A REDEMPTION STORY

A CASE STUDY OF A FAITH-BASED ADDICTION RECOVERY PROCESS

BY

CHITRA PAUL VICTOR
Acknowledgements

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Who Helped to shape this study

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My Friends and Family

ALL THE PARTICIPANTS
The Study

“A DESCRIPTIVE CASE STUDY OF FAITH IN SUBSTANCE USE DISORDERS AND ADDICTION RECOVERY PROCESS IN A FAITH-BASED REHABILITATION PROGRAM.”
Background

- Repetitive, uncontrolled behavior
- Live without hope
- Illicit Drug use in America
- 24 million Americans use illicit drugs
- Gender differences influence drug addiction
- Women are prone to addiction
- 90% of the addicts did not seek treatment
The Problem

Complex and Challenging process of Recovery

Addiction involves bio, physical, psychosocial, and cultural factors

Addiction and Mental Health Comorbidities

Addiction recovery requires holistic interventions
Purpose

To describe a Faith-Based addictions Substance Use Disorders (SUD) recovery program and the influence of this program on the healing of body, mind, and spirit and the restoration of hope for women recovered from substance use disorders and addictions.
Research Questions

How does a faith-based recovery program shape or guide the healing of body, mind, and spirit and restoration of hope for female drug addicts?

- How do female drug addicts in a faith-based program perceive God in the midst of their addiction crisis and their journey to recovery?
- How do female drug addicts in a faith-based program perceive their relationship with God?
- How do female drug addicts in a faith-based program plan for the future?
- How do the caregivers and counselors in a faith-based recovery program perceive the three elements of faith-based recovery process: God-centered crisis, communication with God, and planning for the future?
- How do the artifacts and documents in a faith-based recovery program reveal the three elements of faith-based recovery process: God-centered crisis, communication with God, and planning for the future?
## Review of the Literature

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<th>Topics</th>
<th>Research Studies</th>
<th>Peer Reviewed</th>
<th>Stand Alone</th>
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Review of the Literature

Category 1: Definition clarity of the concepts: Faith, Religion, and Spirituality

Category 2: Substance Addiction

Category 3: Healing of Body, Mind, and Spirit

Category 4: Faith and Hope

Category 5: Faith-Based Organizations

Category 6: Faith and Nursing Practice
Theoretical Framework
Social Process Theory: Understanding God as Sponsor

Christian Faith-Based Recovery Theory
based on an Evangelical-Christian-based perspective (Timmons, 2012).
Research Methodology
Qualitative Single Embedded Case Study Design

Case  Faith-Based Recovery Program

EMBEDDED UNITS OF ANALYSIS

1. Women recovered from addiction
2. Caregivers of the faith-based program
3. Artifacts
Significance of the Study Design
Case study research & Interpretivism

Understand the meaning within the real world context

Social world filled with shared meanings

Understanding through process of interpretation

Interpret the existing meaning of the concept

Interpretive paradigm
Embedded Units of Analysis
Data Collection Process
Triangulation

- Semi-Structured Interviews
- Data Collection
- Direct Observation
- Artifacts
Analysis of Data

Stages of Analysis

Stage I: Identifying the Units of Analysis
Stage II: Open Coding
Stage III: Closed Coding
Stage IV: Identifying Interview Quotes
Stage V: Constant Comparison
### Themes: Major Themes

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<tr>
<th>Themes</th>
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<tr>
<td>Battling with Addiction</td>
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<td>Love Unconditional and Divine</td>
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<td>I Know I Have a Future</td>
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## Subthemes

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Theme One: I was Battling with Addiction; Beaten down and Destroyed

Subtheme One: I WAS BEYOND HELP; I SHOULD HAVE BEEN DEAD

Subtheme Two: ABUSE, REJECTION, AND HOPELESSNESS

Figurative summary of theme one

I was beyond help; I should have been dead
- Tried and failed
- The addiction was managing me

Abuse, Rejection, and Hopelessness
- Emptiness
- Rejection and Self-condemnation
- Trying to drown the memories
- Despair and hopelessness
- Alienation from God is the problem
Theme Two: In you, I found a Love Unconditional and Divine

Subtheme One: communication with God

Subtheme Two: Relationship with God

Subtheme Three: Transformation

Subtheme Four: Your Love is Greater God
Figurative summary of theme

Two

Love Unconditional and Divine

Greater Love

Relationship

Communication

Transformation
Theme Three: I Know I Have a Future

Figurative Summary of Theme Three

- He will Cause Me to Prosper
- God loves Me
- I know I have a Future
- True Healing Begins by giving Back
- Giving back to the Community

Subtheme One: God has a Plan for Me

Subtheme Two: Giving Back
Subtheme Two: Giving Back

Dream center participants dressed as clown distributing hotdogs to children
Theme Four: New hope, New Dreams, and New Life

- True hope only comes from God
- Changed life deserves a second chance
- Hope is the birth place of faith
- New hope
- New dreams
- New life

Having support system
Support System
Theme Five: I’m a whole new person. I’m becoming the person God created me to be.

Subtheme One: Dealing with the Roots.

Subtheme Two: Getting to know God is a Key to Healing Process

Subtheme Three: The Restoration in My Life is Beyond Measure
Theme Five: I’m a whole new person

A story of success

Graduation day
Case Description and The Recovery Process Steps

Hopelessness

Accepted into the Program

I was Battling with Addiction; Beaten down and Destroyed

Surrender

Help to Develop Relationship with God
Prayer, Worship, Scripture Reading

Help to understand God’s unconditional love
Unconditional love by the caregivers and the congregation

Future

Support
Help with physical, emotional and legal issues.
Vocational trainings, and job placements

Hope

New Hope, New Dreams, and New Life

I Know I Have a Future

I’m a New Person; God Created Me to be

Healing

Holistic healing interventions
Forgiveness, Counseling, Prayer, lifestyle changes.
Limitations

- Alternative explanations and causal inferences
- Behavior of one organization
- Limited to a specific faith-based program
- Purposive samples
Strengths

Variety of Evidences

Data Triangulation

Direct Observation
Contributions to Leadership

Empower Nurse leaders to create a spiritual environment

Establish the importance of faith in the recovery process and spiritual distress

Enhance spiritually competent care
Contributions to Practice

- Enhance holistic nursing process in addiction recovery
- Emphasize the need for spiritual care
- Patient's Perception of Spirituality
- Addiction recovery requires spiritual and emotional healing
Comparison to the Literature

- **Theme One: I was Battling with Addiction**
  Similar findings were found in literature where the recovery process is a struggle for many drug addicts, and especially for long term drug users.

- **Theme Two: In You, I Found a Love Unconditional and Divine**
  Similar findings were found in the literature that a negative correlation exists between faith in God and substance abuse.

- **Theme Three: I Know I Have a Future**
  Similar studies revealed that hope is important in SUD counseling as it is directly related to the source of optimism and purpose. Hope is a key to successful therapy.

- **Theme Four: New Hope, New Dreams, and New Life**
  Studies suggest that spiritual interventions can help to maintain hope.

- **Theme Five: I’m a New Person; God created Me to Be**
  The literature suggests faith and religion play a vital role in an integral approach to SUD and treatment.
Future Directions of Research

Repeat current study in a different faith-based rehabilitation program

Repeat current study in the same faith-based rehabilitation program using male participants recovered from addiction

Study the lived experiences of women undergoing faith-based recovery process using qualitative phenomenological design

Test the case description and the recovery process steps
And I abandoned my children, for that there is no justification,
I was in denial, full of guilt for the life that was taken.
But, this story hasn’t ended, there is still another half.
And remember, without my background, you wouldn’t know my path.

It happened in a **Rehab**, I fell on my knees and because of that little church that came, in you I did believe.

**Your love is even greater God, you promised restoration!**

You forgave me of my sins, now I forgive me too!

The greatest treasure of this plan is the love I feel from you

This story is just beginning, it’s nowhere near the End.

For we will share eternal life, and call each other **Friend.**

- (Dream Center Graduate)
Questions