Newly Licensed Registered

Nurses'
Experiences
with Clinical
Simulation

Carrie Bailey PhD
The University of Tennessee,
Knoxville

Objective

To understand how new graduate nurses perceive the value of simulation in making the transition into professional practice

The researcher (Carrie Bailey) has no conflict of interests. No sponsorship or commercial support was given to the researcher. The researcher is employed at the University of Tennessee.



Changes in Nursing Education

- Lack of clinical sites
- Quality of clinical experiences
- Simulation has grown exponentially, little consistency on how simulation is utilized
- Nurses must be prepared to provide safe competent care to patients in a constantly evolving profession

Background

- Nursing shortage
- Importance of clinical experiences
- Simulation in nursing



Literature Review

- Basic Skills
- Communication
- Debriefing
- Self-Confidence
- Satisfaction
- Clinical judgement/reasoning



Kolb's Experiential Learning Theory



Concrete Experience

(doing / having an experience)



Active Experimentation

(planning / trying out what you have learned)

Reflective Observation

(reviewing / reflecting on the experience)



Abstract Conceptualisation

(concluding / learning from the experience)

Gaps in the literature

- Transferability to clinical setting
- Evaluation of effectiveness of simulation
- Simulation performance and critical thinking skills

Purpose

To understand how new graduate nurses perceive the value of simulation in making the transition into professional practice

A qualitative descriptive design was utilized

Significance

- Demand for higher knowledge and skill levels
- Demand for increased patient safety and competent care
- Better understanding of the role of simulation in nursing education
- Better understanding of how simulation is being utilized in this area

Research Questions

How do new newly licensed registered nurses describe their experience with simulation?

How do new newly licensed registered nurses describe their experience using simulation and how it prepared them for what they are doing now?

Protection of Human Subjects

- IRB & Nurse Residency Developer permission
- CITI Training
- Informed Consent-signed or witnessed by PI; no consequence to withdraw
- Setting: safe environment
- Confidentiality- password protected computer, flash drive; codes & data kept in secure locked location; audio recording deidentified

Sample/Setting

- Purposive sample of newly licensed graduate nurses who had practiced less than 1 year
- 363 bed acute care facility in the Southeastern United States

Data Collection

- Interviews (until data saturation was achieved)
- Field notes
- Member checking

Theme I

Theme I -- How Simulation is Being Used

- Skills Lab
- · Patient Care Scenarios
- Debriefing
- Program Timing
- · Hospital vs. Nursing School Simulation

Theme II

Theme II -- The Perceived Value of Simulation

- Hands-on Learning
- Realism
- Experience
- Scenario Complexity

It [simulation] was very limited but it was very useful, even the fake little patches of skin that have a vein in them. Using those even helped me because I am a doing it type of learner... It really helped teach me how to do it because you can read stuff and someone can tell you how to do it, but once you actually do it yourself, it really helps (participant 1)

Theme III

Theme III -- Simulation vs. "Real Life"

- · Real person vs. "Fake Person"
- · Safe Environment
- Evaluation

"If I can remember how I did it with that fake person then I can try to put that into real life and try to do it like I remember." (Participant 1)

Theme IV

Theme IV -- Simulation and Preparation for Practice

- Expectations
- Confidence
- Practice

Participant 5 said, "It [simulation] definitely did [help] because we had to do that here at the hospital, too, when we had ACLS, which was essentially the same thing... That kind of gave me a little preparation about what to expect..."

Recommendations for Simulated Learning

- assign specific roles and objectives for each exercise,
- opt for high-fidelity equipment,
- use realistic, complex scenarios,
- plan scenarios that encourage teamwork and collaboration,
- include a debriefing component,
- incorporate evaluation,
- limit the number of observers, and
- allow students to repeat scenarios as many times as possible.

Future Research

- Evaluation
- Social aspect of learning
- EB research looking at simulation as a teaching method
- Transferability of knowledge into the workplace