

# Development of an Educational Program for Women's Health Related to Endocrine Disruptors\*

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## Background & Purpose

- Precocious puberty has become an issue in Korea, showing a 4.4-fold increase in the past 5 years. Exposure to endocrine disruptors(EDCs) from surrounding environment is known as one factor threatening reproductive health of young women, further needs an preventible health strategies.
- Behavior is habitual and guided by cognitive processes, and awareness and perception are essential for individuals to obtain information and to participate in optimal health behaviors. Thus, proper education for young women population is needed to help them strehngthen health behaviors related to endocrine disruptors throughout their lifespan.

## Methods

