# **Collaborative Service Learning Project to Bring Theory into Practice**



# in Cap-Haitien, Haiti Sandy Nelzy

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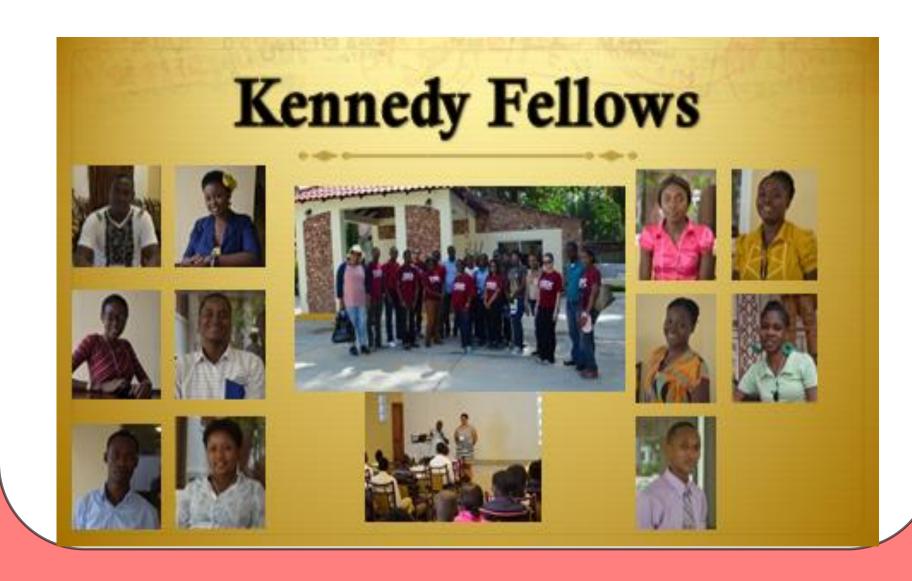
#### INTRODUCTION

This poster presentation is based partly on an elective course taken at York College in the Department of Nursing during the summer of 2014. Nursing students were invited to attend the Third Annual Haitian Kennedy Fellows Conference in Cap-Haitien, Haiti. The Kennedy Fellows were from various regional public universities throughout Haiti. We worked as a group on a hygiene related project with elementary school children, and body mechanics and cataract prevention education with local farmers. Overall, this collaboration closed with an opportunity for each of us to plant trees on the farm. We had the opportunity to work together and learn from each other, even when a language barrier existed.

## **OBJECTIVES**

Participants will be able to:

- 1. Respect population's cultural beliefs and practices when patient education has been addressed.
- 2. Effectively communicate with diverse nursing/ nonnursing students and client populations using a variety of strategies such as the Nursing Process.
- 3. Collaborate with the Kennedy Fellow's students to obtain better patient education outcomes.
- 4. Explain and demonstrate proper hygienic techniques towards cleansing genitalia/perineal area to elementary school children.
- 5. Explain the importance and encourage farmers to wear sunglasses to prevent cataracts as consequence of long term sun exposure.
- 6. Explain to farmers the importance to cover their head and skin to prevent headaches and cancer related to sun exposure.
- 7. Demonstrate and encourage farmers to use proper body mechanics when farming to prevent injuries, especially in the back and knees.



### **MATERIALS & METHODS**

The following questions were the method of discussion used by both groups of students:

Kennedy's Fellows Conference Nursing Session/ Konferans Bousye Kenedi Sesyon Syans Enfimyè:

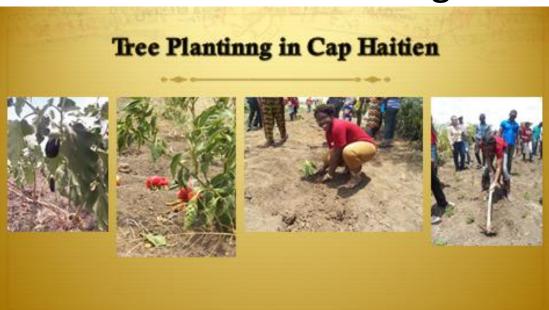
Each group will discuss their perception of nursing in the other group's country and then each group will discuss their perception of nursing in their own country/ Chak gwoup pral diskite jan yo konpran syans enfimyè nan peyi lòt gwoup la a, epi apre yo pral diskite jan yo konprann li nan pwòp peyi pa yo.

- 1. Share your perception of nursing in the United States/ Diskite jan w konprann syans enfimyè nan Eta zini
- 2. Share your perception of nursing in Haiti/ Diskite jan w konprann syans enfimyè an Ayiti
- 3. Identify differences and similarities/ Idantifye resamblans ak diferans
- 4. Discuss area of strengths and weaknesses in each country (in own country) share ideas for improvement/ Diskite pwen fò ak fèb syans enfimyè nan chak peyi (nan pwòp peyi w)
- 5. How can the two systems work together to strengthen the image of nursing?/ Kouman chak sistèm ka travay ansanm pou amelyore imaj syans enfimyè?

Moderators/ Professors: Margarett Alexandre and Anne Marie Berthe Leveille-Tulce

In addition, other materials used were the ones distributed to elementary school children according to their age. It consisted of Ziploc bags packed with a pair of female or male underwear, two bars of soap, and washcloths. This initiative was to make children have the proper resources to cleanse their genitalia/ perineal area in the proper way, since it was also more economically feasible for them and they could reuse them.

For the local farmers, sunglasses and analgesics were distributed as well as demonstration of proper body mechanics when farming in order to prevent injuries.



"Lift with your legs, not your back"

- Implementing proper body
mechanics while tree planting



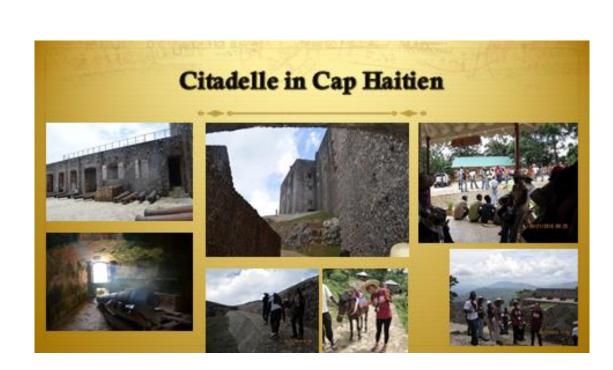
Patient teaching collaboration with Kennedy Fellow's about cataracts and skin cancer prevention



Implementing patient education about proper perineal area hygiene in elementary school children



At Cap-Haitien Hotel having our "getting to know," "networking," Nursing Sessions, and Conferences

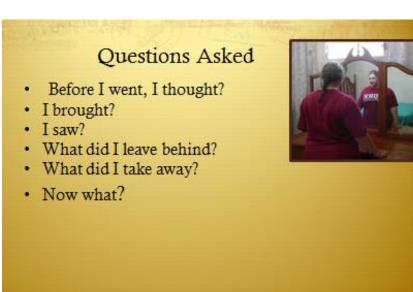


Touring historic sites

#### **CONCLUSIONS**

With the generous invitation from the Kennedy Fellow's, all participants were able to accomplish all objectives with success with the Haitian community. Our nursing process toolkit was always handy. Assessment, Nursing Diagnosis, Planning, Implementation, and Evaluation (ADPIE) helped us worked with the priority problems of the community, in order to provide the best care possible for each individual.

Which steps are Next???...

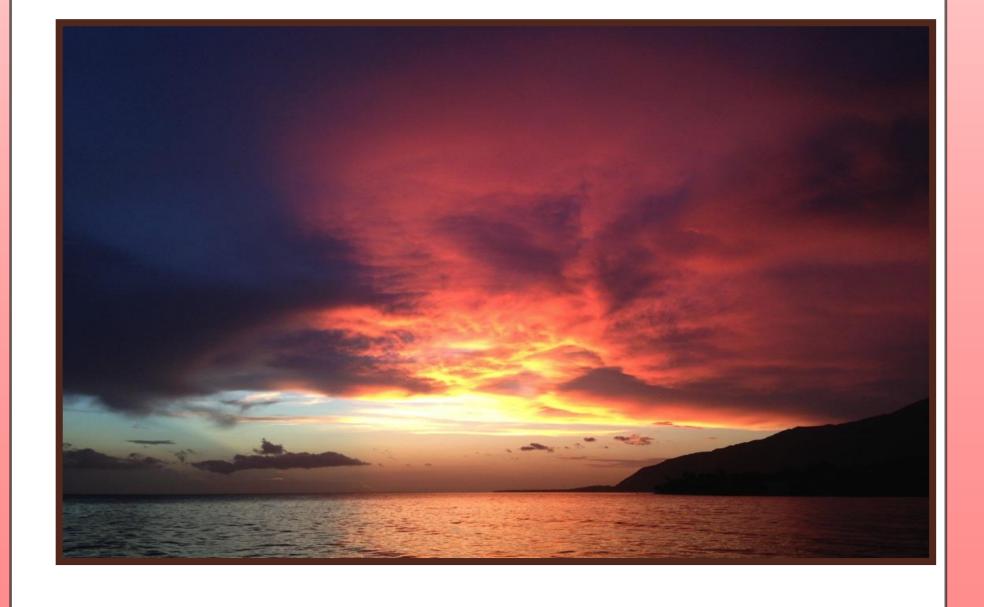


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