Self-leadership of Male Learner Nurses during a four-year programme at a College in the Western Cape, South Africa

Presenter: Shahnaaz Mia, Research supervisor: Prof. K. Jooste

INTRODUCTION
Self-leadership is an enabling process during which a male student nurse learns to know himself better. This enriched self-awareness enables him to steer his work life. Male learners in the nursing profession could face gender-based challenges during their training that requires self-leadership. The study described the best experiences of self-leadership by male learner nurses during their four-year training programme at a nursing college in the Western Cape province of South Africa.

PURPOSE
To describe guidelines for male learner nurses on self-leadership during a four-year programme at a nursing college in the Western Cape.

OBJECTIVES
To explore and describe the best experiences of male learner nurses during their 4 year training programme at a nursing college in the Western Cape.
To describe guidelines for male learner nurses on self-leadership during their 4 year training programme.

RESEARCH DESIGN
Exploratory
Descriptive
Contextual
Qualitative

POPULATION & SAMPLE
Purposive sampling
Accessible population
(n=151)
3 individual semi-structured interviews
(n=12)

DATA COLLECTION
Phase 1: Experiences of participants
Phase 2: Description on guidelines for self-leadership

THEME 1
PEAK EXPERIENCES OCCURRED ON MULTIPLE LEVELS

THEME 2
SELF-LEADERSHIP WAS A PROCESS OF BECOMING

THEME 3
FUTURE ASPIRATIONS

THEME 4
QUALITIES NEEDED FOR ATTAINMENT OF ASPIRATIONS

THEME 5
THE VALUE OF THE PROGRAMME TO DEVELOP SELF-LEADERSHIP

ETHICAL CONSIDERATIONS
Permission from ethical committees
Informed, written consent
Privacy and confidentiality

REFERENCES:

CONCLUSION: It was evident from the findings that male learner nurses are able to lead themselves during their training.