**Background**

**Heart Disease in US**
- 1 in 3 deaths.
- Most prevalent in adults age 65 and older.
- Most prevalent in women.
- 700k people have a heart attack every year.
- Causes 400,000 deaths annually.
- About 200,000 women die from heart attack annually.

**Heart Disease Worldwide**
- 31% of all global deaths.
- Most in low and middle income countries.
- Coronary heart disease is the most common type of heart disease.
- Over 7 million deaths due to coronary heart disease worldwide annually.
- About 46% of women die from coronary heart disease annually.

**Older Women in the US**
- Longevity: Women live an average of six years longer than their male counterparts (Fowles & Greenberg, 2011).
- Life Expectancy: The life expectancy of women in 2012 was over 80 years.
- Chronic Disease: Women are more likely to have chronic diseases than men, and they tend to live longer with them.
- Marital Status: Approximately 40% of women over age 65 are widowed.
- Housing: Nearly 80% of all older adults living alone are women (Fowles & Greenberg, 2011).
- Financial: Older women have lower annual incomes than men (Howden & Meyer, 2011).
- Households: Older women are more likely to be poor with annual incomes of less than $10,000.

**HRQoL**
- Older women report lower HRQoL scores compared to men (CDC, 2012b).
- Differences in age groups.

**Methodology / Results**

**Heart Disease Related to Age**
- t-test comparison of marital status.
- Women over 70 have lower Vitality (p=.01).
- Significant finding over age.

**Heart Disease Related to Ethnicity**
- t-test comparison of marital status.
- Non-white women reported lower level of general health.
- Test comparison of social functioning.

**Relationship Between Hope and HRQoL**
- Relationship between health domains of SF12 and HRQoL is strong.
- Higher levels of hope correlate with higher levels of HRQoL.

**Conclusions / Implications**

**Implications for Practice**
- Assessment using SF12 & HHI routine with older adults.
- Differences in age groups.
- Ethnic health disparities.
- Psychosocial needs.
- Uncovering urgent needs.
- Risk for depression.

**Assessment**
- Special focus on age
- Special focus on ethnicity.
- Special focus on psychosocial function.

**Hindering and Fostering Hope**
- Physical and emotional comfort.
- Setting realistic goals.
- Plann Hope Fostering Strategies.

**References**

**Deceptive Statistics**

**Heart Disease Worldwide**
- Heart disease is the #1 cause of death worldwide.
- 7.4 million people die from heart disease annually.

**HEART DISEASE IN US**
- Heart disease is the #1 cause of death in the U.S.

**HEART DISEASE WORLDWIDE**
- Heart disease is the #1 cause of death worldwide.
- 31% of all global deaths.
- Most in low and middle income countries.