

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
<p>After treating the tumor in head and neck area, patients may suffer more impact than other cancer patients, such as the damage of outward appearance, the functional changes of eating and communication, or dry mouth. And among the most frequent complaints is fatigue. In 2011, one cohort study showed that the scale of fatigue could significantly predict the survival of head and neck cancer (HNC). Another study in HNC patients in Taiwan reveal that the patient survival rate would be decreased about 17 percent when fatigue scores in 10 points.</p>	<p>Fatigue in HNC patients</p>
<p>The sedentary patients had worse fatigue than the patients with exercise, and the patients with underweight may have worst fatigue than the other participants.</p>	<p>The impact of sedentary and underweight</p>