Some (brief) Lessons on Leadership from the AAN Leadership Institute

Michelle Aebersold PhD, RN, CHSE, FAAN
Suzie Kardong-Edgren PhD, RN, ANEF. CHSE, FAAN
INACSL is an accredited ANCC provider.
DISCLOSURES

Conflict of Interest

• Suzan Kardong-Edgren and Michelle Aebersold have no COI
• Julia Greenawalt (INACSL Conference Administrator & Nurse Planner) reports no conflict of interest
• Leann Horsley (INACSL Lead Nurse Planner) reports no conflict of interest

Successful Completion

• Attend 90% of session
• Complete online evaluation
OBJECTIVES

Upon completion of this presentation, participants will be able to:

• Review key points from the American Academy of Nursing Leadership Institute
• Relate key points to my current work and aspirations
Lessons on leadership

“A journey of a thousand miles begins with a single step”

— Confucius
Do not underestimate the power of your skills
Network

building relationships
Mentors matter

New INACSL RESEARCH FELLOWSHIP
Environmental politics affect you
Treat everyone as if they were your boss

Today's intern is tomorrow's CEO
You are the smartest person in the room
Never be afraid to ask

Effective Questioning will help you achieve your goals for High Expectations
Take a risk
Embrace and learn from criticism

Thanks for the feedback!

WOW! He listened?
Someone is always watching you...
Watch how you respond to disappointment..

“The size of your success is measured by the strength of your desire; the size of your dream; and how you handle disappointment along the way.”

Robert Kiyosaki

http://blog.iedgemail.com
Who you work for almost more important than what you do
It’s not who you know, it’s who knows you.

It is not about WHO you know, but about who knows YOU.
Reframe when you do not meet certain "criteria"

- negotiation
- teamwork
- Priority setting
- delegation

*Vintage Frame Courtesy of EK Duncan - http://eveyd.deviantart.com*
Don’t use nursing words
When opportunity knocks, answer the door
Avoid being the one issue person or “the nurse”
“I was not *swift*”...
I did not handle that well....
Avoid being the one issue person or “the nurse”
“With new information, I would now change my thoughts/opinion...

What if I told you it is ok to change your opinion based on new information.

https://www.google.com/search?site=&tbm=isch&source=hp&bih=884&q=it+s+who+knows+you&oq=it+s+who+knows+you&gs_l=img.3...2341.5002.0.5846.18.11.0.7.0.0.100.674.8j2.10.0....0...1ac.1.64.img..1.9.596.rigt3nL46co#tbm=isch&q=with+new+information%3C%3E+I+would+change+my+opinion
Understand the personal loss that comes with change

Causes for resisting change

- Uncertainty
- Concern over Personal Loss
- Group Resistance
- Dependence
- Trust in Administration
- Awareness of Weaknesses in the Proposed Change
Women have too much humility, men have too much hubris...

If I fail it is only because I have too much pride and ambition.

~ Julius Caesar

http://www.azquotes.com/author/2318-Julius_Caesar
You are qualified to be in over your head

"If you aren’t in over your head, how do you know how tall you are?"
-T.S. Eliot
Let folks know who you are and ask... “am I cooked enough yet?”
YOUR COMMENTS AND QUESTIONS...
CONTACTS

kardongedgren@rmu.edu
mabersol@umich.edu