Leading the Way for Change: Engaging Nurses in Family-centred Adult Critical Care Practice

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ACKNOWLEDGEMENTS

- Athabasca University’s Academic Research Fund
- College & Association of Registered Nurses of Alberta (CARNA)
- Participants: Critical Care Nurses in Alberta
BACKGROUND: The Problem

How is it that some nurses consistently & effectively support families in adult critical care environments thereby providing family-centred care, while others don’t?
BACKGROUND: Family-centred Care

- Originated in Pediatric Nursing environments
- Practiced mostly in Pediatrics, NICU, & Oncology
- Evolved to encompass family populations across the lifespan & in various contexts
- Based on mutual respect, collaboration, & support
- Family included as partners in care of patient
LITERATURE REVIEW

ICU experiences
information coping needs
sharing related visitation decision-making ER
family-centred care
roles members stress interventions
member satisfaction CCU
critical care
family
LITERATURE REVIEW

- Definitions/descriptions of Family-centred Adult Critical Care (FcACC) and related concepts

- Comprehensive explanatory models about family-centred care (Brosche, 2012; Vandall-Walker, Jensen, & Oberle, 2007; Vandall-Walker, 2013)

- 30+ years of compelling evidence re: value and importance of FcACC (i.e. family needs, pt. satisfaction, interventions etc.)
LITERATURE REVIEW

• BUT - a disconnect between research findings, mission statements & current practice

• Why?? When the evidence for FcACC is so compelling????

• Minimal comprehensive information about supports and barriers found
RESEARCH QUESTION

What are the supports & barriers to Family-centred Adult Critical Care?
METHODS

- Used a qualitative descriptive approach (Sandelowski, 2000, 2010)
- Approved by AU & UofA REBs
- Recruited RNs in adult critical care in AB:
  - CARNAP mail out
  - word-of-mouth
- 35+ respondents
METHODS

• Semi-structured interview/FG protocol
• 20 participants in total
  ◦ 10 individual interviews
  ◦ 3 FGs from
    • 7 urban tertiary care facilities
    • & 2 regional facilities
• Data recorded, transcribed, & coded
• Developed a taxonomy
OVERVIEW of FINDINGS

Family-centred Adult Critical Care

PEOPLE
- RN
- Patients & Families
- Leaders
- RN Colleagues
- Interdisciplinary Team

STRUCTURES
- Policies & Routines
- Physical Environment
- Access
- Time
- Priorities
- Staffing
PEOPLE: RN

SUPPORTS

PERSONALITY

BELIEFS, VALUES, PERCEPTIONS

EDUCATION, KNOWLEDGE, & EXPERIENCE

RELATIONAL PRACTICE BEHAVIOURS

BARRIERS
PEOPLE: RN Colleagues

- ROLE MODELS
- TERRITORIALITY
- BOUNDARIES
- RELATIONAL PRACTICE BEHAVIOURS

SUPPORTS

BARRIERS
PEOPLE: Interdisciplinary Team

- SUPPORTS
  - PERSONALITY
  - SCOPES OF PRACTICE
  - TIMING
  - RELATIONAL PRACTICE BEHAVIOURS

- BARRIERS
5 Practices of Exemplary Leadership Model

- Model the Way
- Inspired a Shared Vision
- Challenge the Process
- Enable Others to Act
- Encourage the Heart

Kouznes & Posner (2012)
NEXT STEPS

- Further refine and publish taxonomy
  - Overview vs. Nuances
- Secondary analysis
- Develop survey and pilot test
References


