Title:
Developing Future Leaders: Mentoring Students to be Sigma Theta Tau International Rising Star Researchers

Fay Mitchell-Brown, PhD¹
Karin L. Lightfoot, PhD, MSN²
Gayle J. Kipnis, PhD, MSN, BSN²

1(School of Nursing, California State University-Chico, Chico, CA, USA
2(School of Nursing, California State University, Chico, Chico, CA, USA

Session Title:
Chapter Invited Posters

Keywords:
Mentorship, Nursing Student and Rising Star

References:

Abstract Summary:
In line with the Sigma Theta Tau International mission to advance world health and celebrate nursing excellence in scholarship, leadership, and service, Kappa Omicron chapter fostered and supported nine nursing students as Rising Stars of Research and Scholarship. These students had demonstrated excellence in their undergraduate Nursing Research course and were invited to share their research proposals at the 43rd STTI Biennial Convention in Las Vegas, NV. Under the guidance of the Kappa Omicron president, the students developed research proposals, submitted abstracts, and created professional posters on the topics of Water Births vs. Traditional Birth Infection Rates, Depression Among New Graduate Nurses Working in ICU and Medical-Surgical Units, and Exploring the Impact of Sister to Sister Surrogacy. The chapter also granted $200 to each student to help offset travel expenses. By attending the Biennium Conference and presenting the Rising Star posters, the students were able to share their ideas as novice researchers, interact with nurse leaders from around the globe, and envision their own paths as new members of Sigma Theta Tau International.

Learning Activity:

<table>
<thead>
<tr>
<th>LEARNING OBJECTIVES</th>
<th>EXPANDED CONTENT OUTLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Identify three benefits of encouraging nursing students to apply for Rising Star recognition</td>
<td>Benefits will be outlined on the poster</td>
</tr>
<tr>
<td>Describe two ways their local chapter can support novice research students as new members and STTI Rising Star</td>
<td>Ways that our local chapter (Kappa Omicron) supported the research students will be described on the poster</td>
</tr>
</tbody>
</table>

Abstract Text:
In support of Sigma Theta Tau International’s mission to advance world health and celebrate nursing excellence in scholarship, leadership, and service, the Kappa Omicron chapter fostered and supported nine newly inducted baccalaureate nursing students as Rising Stars of Research and Scholarship. The students had demonstrated excellence in their undergraduate nursing research course and were invited to share their research proposals at the 43rd Sigma Theta Tau International Biennial Convention in Las Vegas, Nevada. Under the guidance of the Kappa Omicron chapter president, the students developed
their research proposals, submitted abstracts to Sigma Theta Tau International for consideration, and
created professional posters on the topics of Water Births vs. Traditional Birth Infection Rates, Depression
Among New Graduate Nurses Working in ICU and Medical-Surgical Units, and Exploring the Impact of
Sister to Sister Surrogacy. The Kappa Omicron chapter also granted $200 scholarships to each student
to help offset their travel expenses. Funds for these scholarships were raised through various chapter
fundraising efforts and presented to the students during their induction ceremony. To express their
appreciation for the guidance and support provided by the Kappa Omicron members, the students’
presented their research proposals at the induction ceremony. The nine students represented the largest
cohort of students at the 2015 Biennium Conference.

By attending the conference and presenting the Rising Star posters, the students were able to share their
ideas as novice researchers, interact with nurse leaders from around the globe, and envision their own
paths as new members of Sigma Theta Tau International. After attending the opening ceremonies and
noting that there was no flag to represent Russia, a student who grew up in Russia explored ways in
which a Russian chapter could be launched. This poster will include information about how one local
chapter of Sigma Theta Tau International, Kappa Omicron, supported nine nursing students and set them
on a lifelong journey of nurse leadership, scholarship, and service. Attendees will be provided with
information regarding the benefits of mentoring nursing students as Rising Stars and how other local
chapters can support their own students in pursuing research opportunities.