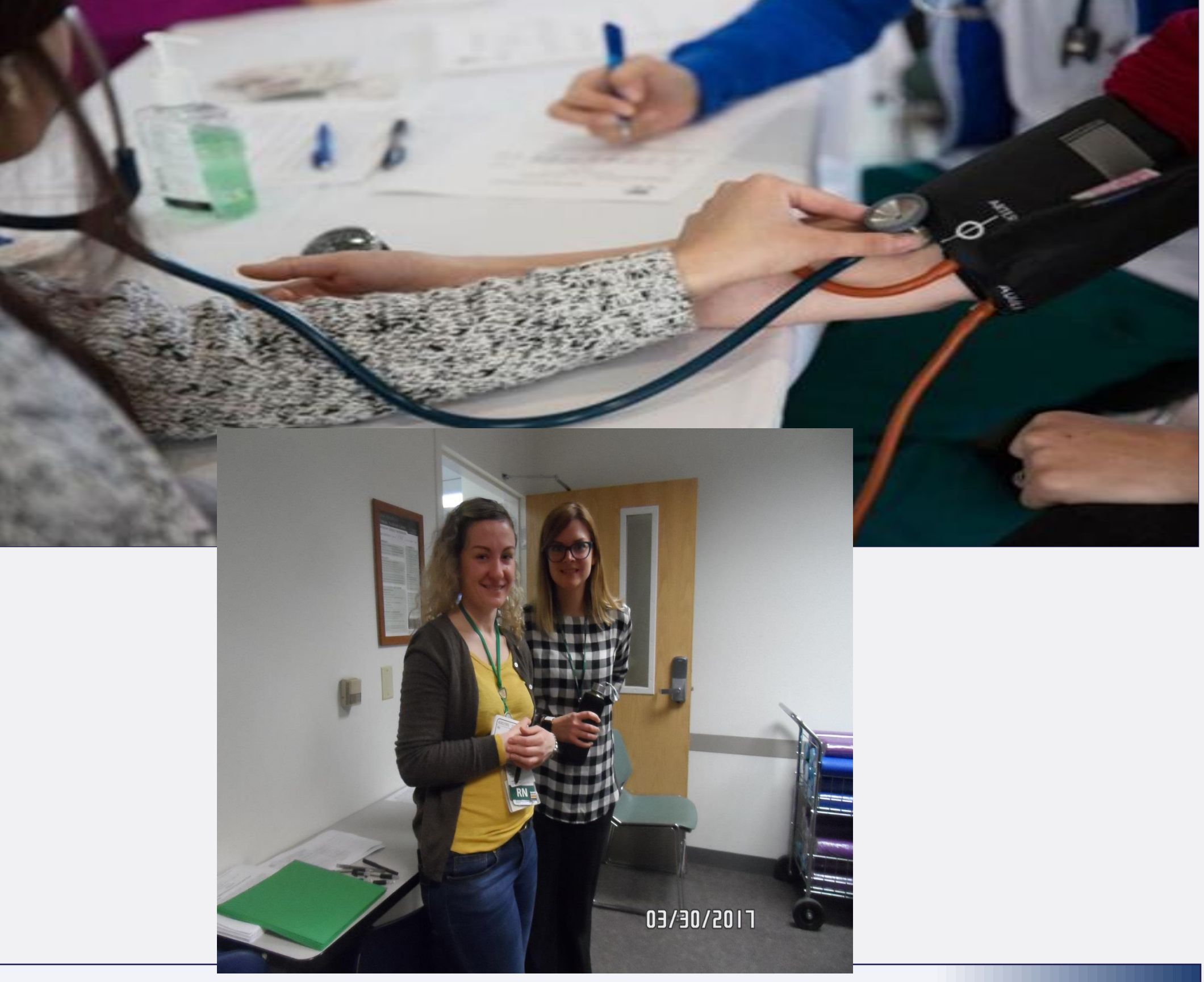


Background

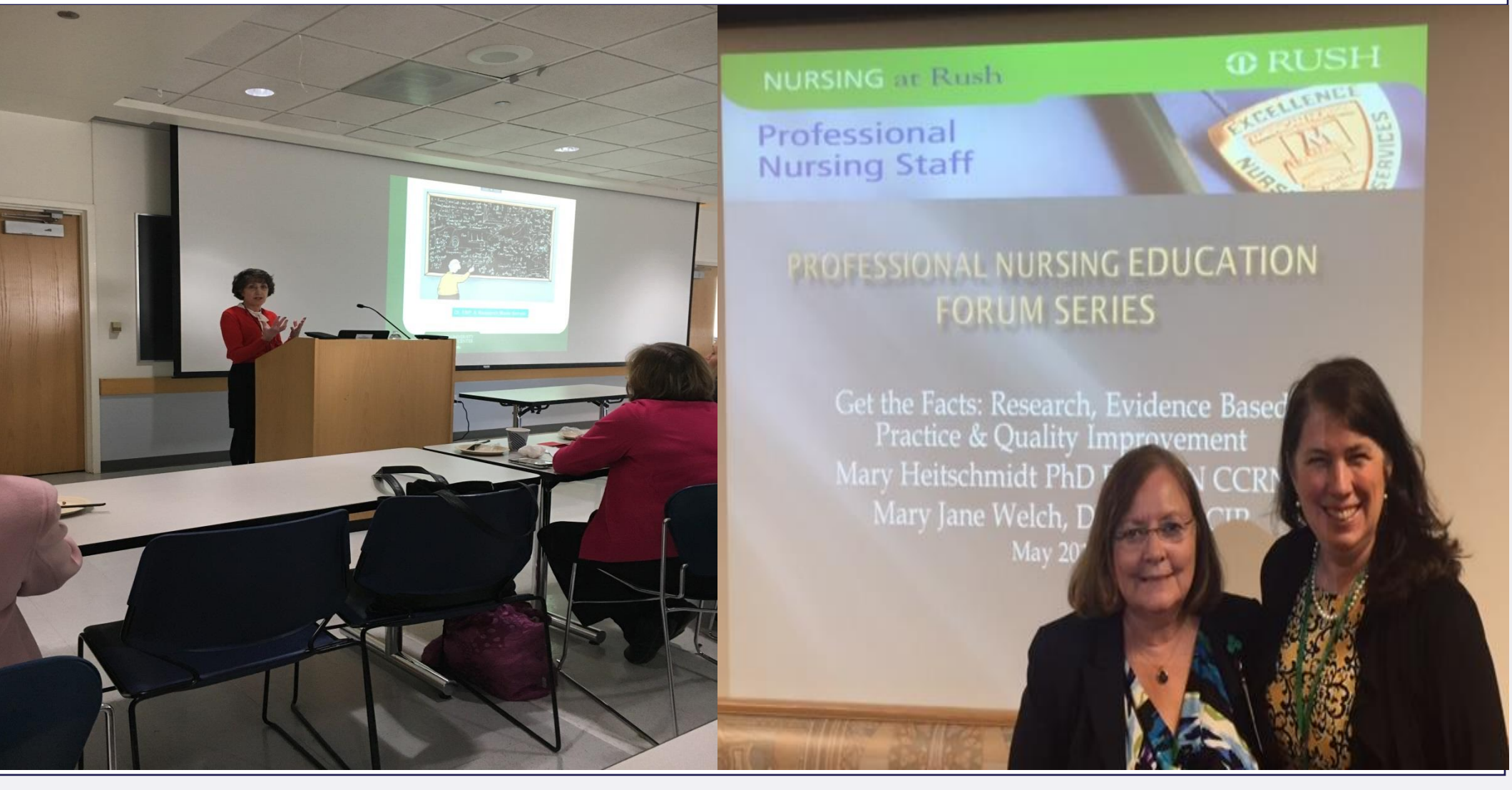
- The American Association of Colleges of Nursing:**
- Supports partnership opportunities
 - Between academic nursing and academic health centers
 - Information to operationalize a systematic approach connecting
 - Bedside clinical nurses
 - Interested in conducting evidence based practice projects and research
 - Nursing faculty
 - Experienced with scholarship activities
 - Sparsely found in the literature

- Health care systems:**
- Expectation: Clinical nurses participate and lead research and evidence-based practice (EBP) projects
 - Achieve and maintain Magnet® status
 - Highest recognition for nursing excellence.



Purpose

To describe a unique academic nursing faculty mentoring project which provides faculty with the resource tools needed to work with clinical nursing staff and multidisciplinary project teams who want to engage in clinical evidence based practice and research projects.



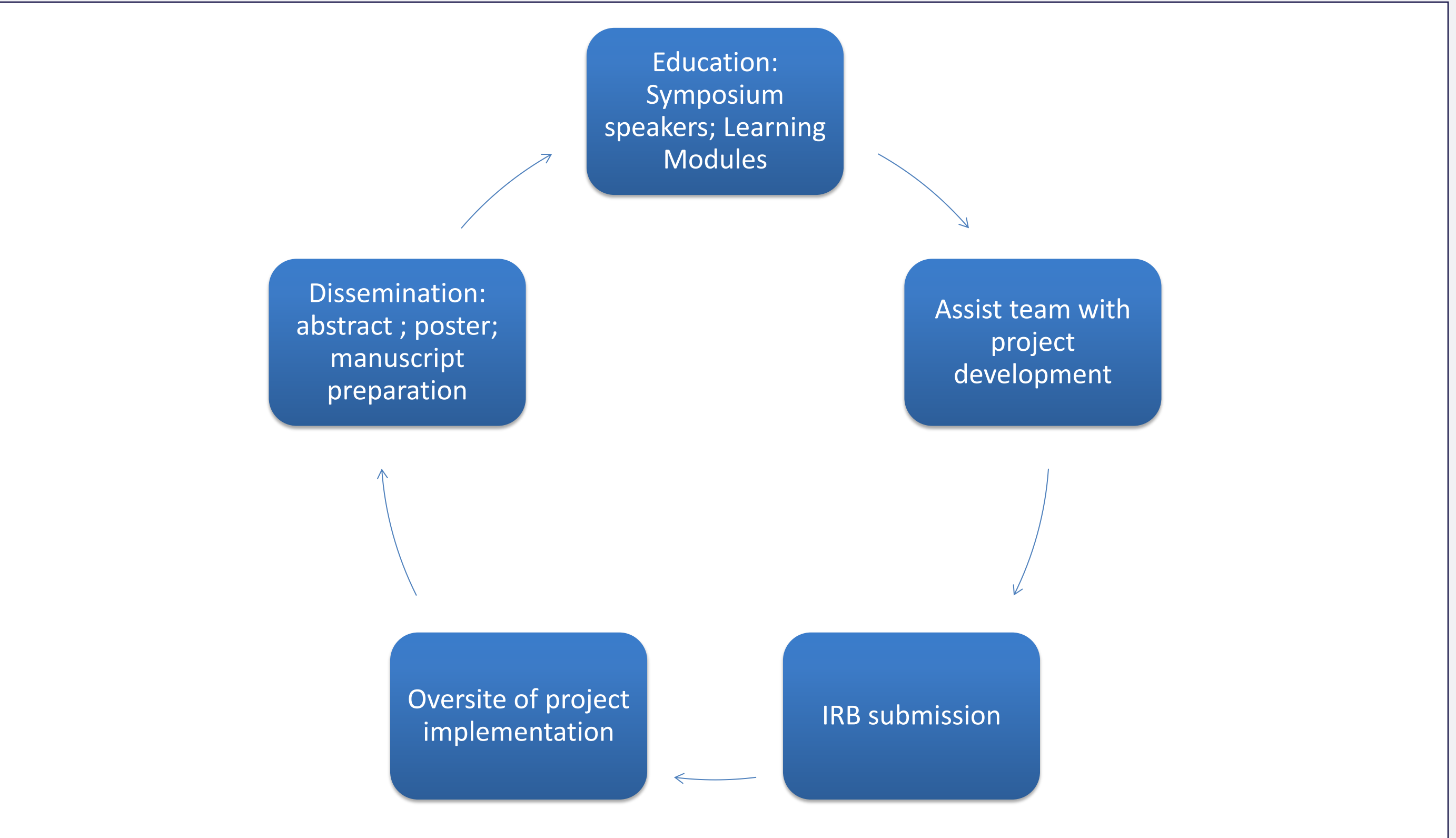
Description

- Center for Clinical Research and Scholarship (CCRS)**
- Established in 2007
 - Joint venture between
 - Medical health care system-Rush System for Health
 - College of Nursing (CON) within the Rush System
 - Midwestern region of the United States.
 - One objectives of the CCRS
 - Promote clinical nursing research
 - Improves clinical practice and patient outcomes.
 - Supports clinical research and scholarship activities within the health care system to
 - Promote best practices in patient care and improvements in health care delivery

- Team Members**
- Director and two Assistant Directors
 - PhD Prepared nurses
 - Various clinical/faculty expertise, academic appointments, and research trajectories
 - Report to Dean College of Nursing
 - Connected to two hospitals within the system
 - Administrative assistant support

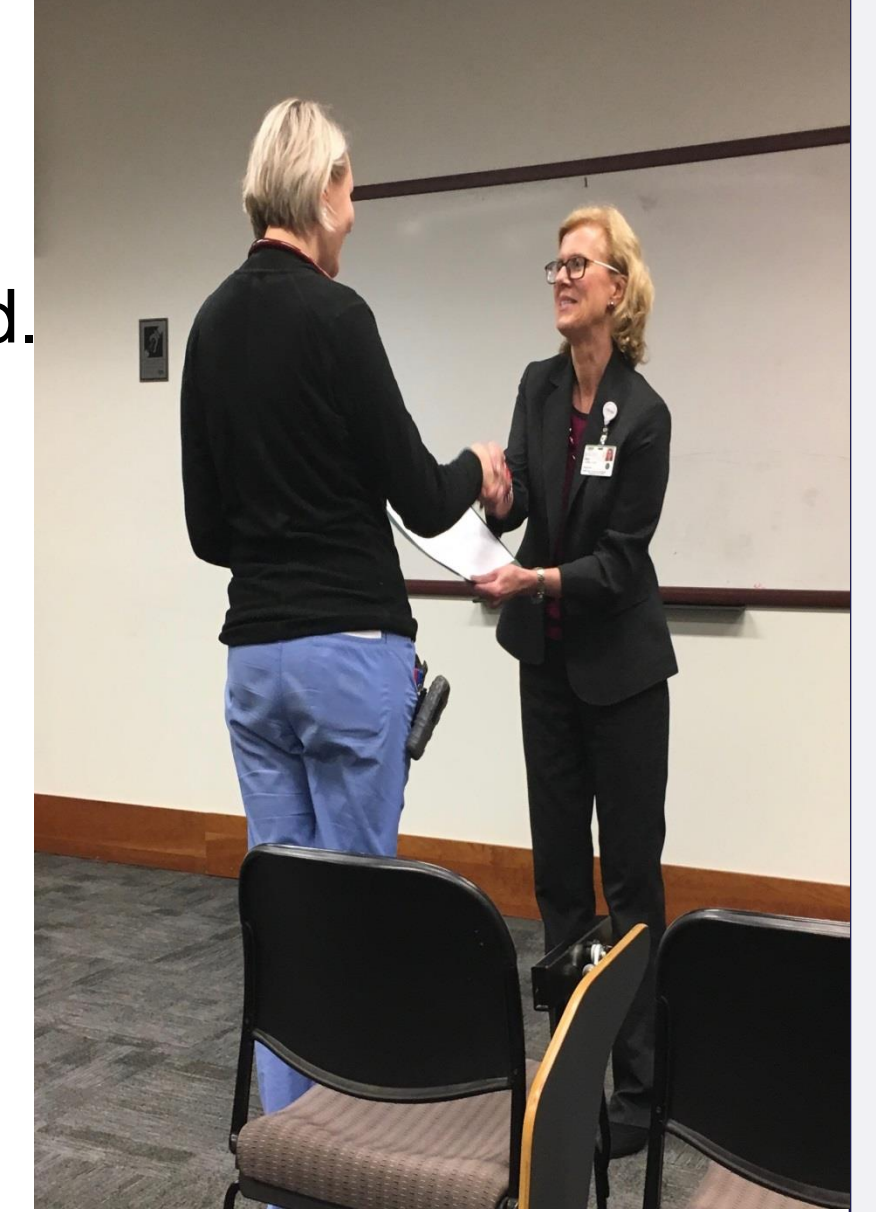
- Nursing Faculty**
- Members CCRS established guidelines provided to nursing faculty
 - Interested scholarship opportunities
 - Working with clinical nurses on EBP and research work
 - Faculty identify their areas of interest - matched to a clinical project
 - Referrals from health care system clinical nurses or nursing leaders requesting faculty project involvement
 - Matched with CON faculty with expertise and interest in the work
 - Projects connecting faculty to clinical nurses address variety of patient and clinical care topics
 - Peri-operative music therapy
 - Mind diet in oncology population
 - Medication adherence outpatient setting
 - Using technology to maintain hydration status in ostomy patients
 - Acceptance and commitment therapy implementation
 - Mindfulness, stress, and burnout in health care professionals

Faculty Mentor Consult Roles



Mentoring Guidelines

- To assist you with your mentoring role please follow these established guidelines:**
1. Set an initiation meeting with the project team. In addition to discussion of the project, the initial meeting should include:
 - Review of resources available on Sharepoint (EBP/Research Algorithm; CNS Mentoring tool; Funding Opportunities; IRB information; etc.).
 - Review support of unit leadership. It is best to include unit leader in the initial meeting with the mentee. Unit leaders should be provided periodic updates by the mentee.
 - Review appropriate human subject protection that is anticipated with the project. Provide CITI and Rush Research training information or information about Form 118 to the mentee.
 - Review the need to update the PNS EBP/Research committee. The goal is that an update be provided every 4-6 months regarding the progress of the project.
 - Review that dissemination of project through oral/ poster presentation or manuscript submission is expected. An acknowledgement to the Center for Clinical Research and Scholarship support should be included.
 - Discuss timeline of project. This varies with each project but the mentor should emphasize that developing, implementing, and disseminating projects is very time consuming and that it is important to break down the project into small steps.
 - Emphasize the importance of upholding the RUSH I-Care (Innovation, Collaboration, Accountability, Respect, and Excellence) values during all meetings and project work.
 - These points discussed on an ongoing basis during the project work.
 - Consider use of the RUSH-way methodology for quality improvement projects
 2. If assistance is need with a literature review, refer the mentee to Tania Rivera, a reference librarian at the Rush Library. Her email is: Tania_Rivero@rush.edu
 3. The Faculty Mentor should schedule, at a minimum, monthly meetings with the mentee. At the conclusion of each meeting, it is suggested that the next meeting should be scheduled. The agenda for the next meeting should be set once the meeting is scheduled.
 4. For questions please email any member of the Center for Clinical Research and Scholarship: Ruth Kleinpell (ruth_m_kleinpell@rush.edu), Beth Staffileno (Beth_a_Staffileno@rush.edu), or Mary Heitschmidt (Mary_G_Heitschmidt@rush.edu).



Conclusions

This distinctive partnership between CON faculty and clinical nurses is an example of how to systematically elevate clinical scholarship in an academic medical center with the intent of providing improved patient care outcomes from the results of EBP or research projects, opportunities for faculty to participate in scholarship as clinical mentors, and positive leadership experiences for both clinical nurses and CON faculty.

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