

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
1. The learner will be able to define and describe the key variables that define chronic pain.	1. Project Aim: discuss in detail the aims of this study. 2. Background: discuss the key literature that formed the background for this study and include the gold standard articles on QOL and pain in the veterans administration.
1. The learner will understand and list the components of the self-care model.	1. Discuss how to use the biopsychosocial self-care model in clinical practice. 2. Discuss the VA/DoD Clinical Practice Guideline for Management of Opioid Therapy for Chronic Pain.. Project Approach: Discuss how this study was set-up.
1. The learner will understand the relationship between PTSD, depression and chronic pain.	1. Outcomes / Results: Discuss the results. 2. Conclusions: Discuss the conclusions, limitations of the study and implications for future work.