

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
The learner will be able to knowledge, the effect of the program "Don't Bite Your Nails, Cut Them" in changing the nail biting behavior.	The population of the study, conducted with pretest/posttest quasi-experimental design, consisted of 299 students who were studying in the first and fourth grades of a primary school located in Istanbul in 2015 (N=1083), had nail biting (n=339), and were voluntary to participate in the study, and whose parents gave consent. The data of the study was collected by using the questionnaire of descriptive information and independent variables, "schedule for follow-up of the nail biting behavior", and the photographs of hands.
The learner will be able to knowledge, process of the Program "Don't Bite Your Nails, Cut Them.	<ul style="list-style-type: none">• The schedule for follow-up of the nail biting behavior was delivered to them and the photographs of their hands were taken.• A training on nail biting behavior was provided to the students and their parents and brochures were delivered.• Counselling was provided by making assessment according to schedule for follow-up of the nail biting behavior.