

**Learning Activity:**

<b>LEARNING OBJECTIVES</b>	<b>EXPANDED CONTENT OUTLINE</b>
Describe identified needs of informal caregivers that may impact their role effectiveness.	I. Scope of Informal Caregiving in Chronic Illness a. Aging population increasing b. Increased need for caregiving in the home setting c. The informal caregiver/patient dyad – partners in care d. Global health perspectives on informal caregiving (carers) II. Appraisal of nursing research on informal caregiving a. Where are we now and where do we need to go? III. Findings from initial study on caregiver reactions a. 78% of informal caregivers did not use any outside services in providing care. b. Providing emotional and psychological support to the patient was the most challenging task identified by informal caregivers c. Caregiver esteem was high IV. Current study design a. Qualitative b. Structured interviews V. Plan for Data Analysis and Preliminary findings
Consider what nurses and other healthcare professionals can do to reduce barriers to use of outside services by informal caregivers.	VI. Applicability of preliminary study findings a. Strategies to reduce barriers to use of outside services
Identify strategies to support informal caregivers in their role.	VI. Applicability of preliminary study findings b. Ways to support informal caregivers in their role