### Learning Activity:

<table>
<thead>
<tr>
<th>LEARNING OBJECTIVES</th>
<th>EXPANDED CONTENT OUTLINE</th>
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| Examine how unconscious biases can impact the care given to a patient                | 1. Define bias and what personal biases one might have  
2. Discuss background of why weight bias has become an issue and how healthcare workers' negative attitudes can negatively impact the delivery of quality nursing care |
| Enhance personal and professional practices to optimize sensitivity to the needs and concerns of patients | 1. Discuss how a bariatric sensitivity intervention can be delivered within the prelicensure nursing curriculum.  
2. Explore obesity issues such as perceptions of causality, biases, and care concerns.  
3. Review of study results of how prelicensure nursing students' attitudes and beliefs improved on some of the measures immediately after the intervention and how improvements in beliefs/attitudes can be sustained for long-term effects. |