

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
The learner will be able to know about work related fatigue and the related factors of nurses.	Fatigue not only is commonly seen in clinical patients but also prevails in healthy population.
Based on different workload, manager reassign work to nurses/and regularly screen nurses'work-related fatigue.	Managers should implement strategies to limit overtime and performed self-scheduling method so that nurses can have more time for recovery.