

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
The learner will be able to discuss the importance of provider education on childhood obesity.	The increased incidence and prevalence of childhood obesity coupled with significant morbidity and financial burden, suggest the need for educating primary care providers with current clinical practice guidelines. Current practice revealed low use and documentation of BMI, even though studies have established that the use of an accurate diagnosis of obesity is one of the highest indicators of treatment. Studies have also established that providers who participate in obesity related CE, were found to be more familiar with current recommendations and have better adherence to the guidelines.
The learner will be able to summarize the conclusions of the study.	Part one of the study concluded with statistical significance ($p < 0.05$) that the education provided increased knowledge of the providers with current practice guidelines on childhood obesity. All respondents ($n=41$) had an increase in posttest scores after the education was provided. Part two of the study indicated an increase in usage of the 5210 guideline components with patient education and an increase in co-morbidity assessment.