

Learning Activity:

| LEARNING OBJECTIVES | EXPANDED CONTENT OUTLINE |
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| Participants will discover the importance of using a participatory approach to involve bedside nurses, and other disciplines in the conduct of nurse-led research to overcome insufficient older adult mobilization. | To overcome the barriers that nurses may encounter to promote the mobility of hospitalized older adults, bedside nurses need to be engaged in nurse-led research. |
| Further, participants will learn how using a participatory approach may serve as a springboard to build capacity for nurse-led research at the bedside. | Using an interdisciplinary participatory approach to conduct nurse-led research in the clinical setting is beneficial to generate a culture of inquiry in nurses with varying educational degrees, and in a variety of roles, and other disciplines. This has resulted in the generation of other, relevant research studies, and evidence-based practice projects with the overarching aim of improving mobility in hospitalized older adults. |