

# A REDEMPTION STORY

## A CASE STUDY OF A FAITH-BASED ADDICTION RECOVERY PROCESS

BY

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# Acknowledgements

**SPECIAL THANKS TO.**

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**ALL THE PARTICIPANTS**



# The Study

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**“A DESCRIPTIVE CASE STUDY OF FAITH IN  
SUBSTANCE USE DISORDERS AND  
ADDICTION RECOVERY PROCESS IN A  
FAITH-BASED REHABILITATION  
PROGRAM.”**

# Background



**Repetitive, uncontrolled behavior**



**Live without hope**



**Illicit Drug use in America**



**24 million Americans use illicit drugs**



**Gender differences influence drug addiction**



**Women are prone to addiction**




**90% of the addicts did not seek treatment**

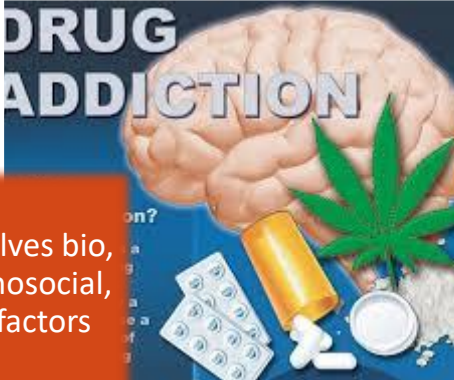
# The Problem




Complex and  
Challenging process  
of Recovery



Addiction and  
Mental Health  
Comorbidities



Addiction involves bio,  
physical, psychosocial,  
and cultural factors



Addiction recovery  
requires holistic  
interventions

# Purpose

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**To describe a Faith-Based addictions Substance Use Disorders(SUD) recovery program and the influence of this program on the healing of body, mind, and spirit and the restoration of hope for women recovered from substance use disorders and addictions.**



# Research Questions

**How does a faith-based recovery program shape or guide the healing of body, mind, and spirit and restoration of hope for female drug addicts?**

**How do female drug addicts in a faith-based program perceive God in the midst of their addiction crisis and their journey to recovery?**

**How do female drug addicts in a faith-based program perceive their relationship with God?**

**How do female drug addicts in a faith-based program plan for the future?**

**How do the caregivers and counselors in a faith-based recovery program perceive the three elements of faith-based recovery process: God-centered crisis, communication with God, and planning for the future?**

**How do the artifacts and documents in a faith-based recovery program reveal the three elements of faith-based recovery process: God-centered crisis, communication with God, and planning for the future?**

# Review of the Literature

Topics	Research Studies	Peer Reviewed Articles	Stand Alone Websites	Scholarly Texts
History	4	3	0	1
Category 1	20	12	2	4
Category 2	15	9	10	5
Category 3	13	6	1	4
Category 4	23	8	1	1
Category 5	8	3	0	0
Category 6	18	18	2	3
Totals	100	59	16	18



# Review of the Literature

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Category 1: Definition clarity of the concepts:  
Faith, Religion, and Spirituality

Category 2: Substance Addiction

Category 3: Healing of Body, Mind, and Spirit

Category 4: Faith and Hope

Category 5: Faith-Based Organizations

Category 6: Faith and Nursing Practice

# Theoretical Framework

## Social Process Theory: Understanding God as Sponsor

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Christian Faith-Based Recovery Theory  
based on an Evangelical-Christian-based perspective (Timmons, 2012).



# Research Methodology

## Qualitative Single Embedded Case Study Design

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**Case**                      **Faith-Based Recovery Program**

### EMBEDDED UNITS OF ANALYSIS

1. Women recovered from addiction
2. Caregivers of the faith-based program
3. Artifacts



# Significance of the Study Design

## Case study research & Interpretivism

Understand the meaning within the real world context



Interpretive paradigm

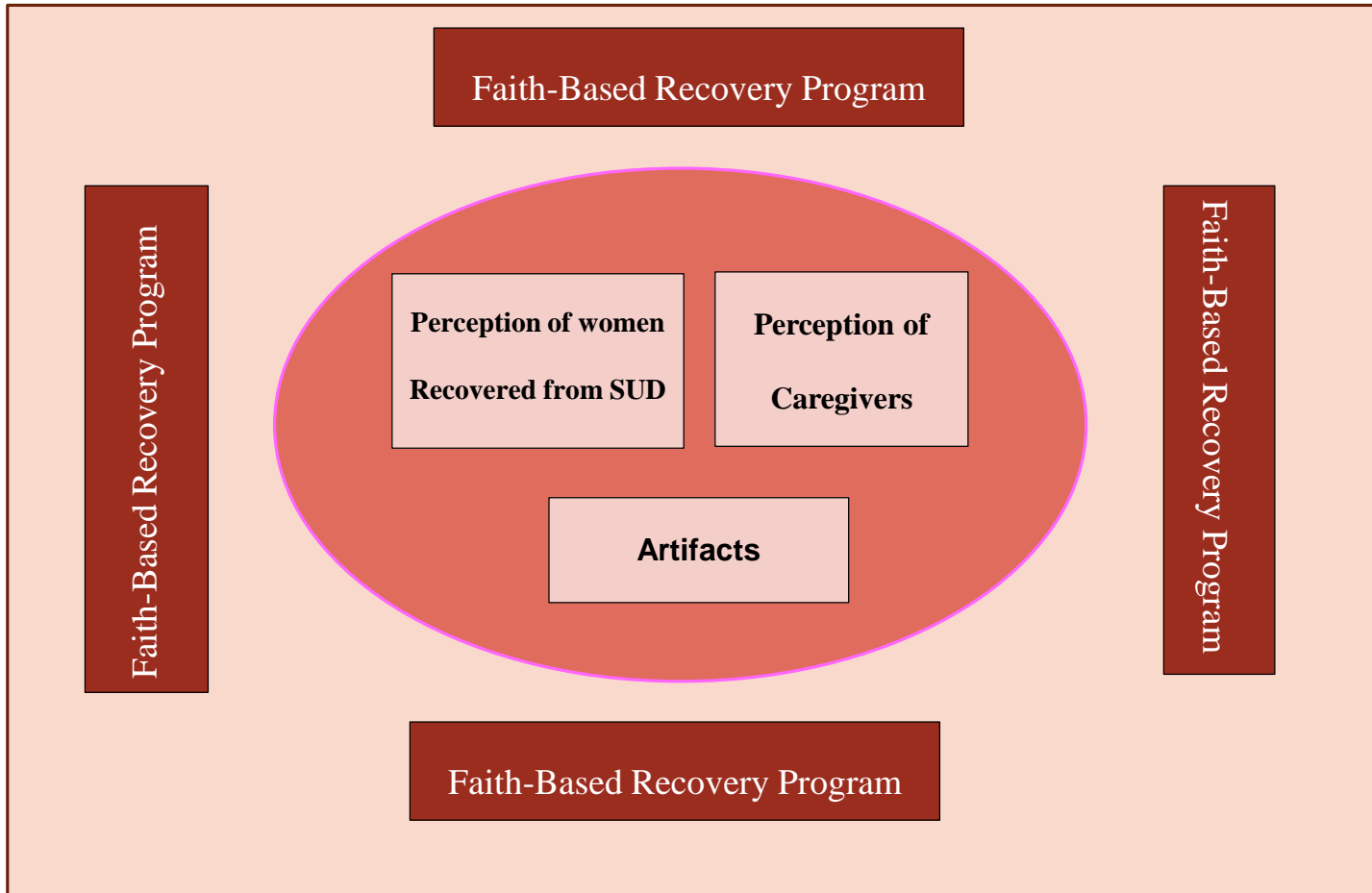


Understanding through process of interpretation



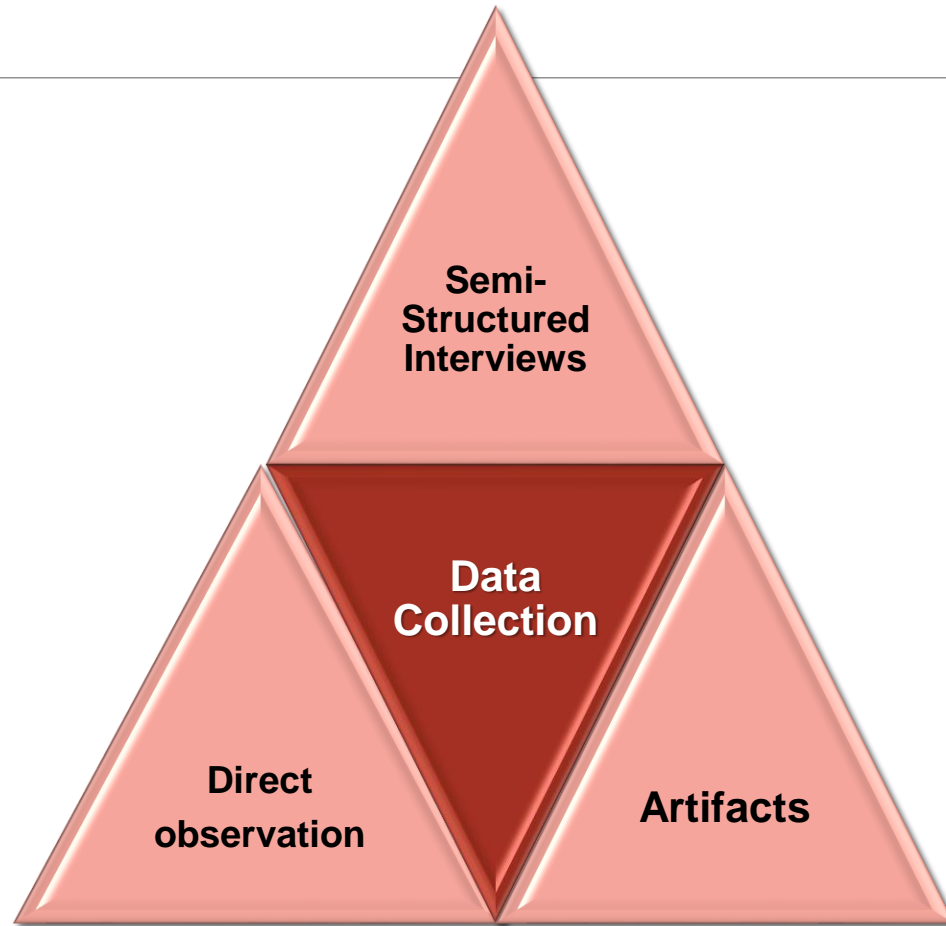
Interpret the existing meaning of the concept.

# Embedded Units of Analysis



# Data Collection Process Triangulation

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# Analysis of Data

## *Stages of Analysis*

**Stage I: Identifying the Units of Analysis**

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**Stage II: Open Coding**



**Stage III: Closed Coding**



**Stage IV: Identifying Interview Quotes**



**Stage V: Constant Comparison**

# Themes: Major Themes

Themes	Sources	References
Battling with Addiction	28	170
Love Unconditional and Divine	26	95
I Know I Have a Future	24	169
New Hope, New Dreams, and New Life	22	149
I'm a New Person	26	101



# Subthemes

Subthemes	Sources	References
Communication with God	12	20
Transformation	10	16
Rejection, Abuse, and Hopelessness	10	17
I was beyond help	14	27
Relationship with God	24	44
God help me	13	15
Your love is greater God	17	27
God has a plan for me	20	59
Giving back	11	17
Dealing with the Roots	10	36
Knowing God is a Key to Healing		
Process	18	27
The Restoration in My Life	23	59

# Outliers

Outliers	Sources	References
Sense of Peace	7	17
Surrendered life	10	10
Sense of belonging	11	16
Unconditional love	2	10
Presence of God	5	5
Forgiveness	4	5
Coping from addiction	3	7
God can help me	2	2

# Theme One: I was Battling with Addiction; Beaten down and Destroyed

## *Figurative summary of theme one*

**Subtheme One: I WAS BEYOND  
HELP; I SHOULD HAVE BEEN DEAD**



**Subtheme Two: ABUSE, REJECTION,  
AND HOPELESSNESS**



# Theme Two: In you, I found a Love Unconditional and Divine

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## Subtheme One: **communication with God**



## Subtheme Three: **Transformation**



## Subtheme Two: **Relationship with God**

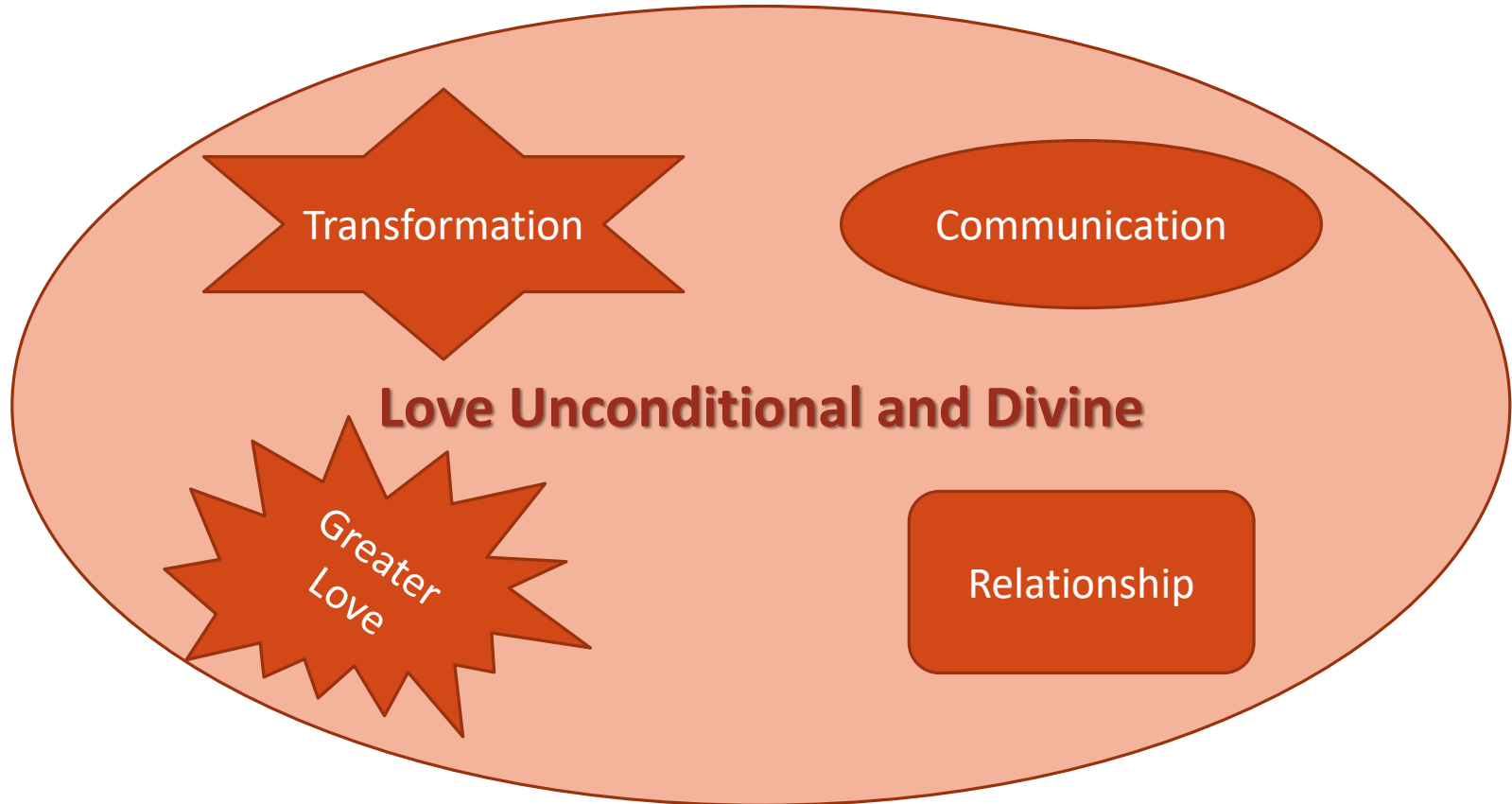


## Subtheme Four: **Your Love is Greater God**



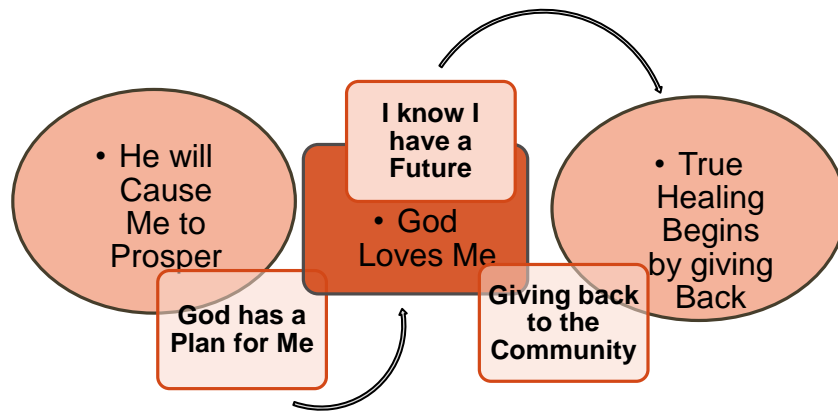
# *Figurative summary of theme Two*

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# Theme Three: I Know I Have a Future

## *Figurative Summary of Theme Three*



## Subtheme One: God has a Plan for Me



## Subtheme Two: Giving Back



# Subtheme Two: Giving Back

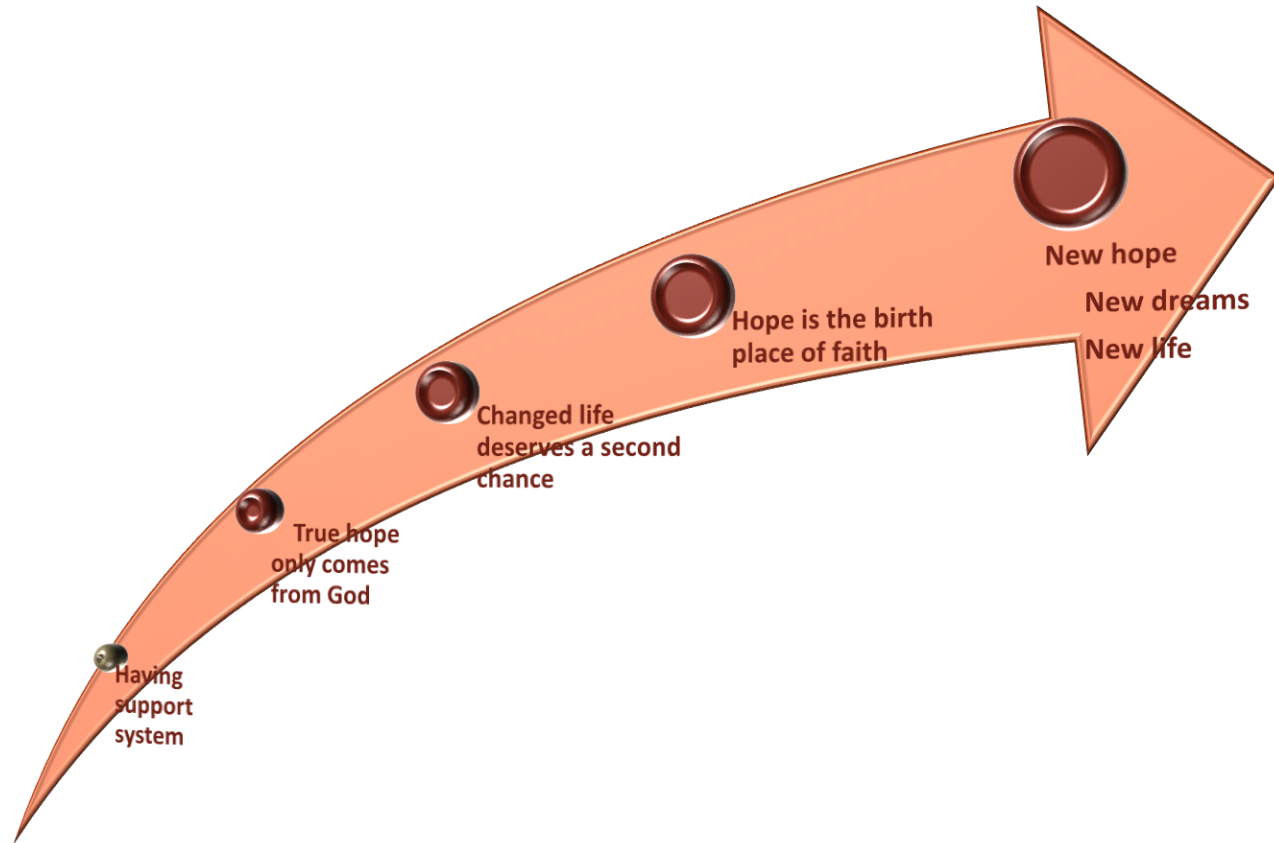
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Dream center participants dressed as clown distributing hotdogs to children

# Theme Four: New hope, New Dreams, and New Life

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# Support System

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# Theme Five: I'm a whole new person. I'm becoming the person God created me to be.

## Subtheme One: Dealing with the Roots.

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## Subtheme Two: Getting to know God is a Key to Healing Process

## Subtheme Three: The Restoration in My Life is Beyond Measure



# Theme Five: I'm a whole new person

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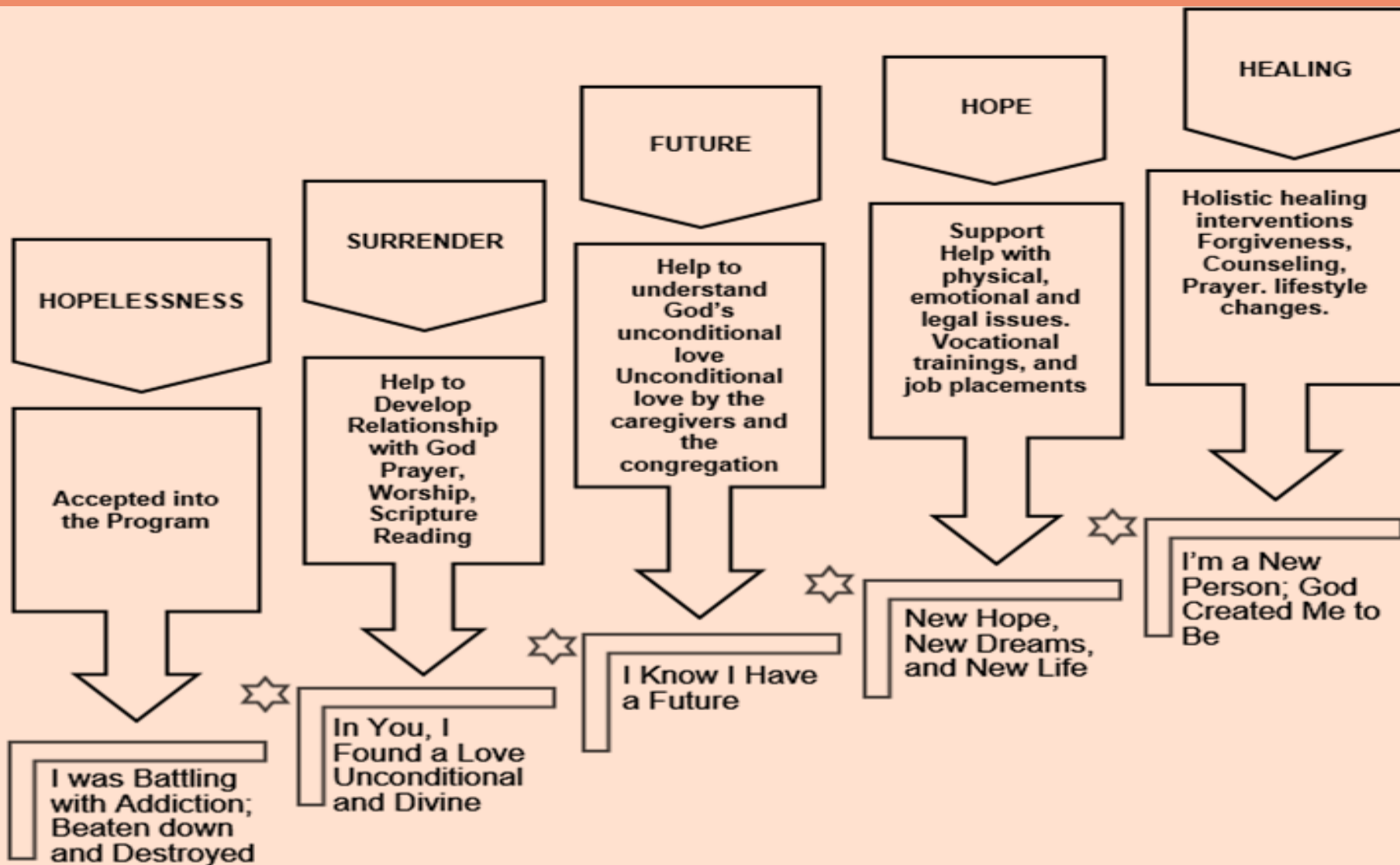
*A story of success*



*Graduation day*



# Case Description and The Recovery Process Steps



# Limitations



**Alternative  
explanations  
and causal  
inferences**



**Behavior of  
one  
organization**



**Limited to a  
specific faith-  
based  
program**

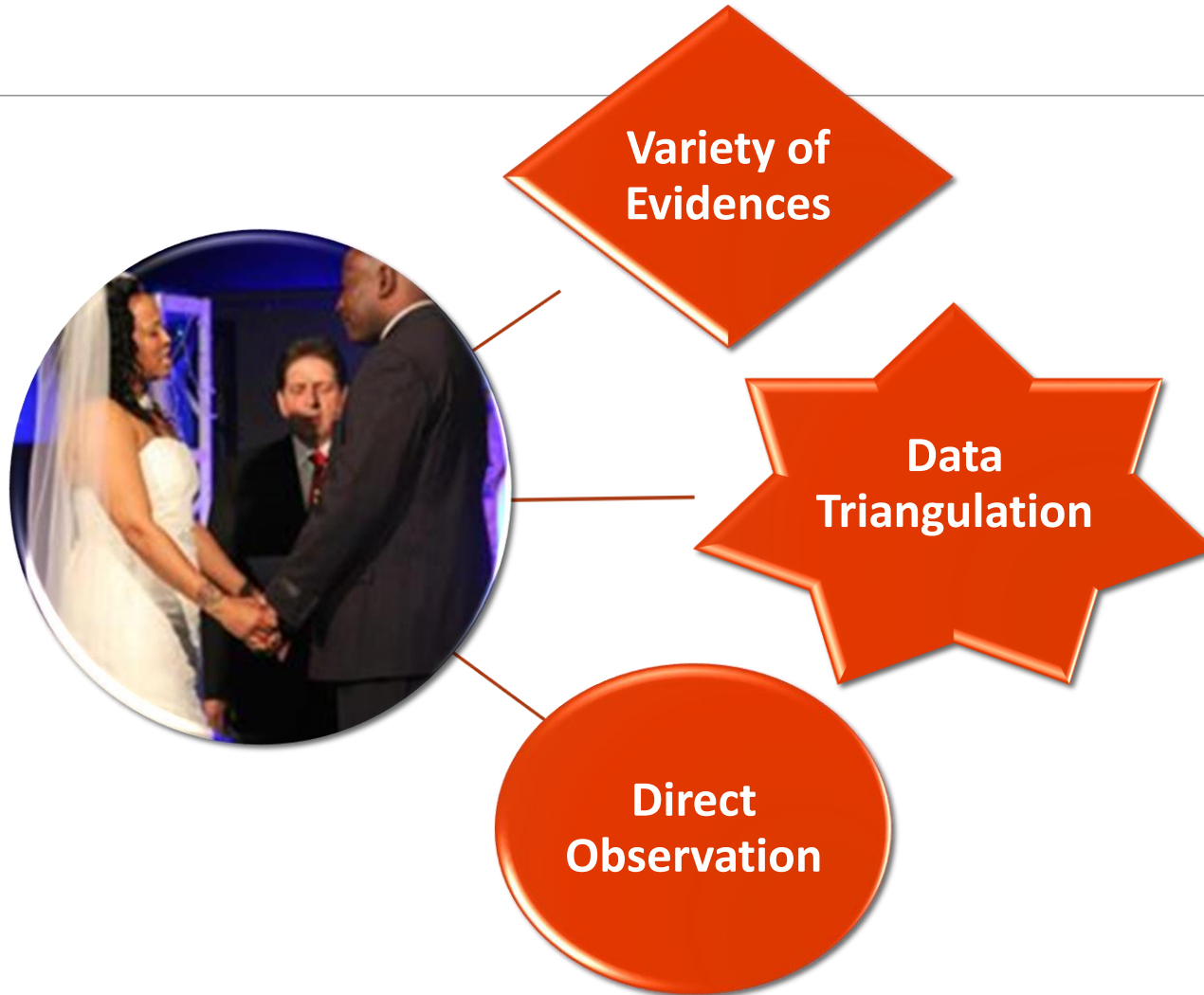


**Purposive  
samples**



# Strengths

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# Contributions to Leadership

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**Empower Nurse leaders to create a spiritual environment**



**Establish the importance of faith in the recovery process and spiritual distress**



**Enhance spiritually competent care**



# Contributions to Practice





# Comparison to the Literature

## ❑ Theme One: I was Battling with Addiction

Similar findings were found in literature where the recovery process is a struggle for many drug addicts, and especially for long term drug users.

## ❑ Theme Two: In You, I Found a Love Unconditional and Divine

Similar findings were found in the literature that a negative correlation exists between faith in God and substance abuse.

## ❑ Theme Three: I Know I Have a Future

Similar studies revealed that hope is important in SUD counseling as it is directly related to the source of optimism and purpose. Hope is a key to successful therapy.

## ❑ Theme Four: New Hope, New Dreams, and New Life

Studies suggest that spiritual interventions can help to maintain hope.

## ❑ Theme Five: I'm a New Person; God created Me to Be

The literature suggests faith and religion play a vital role in an integral approach to SUD and treatment

# Future Directions of Research

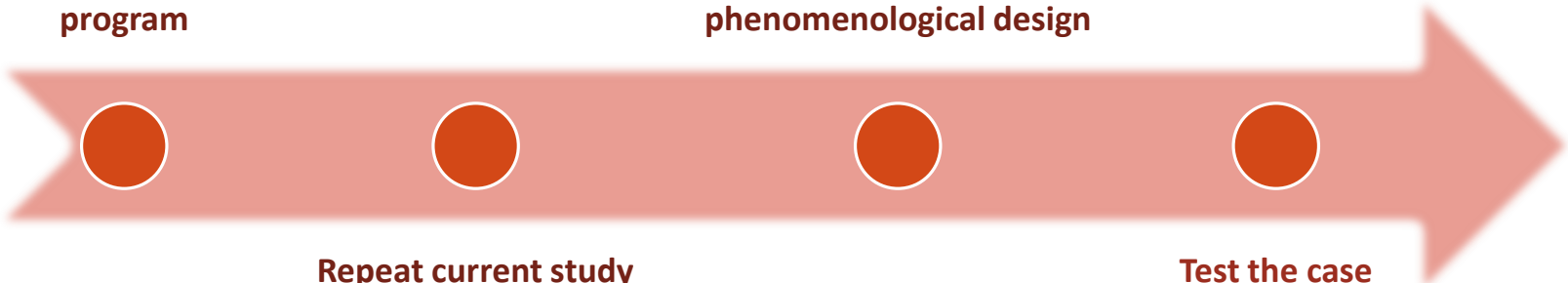
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**Repeat current study in a different faith-based rehabilitation program**

**Study the lived experiences of women undergoing faith-based recovery process using qualitative phenomenological design**

**Repeat current study in the same faith-based rehabilitation program using male participants recovered from addiction**

**Test the case description and the recovery process steps**



# Conclusion

*And I abandoned my children, for that there is no justification,*

*I was in denial, full of guilt for the life that was taken.*

*But, this story hasn't ended, there is still another half.*

*And remember, without my background, you wouldn't know my path.*

*It happened in a **Rehab**, I fell on my knees and because of that little church that came, in you I did believe.*

*Your love is even greater God, you promised restoration!*

***You forgave me of my sins, now I forgive me too!***

***The greatest treasure of this plan is the love I feel from you***

***This story is just beginning, it's nowhere near the End.***

***For we will share eternal life, and call each other Friend.***

*- (Dream Center Graduate)*

# Questions

