## References:

Alligood, M. R. (2013). Nursing Theorists and Their Work. St. Louis, MO: Elsevier.

Melnyk, B.M., & Fineout-Overholt, E. (2011). Evidence-based practice in nursing and healthcare: A guide to best practice (2nd ed., p. 13). Philadelphia, PA: Lippincott Williams and Wilkins.

National Institute on Drug Abuse. (2015). Trends and Statistics. Retrieved from https://www.drugabuse.gov/related-topics/trends-statistics